

*Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your body. 1 Corinthians 6:19-20 (NIV)*

## **Not Your Own**

**You are not your own.** What does that mean? **At one time you thought that you were the center of the universe. Everything revolved around you. What counted was what mattered to you. You decided what was wrong and what was right. What was right was whatever was most comfortable and pleasing to you. You held your own opinions pretty fiercely. No one could tell you anything different once you had your own mind made up. You were the master of your own destiny. You were the captain of your own ship. You were proud, arrogant and very full of yourself. You were like a very full glass that nothing more could be poured into. You had all you wanted. You were all that you wanted.** This sounds pretty disgusting. Was I really like that? **You tell me.** No, I won't argue the point with you. I was very self-centered and full of myself.

**There is only one place that this kind of self-centered life can lead.** Where is that? **You don't need to ask me that. You know the answer to your question.** This kind of life cannot be sustained. It is a dark and sin filled life that heads toward brokenness. This kind of life leads to disaster. **Not always.** What do you mean? **You led this life. You hit rock bottom.** Yes, I did. **Was that the end for you?** No, it was just the beginning. **What did you do?** I cried out to you. I turned away from my sinful, self-centered and selfish life. **What did I do for you?** You rescued me. You redeemed my life. You paid the price of my sin. You made it so that I could be forgiven and cleansed of all my unrighteousness. You filled me with your Holy Spirit. You made it so I could draw near to you and live in a close and intimate relationship with you. **Whose are you now?** I am yours. You are my Father. You made me to be your child. You are now leading and guiding me through life. You are molding and shaping me into the person you want me to become. **What desire have I put inside of you?** In every way I want to live my life with and for you. I want to think thoughts, say words, and do deeds that please you. With all my heart and mind and soul and strength I want to bring honor and glory to your name. **So, you are no longer your own?** No, I am all yours. **Yes, you are.**

*Lord, at one time I lived as if I were all my own. I thought and said and did whatever I wanted. I lived a life of selfishness. At great cost you redeemed me from my life of sin. You made me your own. You filled me with your Spirit and gave me a new life to live. Amen*



# Temple Of The Holy Spirit

Year \_\_\_\_ Week \_\_\_\_ Day \_\_\_\_ Date \_\_\_\_

**Knowing God** – 1 Corinthians 6:19-20

**In Context:** *Read 1 Corinthians 6*

**Begin With Prayer:**

***Here I am Lord. I Am Listening.***

**Meditating On God's Word:** ***(What is God speaking to your heart?)***

Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your body. 1 Corinthians 6:19-20

**Considering The Words:** ***(What words speak to your heart?)***

Do you | not know | that | your body | is a | temple | of the | Holy Spirit, | who is | in you, | whom | you | have received | from God? | You are | not | your own; | you were | bought | at a | price. | Therefore | honor God | with | your body. 1 Corinthians 6:19-20

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**Praying The Scripture:**

***(What prayer from your heart will you write?)***

Lord, at one time I lived as if I were all my own. I thought and said and did whatever I wanted. I lived a life of selfishness. At great cost you redeemed me from my life of sin. You made me your own. You filled me with your Spirit and gave me a new life to live. Amen

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**What It Means:**

***(What questions speak to your heart?)*** *(Suggested questions for small group discussion are in bold)*

What price did God pay so that you would come to belong to Him?

How did you once live when your life was under your old ownership?

**How has your life changed since you were bought with a price, filled with the Spirit and now belong to God?**

When did the Holy Spirit come to live and dwell inside of you?

**What kinds of activities will honor or dishonor God with your body?**

How are you now honoring God with your body, the temple of the Holy Spirit?

**Why is it important to take care of the body that God has given to you?**

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**Living It Out:**

***(What action step is God guiding your heart to take?)***

Honor God with your body because you were bought with a price, filled with the Holy Spirit, and now belong to Him.

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**Seeing It Happen:**

***(What are you trusting God for in your heart?)***

Have faith that you were bought with a price, filled with the Holy Spirit, and are now God's very own now and forever.

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**Get Ready To Share:**

***(What can you share with others from your heart?)***

Share with another person or your small group how you are honoring God with your body, the temple of the Holy Spirit.

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**Close With Prayer:**

***Quiet Yourself Before The Lord***

*Pause And Offer Prayers Of...*

*With An Attitude Of Faith Listen To What The Lord Wants To Say To You*

Adoration... \_\_\_\_\_

Thanksgiving... \_\_\_\_\_

Confession... \_\_\_\_\_

Intercession... \_\_\_\_\_

Petition... \_\_\_\_\_

**Journal**

*As You Quiet Yourself Before The Lord*

**What Do You Want To Say To Me Lord?**

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**What Prayers Are You Praying Today?**

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**Prayer Of Blessing**

*(What Prayer Of Blessing Can You Pray For Another?)*

*May you glorify God with your body, because you were bought with a price and filled with the Holy Spirit.*

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**Prayer To Carry**

*(What Prayer Would You Like To Carry Throughout Your Day?)*

*Lord, I will glorify you with my body because you have filled me with your Spirit and made me to be yours.*

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**What Do You Want To Remember About Today?**

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**A Question To Ask God**

*(What Would You Like To Ask God?)*

*Lord, how can I glorify you with my body as I live my life with and for you today?*

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