

You, however, did not come to know Christ that way. Surely you heard of him and were taught in him in accordance with the truth that is in Jesus. You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness. Ephesians 4:20-24 (NIV)

Set Free

What happened to the old life that you once lived? It is dead and gone. It was left behind when I turned away from it and began to follow and serve you. You took me from being dead in my trespasses and sins and made me alive. I am now alive to you and dead to the sin I once lived in. **Are you completely dead to sin and fully alive to me?** That is a good question that I don't fully understand. **What don't you understand?** When I turned away from sin you made me alive in you. **Yes, I did.** Your Spirit came to live and dwell inside of me. **Yes, He did.** The power of sin over my life was broken. I was set free to live my life for you. **Yes, you were. Your question is coming, isn't it?** Yes, it is. How come I still struggle with sin? It doesn't seem completely dead to me. I know that I took off the old clothes of my sinful life. **Yes, you did.** Why then do I sometimes feel tempted to put those old and stinky clothes of the sinful life back on? It is like my old life and my new life are at war with each other. **Yes they are, but I have already won the victory for you. You still live in a sin filled, broken world, that is filled with temptations. The world, sin and the devil will never stop waging war against you. Temptations will come your way. They came my way. You must stand against them.** How will I do that? I'm sure that you already know the answer to your question.

You tell me, what have I given you to strengthen you so that you will be able to stand against temptation? You have given me your word. **Yes, I have. What has my word done for you?** Your word has been transforming and renewing my mind. **Yes, it has. What has the world, sin and the devil been attempting to do?** They are continually trying to corrupt my mind. **Yes, they are. You must separate yourself from all their corruption and immerse yourself in my word. Let my word dwell in you richly. My word will set you free. My word will strengthen you against every attack of temptation and evil. My word will help you to put on the new life that I have given you to live. My word will transform and renew your mind so that you can think my thoughts and be able to know and do my will. Is that what you desire?** Yes Lord, it is my delight and desire to live my life completely for you.

Lord, thank you for helping me to turn around and walk away from my old life when I came to know you. You helped me to set aside my old life as you renew my mind and help me put on the new life you have given me to live for you. Amen

Transformation *Put On The New Self*

You, however, did not come to know Christ that way. Surely you heard of him and were taught in him in accordance with the truth that is in Jesus. You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness.

NIV Ephesians 4:20-24

Transformation *Put On Your New Nature*

But that isn't what you learned about Christ. Since you have heard about Jesus and have learned the truth that comes from him, throw off your old sinful nature and your former way of life, which is corrupted by lust and deception. Instead, let the Spirit renew your thoughts and attitudes. Put on your new nature, created to be like God—truly righteous and holy.

NLT Ephesians 4:20-24

Transformation *Clothe Yourselves With The New Self*

That is not the way you learned Christ! For surely you have heard about him and were taught in him, as truth is in Jesus. You were taught to put away your former way of life, your old self, corrupt and deluded by its lusts, and to be renewed in the spirit of your minds, and to clothe yourselves with the new self, created according to the likeness of God in true righteousness and holiness.

NRSV Ephesians 4:20-24

Transformation *Put On The New Nature*

But you did not so learn Christ! Assuming that you have really heard Him and been taught by Him, as [all] Truth is in Jesus [embodied and personified in Him], Strip yourselves of your former nature [put off and discard your old unrenewed self] which characterized your previous manner of life and becomes corrupt through lusts and desires that spring from delusion; And be constantly renewed in the spirit of your mind [having a fresh mental and spiritual attitude], And put on the new nature (the regenerate self) created in God's image, [Godlike] in true righteousness and holiness.

AMP Ephesians 4:20-24

Transformation *Put On The New Self*

But you did not learn Christ in this way, if indeed you have heard Him and have been taught in Him, just as truth is in Jesus, that, in reference to your former manner of life, you lay aside the old self, which is being corrupted in accordance with the lusts of deceit, and that you be renewed in the spirit of your mind, and put on the new self, which in the likeness of God has been created in righteousness and holiness of the truth.

