

"Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth."

Psalm 46:10 (NIV)

Be Still

Do you want to know me? Do you want to live in an intimate relationship with me? Do you want to know my will? Do you want to walk in my ways? Yes, I want to know you intimately. That is the desire of my heart. I hunger to know you. I thirst to know you. My heart aches with desire to know and love you. There is nothing else in all of life that I want more than to know and love you with all my heart and mind and soul and strength. **That is very good. I want you to know me. That is my desire for you. We both want the same thing. You want to know me. I want you to know me.**

How do you think that you will come to know me? What will be required of you if you really do want to come to know me? I'm not sure what you mean. **If it were your goal to come to know someone what would you do?** I would spend time with them. It really would not be possible to know someone without spending time with them. **That's right. How much time would you spend if you really wanted to know someone intimately? Would once a month be enough?** No, certainly not. I would never come to know someone intimately at that rate. **How about once a week, would that be enough?** I doubt it. If I really wanted to know someone intimately I would want to meet with them every day. **When you met with the person that you wanted to know intimately would just being around them be enough for you to come to know them intimately?** No, if I really wanted to know someone intimately I would need to give them my undivided attention. **Yes, that's right. Do you see where our conversation is headed?** Yes, I do. If I want to come to know you intimately I will need to set aside a time and a place to meet with you everyday. When we meet together I will need to be still and give you my undivided attention. **Why do you think that is so important?** I need to learn to listen attentively to you so that I can hear all that you want to say to me. I need to learn to pay close attention so that I can see all that you want to show me. **Yes, I will help you to learn to listen to all that I want you to hear. I will help you to learn to see all that I want to show you.**

Will you come to me? Will you meet with me at a specific time in a quiet place? Will you be still before me? Will you give me your undivided attention? Will you listen to all that I want to say to you? Will you pay close attention to all that I want to show you? Yes Lord, I will.

Lord, here I am. I have removed myself from the hectic pace and busyness of life. I have set aside this time and quiet place to meet with you. My ears are open to hear all that you want to say to me. My eyes are open to see all that you want to show me. Amen

Knowing God *Know That I Am God*

"Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth."

NIV Psalm 46:10

Knowing God *Know That I Am God*

"Be still, and know that I am God. I will be exalted among the nations, I will be exalted in the earth!"

ESV Psalm 46:10

Knowing God *Know That I Am God*

"Be still, and know that I am God! I will be honored by every nation. I will be honored throughout the world."

NLT Psalm 46:10

Knowing God *Know That I Am God*

Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth!

NKJV Psalm 46:10

Knowing God *Know That I Am God*

"Be still, and know that I am God! I am exalted among the nations, I am exalted in the earth."

NRSV Psalm 46:10

Knowing God *Take A Long, Loving Look At Me*

"Step out of the traffic! Take a long, loving look at me, your High God, above politics, above everything."

MSG Psalm 46:10

Knowing God *Know That I Am God*

Let be and be still, and know (recognize and understand) that I am God. I will be exalted among the nations! I will be exalted in the earth!

AMP Psalm 46:10

Knowing God *Know That I Am God*

"Stand silent! Know that I am God! I will be honored by every nation in the world!"

TLB Psalm 46:10

Knowing God *Know That I Am God*

"Cease striving and know that I am God; I will be exalted among the nations, I will be exalted in the earth."

NASB Psalm 46:10

Knowing God *Know That I Am God*

God says, "Be quiet and know that I am God. I will be supreme over all the nations; I will be supreme in the earth."

NCV Psalm 46:10

Know That I Am God

Year _____ Week _____ Day _____ Date _____

Knowing God – Psalm 46:10

In Context: *Read Psalm 46*

Begin With Prayer:

Here I am Lord. I Am Listening.

Meditating On God's Word: ***(What is God speaking to your heart?)***

"Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth." Psalm 46:10

Considering The Words: ***(What words speak to your heart?)***

"Be still, | and | know | that | I am | God; | I | will be | exalted | among | the nations, | I | will be | exalted | in the | earth."
Psalm 46:10

Praying The Scripture:

(What prayer from your heart will you write?)

Lord, here I am. I have removed myself from the hectic pace and busyness of life. I have set aside this time and quiet place to meet with you. My ears are open to hear all that you want to say to me. My eyes are open to see all that you want to show me. Amen

What It Means:

(What questions speak to your heart?) *(Suggested questions for small group discussion are in bold)*

When are you setting aside a time and place to draw near and be still in the presence of God?

Why will taking time to meet with God almost never occur if you don't set a specific time and place?

When has the busyness of life crowded out time for you to be still before God?

How has the noisiness of life made it hard for you to hear what God wanted to say to you?

What has God shown you from His word as you have spent time in it with Him?

How have you come to know God better as you have spent time being still before Him?

How are you exalting God with your own praise, thanks and worship as you are still before Him?

Living It Out:

(What action step is God guiding your heart to take?)

Set a time and a place to be still before God so that you can come to know Him better.

Seeing It Happen:

(What are you trusting God for in your heart?)

Have faith that you will come to know God better as you are still before Him.

Get Ready To Share:

(What can you share with others from your heart?)

Share with another person or your small group how you have come to know God better as you have met with Him.

Close With Prayer:

Quiet Yourself Before The Lord

Pause And Offer Prayers Of...

With An Attitude Of Faith Listen To What The Lord Wants To Say To You

Adoration... _____

Thanksgiving... _____

Confession... _____

Intercession... _____

Petition... _____

Journal

As You Quiet Yourself Before The Lord

What Do You Want To Say To Me Lord?

What Prayers Are You Praying Today?

Prayer Of Blessing

(What Prayer Of Blessing Can You Pray For Another?)

May you be still before God so that you can come to know Him better.

Prayer To Carry

(What Prayer Would You Like To Carry Throughout Your Day?)

Lord, I will be still before you so that I can come to know you better.

What Do You Want To Remember About Today?

A Question To Ask God

(What Would You Like To Ask God?)

Lord, how can I come to know you better as I am still before you?
