

*Don't use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them. Ephesians 4:29 (NLT)*

## **Everything You Say**

**I want you to guard every word that comes out of your mouth. Your words will either build others up or tear them down. Your words can be like a tool in my hand or they can be like a weapon that can do a world of evil. Before you speak ask, "Will my words be helpful or hurtful?" Ask, "Will my words build others up or tear them down?" Don't let any unwholesome and foul words come out of your mouth. Your words can be like a gift that will encourage others in their walk of faith in me. Your words can change the course of a person's life and their ultimate destiny. Do you hear what I am saying to you? Do you understand the power of your words? Yes Lord, I am listening to you. I understand the power of my words.**

**I want you to look for opportunities to build others up by encouraging them with your words. Go out of your way to bless others with the words that I will give you to speak. Take notice of others. Know what they need to hear. Invest yourself in their lives with your words. Speak your words according to what they need to hear and not according to what you think you need to say. Have you been encouraged by the words of another? Has someone ever said good and helpful words that built you up and encouraged you? Yes, you have encouraged me with your words. You have built me up with your words. Your words have changed the course of my life. Your words have directed my destiny. **Can I speak through you? Can I use the words of your mouth?** You can do all things. You can use me however you see fit. **I want to use your mouth. I want to speak through you.** I welcome you to speak through me. I want you to use my words to bless other people. **That will be very good.****

**You will be blessed as I speak through. You will be blessed with the same words with which you bless others. As you encourage others you will be encouraged. As you build others up you will be built up. You may ask why is that. Why is that? You will know that I am using you. You will know that I am speaking through you. You will know that your words are bearing fruit for my kingdom and bring glory to my name. Will you allow me to speak through you? Yes Lord, I will allow you to speak through me. **That will be very good.****

*Lord, so often I have spoken words that are not good, helpful or encouraging. I have torn others and even myself down with my thoughts and words. Use the words of my mouth and the thoughts of my heart to encourage and build others up. Amen*

**So That** *Benefit Those*  
Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.  
NIV Ephesians 4:29

**So That** *Give Grace*  
Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear.  
ESV Ephesians 4:29

**So That** *Will Be An Encouragement*  
Don't use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them.  
NLT Ephesians 4:29

**So That** *Impart Grace*  
Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers.  
NKJV Ephesians 4:29

**So That** *Give Grace*  
Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear.  
NRSV Ephesians 4:29

**So That** *Only What Helps*  
Watch the way you talk. Let nothing foul or dirty come out of your mouth. Say only what helps, each word a gift.  
MSG Ephesians 4:29

**So That** *Give Grace*  
Let no foul or polluting language, nor evil word nor unwholesome or worthless talk [ever] come out of your mouth, but only such [speech] as is good and beneficial to the spiritual progress of others, as is fitting to the need and the occasion, that it may be a blessing and give grace (God's favor) to those who hear it.  
AMP Ephesians 4:29

**So That** *Give Them A Blessing*  
Don't use bad language. Say only what is good and helpful to those you are talking to, and what will give them a blessing.  
TLB Ephesians 4:29

**So That** *Give Grace*  
Let no unwholesome word proceed from your mouth, but only such a word as is good for edification according to the need of the moment, so that it will give grace to those who hear.  
NASB Ephesians 4:29

**So That** *Do Good*  
When you talk, do not say harmful things, but say what people need—words that will help others become stronger. Then what you say will do good to those who listen to you.  
NCV Ephesians 4:29

# Will Be An Encouragement

Year \_\_\_\_\_ Week \_\_\_\_\_ Day \_\_\_\_\_ Date \_\_\_\_\_

**So That** – Ephesians 4:29

**In Context:** *Read Ephesians 4*

**Begin With Prayer:**

***Here I am Lord. I Am Listening.***

**Meditating On God's Word:** ***(What is God speaking to your heart?)***

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**Considering The Words:** ***(What words speak to your heart?)***

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**Praying The Scripture:**

***(What prayer from your heart will you write?)***

Lord, so often I have spoken words that are not good, helpful or encouraging. I have torn others and even myself down with my thoughts and words. Use the words of my mouth and the thoughts of my heart to encourage and build others up. Amen

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**What It Means:**

***(What questions speak to your heart?)*** *(Suggested questions for small group discussion are in bold)*

How are you guarding your mouth so that you don't say words that tear down others?

When have you deeply regretted words that you let escape from your mouth?

When have you removed yourself from a situation where unhealthy and unhelpful words were being spoken?

When have you heard words that built you up and gave you encouragement?

**How are you looking for opportunities to build others up and encourage others with your words?**

**When have people gravitated toward you because of your good, helpful and encouraging words?**

**When have good, helpful and encouraging words had a dynamic impact on the course of your life?**

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**Living It Out:**

***(What action step is God guiding your heart to take?)***

Allow the Lord to use you to speak good, helpful and encouraging words that build others up.

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**Seeing It Happen:**

***(What are you trusting God for in your heart?)***

Have faith that the Lord will use you to build others up with your good, helpful and encouraging words.

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**Get Ready To Share:**

***(What can you share with others from your heart?)***

Share with another person or your small group how good, helpful and encouraging words have impacted your life.

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**Close With Prayer:**

***Quiet Yourself Before The Lord***

*Pause And Offer Prayers Of...*

*With An Attitude Of Faith Listen To What The Lord Wants To Say To You*

Adoration... \_\_\_\_\_

Thanksgiving... \_\_\_\_\_

Confession... \_\_\_\_\_

Intercession... \_\_\_\_\_

Petition... \_\_\_\_\_

**Journal**

*As You Quiet Yourself Before The Lord*

**What Do You Want To Say To Me Lord?**

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**What Prayers Are You Praying Today?**

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**Prayer Of Blessing**

*(What Prayer Of Blessing Can You Pray For Another?)*

*May your words be good and helpful so that they will encourage others.*

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**Prayer To Carry**

*(What Prayer Would You Like To Carry Throughout Your Day?)*

*Lord, I will speak good and helpful words so that they will encourage others.*

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**What Do You Want To Remember About Today?**

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**A Question To Ask God**

*(What Would You Like To Ask God?)*

*Lord, what good and helpful words can I speak that will encourage others?*

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