

*You will keep in perfect peace him whose mind is steadfast, because he trusts in you.*

*Isaiah 26:3 (NIV)*

## **Perfect Peace**

**Do you know why you worry?** I have a lot to worry about? **No, that's not it. That's not the correct answer. Try again.** I worry because I think that I am in control. I think that by worrying about something I can devote my thinking to it and solve my problem so that I will have no need to worry. **That's a much better answer. That answer is much closer to the truth. Has worrying helped you to solve a lot of your problems?** No, not really. **Maybe, worrying is one of your bigger problems.** I think that worry is one of my biggest problems. **You have a bigger problem than worry. You have a big problem that is the source of all your worries.** I can't even begin to guess what you are trying to tell me. **I will help you to know what I am trying to tell you.** That would be great. **When you are worrying, who is in control of your life?** When I am worrying, I am in control of my life or at least that's what I think. **Why do you think that you are in control?** That's a good question. I'm not really in control. I want to be in control. **Why do you want to be in control? What makes you think that you are in control when you really are not in control?** I think that I'm beginning to get what you are trying to tell me. **Tell me what you are thinking.** My pride makes me think that I am in control. My pride makes me want to be in control. My pride tells me that I should be in control. **What does your pride lead you to do?** My pride leads me to worry. **That's right. You got it.** Great, I've got a lot of worry. **We're not done yet.**

**Would you like to have my perfect peace instead of your worry?** Yes, I would. **If you want to have my perfect peace what must you do?** I must give up on the idea that I am in control. I must let go of my pride and relinquish control of my life over to you. Instead of focusing my mind on my problems I must turn my thoughts to you. You will fill me with your perfect peace. **Yes, I will.** You will take care of me. **Yes, I will.** You are in control and I am not. **Yes, I am.** I can turn all my problems over to you. **Yes, you can.**

*Lord, instead of allowing myself to be filled with worry and anxiety I am going to trust you. I will turn what worries me and causes me to be anxious over to you. You are my everlasting rock that I can trust now and forever. Amen*

**The Mind** *Mind Is Steadfast*

You will keep in perfect peace him whose mind is steadfast, because he trusts in you.

NIV Isaiah 26:3

**The Mind** *Mind Is Stayed On You*

You keep him in perfect peace whose mind is stayed on you, because he trusts in you.

ESV Isaiah 26:3

**The Mind** *All Who Trust In You*

You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!

NLT Isaiah 26:3

**The Mind** *Mind Is Stayed On You*

You will keep him in perfect peace, Whose mind is stayed on You, Because he trusts in You.

NKJV Isaiah 26:3

**The Mind** *Steadfast Mind You Keep In Peace*

Those of steadfast mind you keep in peace— in peace because they trust in you.

NRSV Isaiah 26:3

**The Mind** *Minds Set On You*

People with their minds set on you, you keep completely whole, Steady on their feet, because they keep at it and don't quit.

MSG Isaiah 26:3

**The Mind** *Mind Stayed On You*

You will guard him and keep him in perfect and constant peace whose mind [both its inclination and its character] is stayed on You, because he commits himself to You, leans on You, and hopes confidently in You.

AMP Isaiah 26:3

**The Mind** *Mind Stayed On You*

He will keep in perfect peace all those who trust in him, whose thoughts turn often to the Lord!

TLB Isaiah 26:3

**The Mind** *The Steadfast Mind*

"The steadfast of mind You will keep in perfect peace, Because he trusts in You.

NASB Isaiah 26:3

**The Mind** *Who Depend On You*

You, LORD, give true peace to those who depend on you, because they trust you.

NCV Isaiah 26:3

# Mind Stayed On You

Year \_\_\_\_ Week \_\_\_\_ Day \_\_\_\_ Date \_\_\_\_

**The Mind** – Isaiah 26:3

**In Context:** Read Isaiah 26

**Begin With Prayer:**

**Here I am Lord. I Am Listening.**

**Meditating On God's Word:** *(What is God speaking to your heart?)*

You will keep him in perfect peace, Whose mind is stayed on You, Because he trusts in You. Isaiah 26:3

**Considering The Words:** *(What words speak to your heart?)*

You will | keep him | in perfect peace, | Whose mind | is stayed | on You, | Because | he trusts | in You. Isaiah 26:3

**Praying The Scripture:**

*(What prayer from your heart will you write?)*

Lord, instead of allowing myself to be filled with worry and anxiety I am going to trust you. I will turn what worries me and causes me to be anxious over to you. You are my everlasting rock that I can trust now and forever. Amen

**What It Means:**

*(What questions speak to your heart?)* (Suggested questions for small group discussion are in bold)

What kinds of thoughts cause you worry and anxiety?

What do you do with anxious and worrisome thoughts when you have them?

Why is the Lord worthy of all your trust as you face anxiety, trials and difficulties?

When have anxious thoughts caused you to cry out to the Lord for His help?

**When have you been able to turn your worries and anxieties over to the Lord?**

**How has your trust in the Lord grown as you have given your troubles and anxieties to Him?**

**How has the Lord brought you peace as you have kept your mind and trust in Him?**

**Living It Out:**

*(What action step is God guiding your heart to take?)*

Keep your thoughts on God instead of on your difficulties so that you will have His perfect peace.

**Seeing It Happen:**

*(What are you trusting God for in our heart?)*

Have faith that you will have perfect peace that comes from God as you keep your thoughts on Him.

**Get Ready To Share:**

*(What can you share with others from your heart?)*

Share with another person or your small group how keeping your thoughts on God has given you His perfect peace.

**Close With Prayer:**

**Quiet Yourself Before The Lord**

*Pause And Offer Prayers Of..*

*With An Attitude Of Faith Listen To What The Lord Wants To Say To You*

Adoration... \_\_\_\_\_

Thanksgiving... \_\_\_\_\_

Confession... \_\_\_\_\_

Intercession... \_\_\_\_\_

Petition... \_\_\_\_\_

**Journal**

*As You Quiet Yourself Before The Lord*

**What Do You Want To Say To Me Lord?**

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**What Prayers Are You Praying Today?**

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**Prayer Of Blessing**

*(What Prayer Of Blessing Can You Pray For Another?)*

*May you set your mind on the Lord and the life He has for you so you can live in His peace.*

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**Prayer To Carry**

*(What Prayer Would You Like To Carry Throughout Your Day?)*

*Lord, I will set my mind on you and the life I have for you so I can live in your peace.*

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**What Do You Want To Remember About Today?**

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**A Question To Ask God**

*(What Would You Like To Ask God?)*

*Lord, how can I set my mind on you and the life you have for me today?*

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