

We have much to say about this, but it is hard to explain because you are slow to learn. In fact, though by this time you ought to be teachers, you need someone to teach you the elementary truths of God's word all over again. You need milk, not solid food! Anyone who lives on milk, being still an infant, is not acquainted with the teaching about righteousness. But solid food is for the mature, who by constant use have trained themselves to distinguish good from evil. Hebrews 5:11-14 (NIV)

Quick To Learn

Do you want to grow up? Do you want to mature in your relationship with me? Do you want to live the life that I have given you to live for me? That's an easy yes to all three of your questions. I want to grow and mature in my relationship with you. I want to live the life you have given me to live for you. **You have a question?** Yes, I do. How do I grow mature in my relationship with you? How can I make sure that I really am living the life you have given me to live for you? **Are you looking for some great mysterious answer? Are you thinking that I will reveal some hidden secret to you?** I don't know. **You will receive neither of those from me. What I will tell you will be simple to hear and easy to understand.** That's great. **What I will tell you will also sound like a very easy thing to do. You're hesitating a little aren't you?** Yes, I am. **Why is that?** I hear the words, "will also sound like a very easy thing to do". What you will tell me will sound easy but it may not be easy, is that right? **Yes, that's right.** I'm listening. **If you want to grow and mature in your relationship with me and live the life I have given you to live you will need to meet with me in my word.** You're right that is quite simple to hear and easy to understand. How often do you want me to meet with you in your word? **How quickly do you want to grow and mature in your relationship with me?** I'm not sure what you mean. **Do you want to be slow or quick to learn?** I would like to be quick to learn. **Then how often do you want to meet with me in my word?** I want to meet with you everyday in your word. **Good answer.** So, what's so hard about this? I now know that I want to meet with you everyday in your word. **Yes, you do. When and where will we meet?** I thought we would have a random time and place where we would meet everyday. I like to be flexible. Scheduling a time and place for us to meet sounds a little too formal to me. **So, you'll fit me in whenever your schedule allows.** I wouldn't say it that way. But, I will definitely meet with you sometime during each and every day. **You think so?** Yes, I do. **Would you like me to save you a lot of time and frustration?** Yes, I would. **You won't be meeting with me everyday in my word.** I just said that I would. **Yes, I heard that. But, you won't be meeting with me in my word.** Do you doubt my sincerity? Do you think that I am lying to you? **No, I don't doubt your sincerity or honesty.** Why do you doubt what I am saying? **I know that you are fooling yourself.** Why is that? **Unless you set a time and a place for us to meet it won't happen. Your days will get full and become busy and soon enough you'll realize that we aren't meeting together in my word.** You're positive of this? **Aren't you?** I guess you're right. No, I know that you are right. **So, what are you going to do?** I'm going to pick a time and place to meet with you in your word. **When will it be?** I considered several choices. **What were they?** I thought of before I leave the house in the morning, on my lunch break, after work and before I go to bed at night. **What is your choice?** Can I pick two? **You want to meet twice?** Yes, I do. **Sure you can.** I chose before I leave the house in the morning. Then, we can meet in my home office. I also chose before I go to bed at night. Then we can meet in my bedroom. **Those sound great to me.** Now, I know that I really will be meeting with you in your word. **Yes, you will.**

Lord, I'm hungry for your word. I'm receptive to your word. I'm committed to meeting with you in your word. No longer do I want to live like an infant feeding on milk. Teach me with the solid food of your word as I meet with you in it. Amen

Life*Lives On Milk*

We have much to say about this, but it is hard to explain because you are slow to learn. In fact, though by this time you ought to be teachers, you need someone to teach you the elementary truths of God's word all over again. You need milk, not solid food! Anyone who lives on milk, being still an infant, is not acquainted with the teaching about righteousness. But solid food is for the mature, who by constant use have trained themselves to distinguish good from evil.

NIV

Hebrews 5:11-14

Life*Lives On Milk*

There is much more we would like to say about this, but it is difficult to explain, especially since you are spiritually dull and don't seem to listen. You have been believers so long now that you ought to be teaching others. Instead, you need someone to teach you again the basic things about God's word. You are like babies who need milk and cannot eat solid food. For someone who lives on milk is still an infant and doesn't know how to do what is right. Solid food is for those who are mature, who through training have the skill to recognize the difference between right and wrong.

NLT

Hebrews 5:11-14

Life*Lives On Milk*

About this we have much to say that is hard to explain, since you have become dull in understanding. For though by this time you ought to be teachers, you need someone to teach you again the basic elements of the oracles of God. You need milk, not solid food; for everyone who lives on milk, being still an infant, is unskilled in the word of righteousness. But solid food is for the mature, for those whose faculties have been trained by practice to distinguish good from evil.

NRSV

Hebrews 5:11-14

Life*Feed On Milk*

Concerning this we have much to say which is hard to explain, since you have become dull in your [spiritual] hearing and sluggish [even slothful in achieving spiritual insight]. For even though by this time you ought to be teaching others, you actually need someone to teach you over again the very first principles of God's Word. You have come to need milk, not solid food. For everyone who continues to feed on milk is obviously inexperienced and unskilled in the doctrine of righteousness (of conformity to the divine will in purpose, thought, and action), for he is a mere infant [not able to talk yet]! But solid food is for full-grown men, for those whose senses and mental faculties are trained by practice to discriminate and distinguish between what is morally good and noble and what is evil and contrary either to divine or human law.

AMP

Hebrews 5:11-14

Life*Partakes Only Of Milk*

Concerning him we have much to say, and it is hard to explain, since you have become dull of hearing. For though by this time you ought to be teachers, you have need again for someone to teach you the elementary principles of the oracles of God, and you have come to need milk and not solid food. For everyone who partakes only of milk is not accustomed to the word of righteousness, for he is an infant. But solid food is for the mature, who because of practice have their senses trained to discern good and evil.