NASB Ephesians 4:20-24

Transformation *Put On The New Self*

But that is not the way you learned Christ!— assuming that you have heard about him and were taught in him, as the truth is in Jesus, to put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires, and to be renewed in the spirit of your minds, and to put on the new self, created after the likeness of God in true righteousness and holiness.

ESV Ephesians 4:20-24

Transformation *Put On The New Man*

But you have not so learned Christ, if indeed you have heard Him and have been taught by Him, as the truth is in Jesus: that you put off, concerning your former conduct, the old man which grows corrupt according to the deceitful lusts, and be renewed in the spirit of your mind, and that you put on the new man which was created according to God, in true righteousness and holiness.

NKJV Ephesians 4:20-24

Transformation *Take On An Entirely New Way Of Life*

But that's no life for you. You learned Christ! My assumption is that you have paid careful attention to him, been well instructed in the truth precisely as we have it in Jesus. Since, then, we do not have the excuse of ignorance, everything—and I do mean everything—connected with that old way of life has to go. It's rotten through and through. Get rid of it! And then take on an entirely new way of life—a God-fashioned life, a life renewed from the inside and working itself into your conduct as God accurately reproduces his character in you.

MSG Ephesians 4:20-24

Transformation *Must Be A New And Different Person*

But that isn't the way Christ taught you! If you have really heard his voice and learned from him the truths concerning himself, then throw off your old evil nature—the old you that was a partner in your evil ways—rotten through and through, full of lust and sham. Now your attitudes and thoughts must all be constantly changing for the better. Yes, you must be a new and different person, holy and good. Clothe yourself with this new nature.

TLB Ephesians 4:20-24

Transformation *Become A New Person*

But what you learned in Christ was not like this. I know that you heard about him, and you are in him, so you were taught the truth that is in Jesus. You were taught to leave your old self—to stop living the evil way you lived before. That old self becomes worse, because people are fooled by the evil things they want to do. But you were taught to be made new in your hearts, to become a new person. That new person is made to be like God—made to be truly good and holy.

NCV Ephesians 4:20-24

Put On The New Self

Year _____ Week _____ Day _____ Date _____

Transformation – Ephesians 4:20-24

In Context: *Read Ephesians 4*

Begin With Prayer:

Here I am Lord. I Am Listening.

Meditating On God's Word: ***(What is God speaking to your heart?)***

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Considering The Words: ***(What words speak to your heart?)***

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Praying The Scripture:

(What prayer from your heart will you write?)

Lord, thank you for helping me to turn around and walk away from my old life when I came to know you. You helped me to set aside my old life as you renew my mind and help me put on the new life you have given me to live for you. Amen

What It Means:

(What questions speak to your heart?) *(Suggested questions for small group discussion are in bold)*

How has coming to know Christ changed every way that you think, act, and live?

Why are the ways of the world and the ways of God incompatible and in conflict with each other?

How has coming to know Christ changed the direction and purpose of your life?

How are you passionately seeking to know God and do His will in all things?

How has following Jesus Christ as your Savior and Lord shown you what is true and what is false?

Why must you take off and set aside your old life in order to be able to live your new life in Christ?

How has the Holy Spirit been renewing your mind and helping you to live your new life in Christ?

Living It Out:

(What action step is God guiding your heart to take?)

Allow the Holy Spirit to use God's word to renew your mind and empower you to live your new life in Christ.

Seeing It Happen:

(What are you trusting God for in your heart?)

Have faith that Jesus Christ has made it possible for you to set aside your old life and live your new life in Him.

Get Ready To Share:

(What can you share with others from your heart?)

Share with another person or your small group how the Holy Spirit has been helping you to live your new life in Christ.

Close With Prayer:

Quiet Yourself Before The Lord

Pause And Offer Prayers Of...

With An Attitude Of Faith Listen To What The Lord Wants To Say To You

Adoration... _____

Thanksgiving... _____

Confession... _____

Intercession... _____

Petition... _____

