

*And you have forgotten that word of encouragement that addresses you as sons: "My son, do not make light of the Lord's discipline, and do not lose heart when he rebukes you, because the Lord disciplines those he loves, and he punishes everyone he accepts as a son." Hebrews 12:5-6 (NIV)*

## **Disciplined**

**You've never liked to be disciplined very much have you?** No, not really, who does? **But, I have noticed that you are especially sensitive to discipline.** How is that? **When I have disciplined you, you have held wrong thoughts about it.** Like what? **For one, you have gotten discouraged and wanted to give up. You have felt life is too hard and that nobody else is experiencing what you are going through. Then there has reached a point where you have felt like you have had enough and have become defensive. That's when it has become very difficult to teach you anything.** Well, I'm sorry for all the wrong attitudes that I've held. I do want to be taught by you no matter how hard it might get. **Are you saying that you will welcome my discipline into your life as you would a friend?** I might not be quite ready to say something like that. **I thought so.** But, you do know that I want to be fully trained by you? **Yes, I can see that.** Do I really have to be glad about your discipline when it comes? **Your attitude about my discipline is very important. You must not resist it. You must not take it lightly. You will need to trust me most of all. You do know that I love you?** Yes, I do. **You do know that I always have your best in mind?** Yes, I do. **When my discipline comes you will need to remember that I love you and I am training you as my child.** Yes Lord, I will remember your love for me.

**You have asked a lot from me.** Yes, I have. **You have asked me to bless your life. You have told me that you don't want to miss out on anything that I have prepared for you, is that right?** Yes, that's right. **Can you understand that many of my blessings will only come to you through my discipline?** Not fully, but I will try to understand. I will definitely need your wisdom and help. **Yes, you will and you will have it. There is something I want you to know right now.** What's that? **You will not always understand my discipline.**

**My discipline may seem unpleasant at the time.** Yes, I am well aware of these times. **There is one thing that I want you to know for certain.** What's that? **I will discipline you only because I love you. My discipline will help you to live your life fully for me. You have told me that you want your life to bear abundant fruit for my glory, haven't you?** Yes, I have. **Much of the fruit that you will bear for me will come through how I have disciplined and trained you.** Then, sign me up. **What do you mean by that? Is there something that you want to say to me?** Yes Lord, I will welcome your discipline into my life as a friend.

Discipline, teach and train me however you see fit. **Very good, I'm glad to hear you say that.**

*Lord, help me to welcome your discipline into my life. I know that you discipline me because you love me and desire something better for me. Help me to learn from your discipline so that I will live in ways that honor you. Amen*

**Identity** *Disciplines Those He Loves*

And you have forgotten that word of encouragement that addresses you as sons: "My son, do not make light of the Lord's discipline, and do not lose heart when he rebukes you, because the Lord disciplines those he loves, and he punishes everyone he accepts as a son."

NIV Hebrews 12:5-6

**Identity** *Disciplines Those He Loves*

And have you forgotten the encouraging words God spoke to you as his children? He said, "My child, don't make light of the LORD's discipline, and don't give up when he corrects you. For the LORD disciplines those he loves, and he punishes each one he accepts as his child."

NLT Hebrews 12:5-6

**Identity** *Disciplines Those Whom He Loves*

And you have forgotten the exhortation that addresses you as children— "My child, do not regard lightly the discipline of the Lord, or lose heart when you are punished by him; for the Lord disciplines those whom he loves, and chastises every child whom he accepts."

NRSV Hebrews 12:5-6

**Identity** *Corrects And Disciplines Everyone Whom He Loves*

And have you [completely] forgotten the divine word of appeal and encouragement in which you are reasoned with and addressed as sons? My son, do not think lightly or scorn to submit to the correction and discipline of the Lord, nor lose courage and give up and faint when you are reproved or corrected by Him; For the Lord corrects and disciplines everyone whom He loves, and He punishes, even scourges, every son whom He accepts and welcomes to His heart and cherishes.

AMP Hebrews 12:5-6

**Identity** *Those Whom The Lord Loves He Disciplines*

and you have forgotten the exhortation which is addressed to you as sons, "MY SON, DO NOT REGARD LIGHTLY THE DISCIPLINE OF THE LORD, NOR FAINT WHEN YOU ARE REPROVED BY HIM; FOR THOSE WHOM THE LORD LOVES HE DISCIPLINES, AND HE SCOURGES EVERY SON WHOM HE RECEIVES."