NASB

Hebrews 5:11-14

Life*Lives On Milk*

About this we have much to say, and it is hard to explain, since you have become dull of hearing. For though by this time you ought to be teachers, you need someone to teach you again the basic principles of the oracles of God. You need milk, not solid food, for everyone who lives on milk is unskilled in the word of righteousness, since he is a child. But solid food is for the mature, for those who have their powers of discernment trained by constant practice to distinguish good from evil.

ESV

Hebrews 5:11-14

Life*Partakes Only Of Milk*

of whom we have much to say, and hard to explain, since you have become dull of hearing. For though by this time you ought to be teachers, you need someone to teach you again the first principles of the oracles of God; and you have come to need milk and not solid food. For everyone who partakes only of milk is unskilled in the word of righteousness, for he is a babe. But solid food belongs to those who are of full age, that is, those who by reason of use have their senses exercised to discern both good and evil.

NKJV

Hebrews 5:11-14

Life*Baby's Milk*

I have a lot more to say about this, but it is hard to get it across to you since you've picked up this bad habit of not listening. By this time you ought to be teachers yourselves, yet here I find you need someone to sit down with you and go over the basics on God again, starting from square one—baby's milk, when you should have been on solid food long ago! Milk is for beginners, inexperienced in God's ways; solid food is for the mature, who have some practice in telling right from wrong.

MSG

Hebrews 5:11-14

Life*Living On Milk*

There is much more I would like to say along these lines, but you don't seem to listen, so it's hard to make you understand. You have been Christians a long time now, and you ought to be teaching others, but instead you have dropped back to the place where you need someone to teach you all over again the very first principles in God's Word. You are like babies who can drink only milk, not old enough for solid food. And when a person is still living on milk it shows he isn't very far along in the Christian life, and doesn't know much about the difference between right and wrong. He is still a baby Christian! You will never be able to eat solid spiritual food and understand the deeper things of God's Word until you become better Christians and learn right from wrong by practicing doing right.

TLB

Hebrews 5:11-14

Life*Lives On Milk*

We have much to say about this, but it is hard to explain because you are so slow to understand. By now you should be teachers, but you need someone to teach you again the first lessons of God's message. You still need the teaching that is like milk. You are not ready for solid food. Anyone who lives on milk is still a baby and knows nothing about right teaching. But solid food is for those who are grown up. They have practiced in order to know the difference between good and evil.

NCV

Hebrews 5:11-14

Lives On Milk

Year _____ Week _____ Day _____ Date _____

Life – Hebrews 5:1-14

In Context: *Read Hebrews 5*

Begin With Prayer:

Here I am Lord. I Am Listening.

Meditating On God's Word: ***(What is God speaking to your heart?)***

We have much to say about this, but it is hard to explain because you are slow to learn. In fact, though by this time you ought to be teachers, you need someone to teach you the elementary truths of God's word all over again. You need milk, not solid food! Anyone who lives on milk, being still an infant, is not acquainted with the teaching about righteousness. But solid food is for the mature, who by constant use have trained themselves to distinguish good from evil. Hebrews 5:11-14

Considering The Words: ***(What words speak to your heart?)***

We have | much to say | about this, | but | it is hard | to explain | because | you are slow | to learn. | In fact, | though | by this time | you ought | to be | teachers, | you need | someone | to teach you | the elementary truths | of God's word | all over again. | You need milk, | not solid food! | Anyone | who lives | on milk, | being | still an infant, | is not | acquainted with | the teaching | about righteousness. | But solid food | is for | the mature, | who by | constant use | have trained themselves | to distinguish | good | from evil. Hebrews 5:11-14

Praying The Scripture: ***(What prayer from your heart will you write?)***

Lord, I'm hungry for your word. I'm receptive to your word. I'm committed to meeting with you in your word. No longer do I want to live like an infant feeding on milk. Teach me with the solid food of your word as I meet with you in it. Amen

What It Means: ***(What questions speak to your heart?)*** *(Suggested questions for small group discussion are in bold)*

When have you been slow to learn what God wanted to teach you?

What is hindering you from growing as a follower of Jesus Christ?

How receptive are you to being taught by God through His word?

How hungry are you to be taught by God through His word?

How committed are you to meeting with God in His word to be taught by Him on a daily basis?

What responsibility do you have in being trained to live the righteous life God wants you to live?

How has your training in righteousness helped you to distinguish good from evil?

Living It Out: ***(What action step is God guiding your heart to take?)***

Meet with God in His word on a daily basis so that he can teach you how to live with and for Him.

Seeing It Happen: ***(What are you trusting God for in your heart?)***

Have faith that God will teach you how to live with and for Him as you meet with Him in His word.

Get Ready To Share: ***(What can you share with others from your heart?)***

Share with another person or your small group when you are meeting with God in His word to be taught by Him.

Close With Prayer:

Quiet Yourself Before The Lord

Pause And Offer Prayers Have...

With An Attitude Of Faith Listen To What The Lord Wants To Say To You

Adoration... _____

Thanksgiving... _____

Confession... _____

Intercession... _____

Petition... _____

Journal

As You Quiet Yourself Before The Lord

What Do You Want To Say To Me Lord?

What Prayers Are You Praying Today?

Prayer Of Blessing

(What Prayer Of Blessing Can You Pray For Another?)

May you meet with God in His word so that He can teach and train you to live for Him.

Prayer To Carry

(What Prayer Would You Like To Carry Throughout Your Day?)

Lord, teach and train me with your word as I meet with you in it.

What Do You Want To Remember About Today?

A Question To Ask God

(What Would You Like To Ask God?)

Lord, what do you want to teach and train me from your word today?
