

Delight yourself in the LORD and he will give you the desires of your heart. Commit your way to the LORD; trust in him and he will do this: He will make your righteousness shine like the dawn, the justice of your cause like the noonday sun. Be still before the LORD and wait patiently for him; do not fret when men succeed in their ways, when they carry out their wicked schemes.

Psalm 37:4-7 (NIV)

Desires

At one time my heart was filled with all the desires that come from the world. I was captivated by all that the world had to offer. My life became one long pursuit of the next latest and greatest thing. Chasing after the things of this world became a never-ending treadmill of disappointment for me. I quickly learned that my heart would never be satisfied by the things of this world. I wanted something else. I wanted something more. I wanted a different kind of life that didn't feel so empty and hopeless and useless. I had a hunger that couldn't be fed. I had a thirst that went unsatisfied. I had a yearning within me that set me on a search for meaning in life. So, I set off on a journey of searching.

What did you find? I found hope and purpose. I found joy and thanksgiving. My empty heart found fullness. My hunger was fed. My thirst was satisfied. I found the meaning in life that my heart had always been looking for in all the wrong places. I found you. **You found me?** Well, maybe it was you who found me. In all my misguided wanderings, I can now see that it was you who was pursuing me. I was seeking something. You were seeking me. **Yes, I was.** My empty heart was looking to be filled. You wanted to come into my life to fill my heart and mind and life with you. You wanted to rescue me from a life without you. You wanted to pull me out of the muck and mire that was my meaningless life. You wanted to set me on a new and solid path of loving, following and serving you. I had no idea what were the real and true and good desires of my heart. I had no idea that you would both give and grant me the desires of my heart. **What are the desires of your heart?** It is my desire to know and love you. It is my desire to follow and serve you. It is my desire to be used by you so I can bear fruit for your kingdom and bring glory to your name. These desires bring me great delight. These desires fill my heart. I know that these desires come from you. **Yes, they do.** I know that you have given and will grant these desires of my heart. **Yes, I will.**

Lord, I delight myself in you. I love you with all my heart and mind and soul and strength. It is my joy to know and do your will. I will follow you where you lead me. I will do what you ask of me. I know you have given and will grant me these desires of my heart. Amen

Prayer *Delight Yourself In The Lord*

Delight yourself in the LORD and he will give you the desires of your heart. Commit your way to the LORD; trust in him and he will do this: He will make your righteousness shine like the dawn, the justice of your cause like the noonday sun. Be still before the LORD and wait patiently for him; do not fret when men succeed in their ways, when they carry out their wicked schemes.

NIV Psalm 37:4-7

Prayer *Take Delight In The Lord*

Take delight in the LORD, and he will give you your heart's desires. Commit everything you do to the LORD. Trust him, and he will help you. He will make your innocence radiate like the dawn, and the justice of your cause will shine like the noonday sun. Be still in the presence of the LORD, and wait patiently for him to act. Don't worry about evil people who prosper or fret about their wicked schemes.

NLT Psalm 37:4-7

Prayer *Take Delight In The Lord*

Take delight in the LORD, and he will give you the desires of your heart. Commit your way to the LORD; trust in him, and he will act. He will make your vindication shine like the light, and the justice of your cause like the noonday. Be still before the LORD, and wait patiently for him; do not fret over those who prosper in their way, over those who carry out evil devices.

NRSV Psalm 37:4-7

Prayer *Delight Yourself Also In The Lord*

Delight yourself also in the Lord, and He will give you the desires and secret petitions of your heart. Commit your way to the Lord [roll and repose each care of your load on Him]; trust (lean on, rely on, and be confident) also in Him and He will bring it to pass. And He will make your uprightness and right standing with God go forth as the light, and your justice and right as [the shining sun of] the noonday. Be still and rest in the Lord; wait for Him and patiently lean yourself upon Him; fret not yourself because of him who prospers in his way, because of the man who brings wicked devices to pass.

AMP Psalm 37:4-7

Prayer *Delight Yourself In The Lord*

Delight yourself in the LORD; And He will give you the desires of your heart. Commit your way to the LORD, Trust also in Him, and He will do it. He will bring forth your righteousness as the light And your judgment as the noonday. Rest in the LORD and wait patiently for Him; Do not fret because of him who prospers in his way, Because of the man who carries out wicked schemes.

NASB Psalm 37:4-7

Prayer *Delight Yourself In The Lord*

Delight yourself in the LORD, and he will give you the desires of your heart. Commit your way to the LORD; trust in him, and he will act. He will bring forth your righteousness as the light, and your justice as the noonday. Be still before the LORD and wait patiently for him; fret not yourself over the one who prospers in his way, over the man who carries out evil devices!