NASB Hebrews 12:5-6

**Identity** *Disciplines The One He Loves*

And have you forgotten the exhortation that addresses you as sons? "My son, do not regard lightly the discipline of the Lord, nor be weary when reproved by him. For the Lord disciplines the one he loves, and chastises every son whom he receives."

ESV Hebrews 12:5-6

**Identity** *Whom The Lord Loves He Chastens*

And you have forgotten the exhortation which speaks to you as to sons: "My son, do not despise the chastening of the LORD, Nor be discouraged when you are rebuked by Him; For whom the LORD loves He chastens, And scourges every son whom He receives."

NKJV Hebrews 12:5-6

**Identity** *The Child He Loves He Disciplines*

So don't feel sorry for yourselves. Or have you forgotten how good parents treat children, and that God regards you as his children? My dear child, don't shrug off God's discipline, but don't be crushed by it either. It's the child he loves that he disciplines; the child he embraces, he also corrects.

MSG Hebrews 12:5-6

**Identity** *When He Punishes You, It Proves He Loves You*

And have you quite forgotten the encouraging words God spoke to you, his child? He said, "My son, don't be angry when the Lord punishes you. Don't be discouraged when he has to show you where you are wrong. For when he punishes you, it proves that he loves you. When he whips you, it proves you are really his child."

TLB Hebrews 12:5-6

**Identity** *Disciplines Those He Loves*

You have forgotten the encouraging words that call you his children: "My child, don't think the Lord's discipline is worth nothing, and don't stop trying when he corrects you. The Lord disciplines those he loves, and he punishes everyone he accepts as his child."

NCV Hebrews 12:5-6

# Disciplines Those He Loves

Year \_\_\_\_\_ Week \_\_\_\_\_ Day \_\_\_\_\_ Date \_\_\_\_\_

**Identity** – Hebrews 12:5-6

**In Context:** *Read Hebrews 12*

**Begin With Prayer:**

***Here I am Lord. I Am Listening.***

**Meditating On God's Word:** ***(What is God speaking to your heart?)***

And you have forgotten that word of encouragement that addresses you as sons: "My son, do not make light of the Lord's discipline, and do not lose heart when he rebukes you, because the Lord disciplines those he loves, and he punishes everyone he accepts as a son." Hebrews 12:5-6

**Considering The Words:** ***(What words speak to your heart?)***

And | you have | forgotten | that word | of encouragement | that addresses | you as sons: | "My son, | do not | make light | of the Lord's discipline, | and | do not | lose heart | when | he rebukes you, | because the Lord | disciplines those | he loves, | and | he punishes | everyone | he accepts | as a son." Hebrews 12:5-6

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**Praying The Scripture:**

***(What prayer from your heart will you write?)***

Lord, help me to welcome your discipline into my life. I know that you discipline me because you love me and desire something better for me. Help me to learn from your discipline so that I will live in ways that honor you. Amen

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**What It Means:**

***(What questions speak to your heart?)*** *(Suggested questions for small group discussion are in bold)*

What is your attitude toward the discipline that you have received from the Lord?

When have you had a discouraged, defeated, or defensive attitude toward the Lord's discipline over you?

How will your attitude towards the Lord's discipline help or hinder what the Lord wants to do in and through you?

**What do you need to remember about the Lord when He is disciplining you?**

Why is it critically important that you take seriously and don't make light of the Lord's disciplining of you?

**When have you really needed the Lord's discipline to get you on track in your relationship with Him?**

**How has the Lord's discipline helped you to follow and serve Him bearing fruit for His kingdom and glory?**

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**Living It Out:**

***(What action step is God guiding your heart to take?)***

Welcome the Lord's discipline because He loves you and is using it to train you as His child.

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**Seeing It Happen:**

***(What are you trusting God for in our heart?)***

Have faith that the Lord disciplines you because He loves you.

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**Get Ready To Share:**

***(What can you share with others from your heart?)***

Share with another person or your small group how God has trained you by His discipline.

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**Close With Prayer:**

***Quiet Yourself Before The Lord***

*Pause And Offer Prayers Of...*

*With An Attitude Of Faith Listen To What The Lord Wants To Say To You*

Adoration... \_\_\_\_\_

Thanksgiving... \_\_\_\_\_

Confession... \_\_\_\_\_

Intercession... \_\_\_\_\_

Petition... \_\_\_\_\_