ESV Psalm 37:4-7

Prayer *Delight Yourself Also In The Lord*

Delight yourself also in the LORD, And He shall give you the desires of your heart. Commit your way to the LORD, Trust also in Him, And He shall bring it to pass. He shall bring forth your righteousness as the light, And your justice as the noonday. Rest in the LORD, and wait patiently for Him; Do not fret because of him who prospers in his way, Because of the man who brings wicked schemes to pass.

NKJV Psalm 37:4-7

Prayer *Keep Company With God*

Keep company with GOD, get in on the best. Open up before GOD, keep nothing back; he'll do whatever needs to be done: He'll validate your life in the clear light of day and stamp you with approval at high noon. Quiet down before GOD, be prayerful before him. Don't bother with those who climb the ladder, who elbow their way to the top.

MSG Psalm 37:4-7

Prayer *Be Delighted With The Lord*

Be delighted with the Lord. Then he will give you all your heart's desires. Commit everything you do to the Lord. Trust him to help you do it, and he will. Your innocence will be clear to everyone. He will vindicate you with the blazing light of justice shining down as from the noonday sun. Rest in the Lord; wait patiently for him to act. Don't be envious of evil men who prosper.

TLB Psalm 37:4-7

Prayer *Enjoy Serving The Lord*

Enjoy serving the LORD, and he will give you what you want. Depend on the LORD; trust him, and he will take care of you. Then your goodness will shine like the sun, and your fairness like the noonday sun. Wait and trust the LORD. Don't be upset when others get rich or when someone else's plans succeed.

NCV Psalm 37:4-7

Delight Yourself In The Lord

Year ____ Week ____ Day ____ Date ____

Prayer – Psalm 37:4-7

In Context: Read Psalm 37

Begin With Prayer:

Here I am Lord. I Am Listening.

Meditating On God's Word: ***(What is God speaking to your heart?)***

Delight yourself in the LORD and he will give you the desires of your heart. Commit your way to the LORD; trust in him and he will do this: He will make your righteousness shine like the dawn, the justice of your cause like the noonday sun. Be still before the LORD and wait patiently for him; do not fret when men succeed in their ways, when they carry out their wicked schemes. Psalm 37:4-7

Considering The Words: ***(What words speak to your heart?)***

Delight yourself | in | the LORD | and | he | will give you | the desires | of | your heart. | Commit | your way | to | the LORD; | trust in him | and | he will | do this: | He will | make | your righteousness | shine | like | the dawn, | the justice | of your | cause | like the | noonday sun. | Be still | before | the LORD | and | wait patiently | for him; | do not | fret | when | men succeed | in their ways, | when | they carry out | their | wicked schemes. Psalm 37:4-7

Praying The Scripture: ***(What prayer from your heart will you write?)***

Lord, I delight myself in you. I love you with all my heart and mind and soul and strength. It is my joy to know and do your will. I will follow you where you lead me. I will do what you ask of me. I know you have given and will grant me these desires of my heart. Amen

What It Means: ***(What questions speak to your heart?)*** *(Suggested questions for small group discussion are in bold)*

How has delighting yourself in the Lord changed the desires of your heart?

What are some desires that God has placed in your heart?

How have you committed the way of your life to the Lord?

When have you faced the difficult choice of either trusting in the Lord or trusting in yourself?

How has the Lord used you in a cause of justice for His glory?

When has being still and waiting before the Lord helped you know the next steps to take with Him?

How has the Lord given you confidence that He will work in and through your life for His glory?

Living It Out: ***(What action step is God guiding your heart to take?)***

Delight yourself in the Lord so he can give and grant you the desires of your heart.

Seeing It Happen: ***(What are you trusting God for in your heart?)***

Have faith that as you delight yourself in the Lord He will give and grant you the desires of your heart.

Get Ready To Share: ***(What can you share with others from your heart?)***

Share with another person or your small group how God has both given and granted you a desire of your heart.

Close With Prayer:

Quiet Yourself Before The Lord

Pause And Offer Prayers Of...

With An Attitude Of Faith Listen To What The Lord Wants To Say To You

Adoration... _____

Thanksgiving... _____

Confession... _____

Intercession... _____

Petition... _____

Journal

As You Quiet Yourself Before The Lord

What Do You Want To Say To Me Lord?

What Prayers Are You Praying Today?

Prayer Of Blessing

(What Prayer Of Blessing Can You Pray For Another?)

May you delight yourself in the Lord so He can give and grant you the desires of your heart.

Prayer To Carry

(What Prayer Would You Like To Carry Throughout Your Day?)

Lord, I will delight myself in you as you give and grant to me the desires of my heart.

What Do You Want To Remember About Today?

A Question To Ask God

(What Would You Like To Ask God?)

Lord, what desires do you want to give and grant to me as I delight myself in you?
