

*As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. Be completely humble and gentle; be patient, bearing with one another in love. Make every effort to keep the unity of the Spirit through the bond of peace.*

*Ephesians 4:1-3 (NIV)*

## Cancelled

This was one of those days that I wish I could start over or maybe even cancel altogether. No, seriously, if I could crawl back into bed and pull the covers over my head and cancel today that would be my choice. This has been a discouraging and depressing day, that is for sure. **Why is that? What was so bad about today?** You saw today. **Yes, I did.** You know my thoughts. You heard my words. You saw my actions. **Yes, I did. Was there something you didn't like about your thoughts, words and actions?** I don't like anything about my thoughts, words or actions of today. **Why is that?** I started the day out by being crabby and it went downhill from there. **How so?** I was so impatient. I was completely opinionated. I was full of pride. There was nothing about my thoughts or words or deeds that was humble and gentle. I did not patiently bear with others. I didn't listen well. I was quick to speak. Instead, it was more like I wanted to crush others in a debate. I wanted to win the argument. I would have to sadly say that I was full of myself today. I don't like that one bit, not at all. **So, there is nothing good about today? This day cannot be redeemed? This day cannot be used, even by me, is that right?** I wouldn't go that far. With you anything is possible. You can redeem this day. You can make this day count for something. **Yes, I can.**

**Do you think you lived your life today in a manner that is worthy of your calling?** No, I did not live my life today in a manner that is worthy of my calling. **Isn't that an important lesson? Isn't that something valuable for you to recognize?** Yes, it is a valuable lesson and an important realization. **You are also confessing to me that you missed the mark. You went off course. You made mistakes. You sinned. You are asking for my forgiveness.** Yes, I am asking for your forgiveness. **You are forgiven. The day is not over. What will you do with the rest of your day?** I will keep on moving forward with you. I will keep on asking you to develop humility and patience and gentleness in me. **Have I not been doing that for you? Will I continue to do that in you? Will I help you to live a life worthy of my calling every day as you follow and serve me?** Yes Lord, I know that you will continue to do your work in me as I live my life with and for you. **That is very good.**

*Lord, I have not had a good day. I have been argumentative. I have been opinionated. I have been filled with pride. I have not been patient. I have not been gentle. Forgive me. Help me to live a humble and gentle and patient life that is worthy of my calling. Amen*

**Be** *Completely Humble And Gentle*

As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. Be completely humble and gentle; be patient, bearing with one another in love. Make every effort to keep the unity of the Spirit through the bond of peace.

NIV Ephesians 4:1-3

**Be** *Humble And Gentle*

Therefore I, a prisoner for serving the Lord, beg you to lead a life worthy of your calling, for you have been called by God. Always be humble and gentle. Be patient with each other, making allowance for each other's faults because of your love. Make every effort to keep yourselves united in the Spirit, binding yourselves together with peace.

NLT Ephesians 4:1-3

**Be** *Humility And Gentleness*

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace.

NRSV Ephesians 4:1-3

**Be** *Humility And Meekness*

I THEREFORE, the prisoner for the Lord, appeal to *and* beg you to walk (lead a life) worthy of the [divine] calling to which you have been called [with behavior that is a credit to the summons to God's service, Living as becomes you] with complete lowliness of mind (humility) and meekness (unselfishness, gentleness, mildness), with patience, bearing with one another *and* making allowances because you love one another. Be eager *and* strive earnestly to guard *and* keep the harmony *and* oneness of [and produced by] the Spirit in the binding power of peace.

AMP Ephesians 4:1-3

**Be** *Humility And Gentleness*

Therefore I, the prisoner of the Lord, implore you to walk in a manner worthy of the calling with which you have been called, with all humility and gentleness, with patience, showing tolerance for one another in love, being diligent to preserve the unity of the Spirit in the bond of peace.

NASB Ephesians 4:1-3

**Be** *Humility And Gentleness*

I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, eager to maintain the unity of the Spirit in the bond of peace.

ESV Ephesians 4:1-3

**Be** *Lowliness And Gentleness*

I, therefore, the prisoner of the Lord, beseech you to walk worthy of the calling with which you were called, with all lowliness and gentleness, with longsuffering, bearing with one another in love, endeavoring to keep the unity of the Spirit in the bond of peace.

NKJV Ephesians 4:1-3

**Be** *Humility And Discipline*

In light of all this, here's what I want you to do. While I'm locked up here, a prisoner for the Master, I want you to get out there and walk—better yet, run!—on the road God called you to travel. I don't want any of you sitting around on your hands. I don't want anyone strolling off, down some path that goes nowhere. And mark that you do this with humility and discipline—not in fits and starts, but steadily, pouring yourselves out for each other in acts of love, alert at noticing differences and quick at mending fences.

MSG Ephesians 4:1-3

**Be** *Humble And Gentle*

I beg you—I, a prisoner here in jail for serving the Lord—to live and act in a way worthy of those who have been chosen for such wonderful blessings as these. Be humble and gentle. Be patient with each other, making allowance for each other's faults because of your love. Try always to be led along together by the Holy Spirit and so be at peace with one another.

TI R Ephesians 4:1-3

**Be** *Humble, Gentle*

I am in prison because I belong to the Lord. God chose you to be his people, so I urge you now to live the life to which God called you. Always be humble, gentle, and patient, accepting each other in love. You are joined together with peace through the Spirit, so make every effort to continue together in this way.

NCV Ephesians 4:1-3

# Completely Humble And Gentle

Year \_\_\_\_ Week \_\_\_\_ Day \_\_\_\_ Date \_\_\_\_

**Be** – Ephesians 4:1-3

**In Context:** *Read Ephesians 4*

**Begin With Prayer:**

***Here I am Lord. I Am Listening.***

**Meditating On God's Word:** ***(What is God speaking to your heart?)***

As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. Be completely humble and gentle; be patient, bearing with one another in love. Make every effort to keep the unity of the Spirit through the bond of peace. Ephesians 4:1-3

**Considering The Words:** ***(What words speak to your heart?)***

As | a prisoner | for | the Lord, | then, | I urge you | to live | a life worthy | of | the calling | you | have received. | Be completely humble | and | gentle; | be patient, | bearing with | one another | in love. | Make | every effort | to keep | the unity | of the | Spirit | through | the bond | of peace. Ephesians 4:1-3

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**Praying The Scripture:** ***(What prayer from your heart will you write?)***

Lord, I have not had a good day. I have been argumentative. I have been opinionated. I have been filled with pride. I have not been patient. I have not been gentle. Forgive me. Help me to live a humble and gentle and patient life that is worthy of my calling. Amen

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**What It Means:** ***(What questions speak to your heart?)*** *(Suggested questions for small group discussion are in bold)*

What does living a life that is worthy of your calling in Christ look like?

When have you know for sure that you were not living a life worthy of your calling in Christ?

**Why will pride make you unable to live humbly, gently and patiently in your relationships with others?**

How has the Lord used difficult people and troubling circumstances to develop patience in you?

**How are you learning to deal patiently and gently with others who look at life differently than you?**

How has your humility and patience and helped you to respond gently to the failings of others?

**How are you making every effort to live in unity and harmony and peace with others?**

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**Living It Out:** ***(What action step is God guiding your heart to take?)***

Make every effort to live a life that is humble, gentle and patient with others in the unity of the Spirit.

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**Seeing It Happen:** ***(What are you trusting God for in your heart?)***

Have faith that the Lord will help you to live a life that is worthy of your calling in Him.

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**Get Ready To Share:** ***(What can you share with others from your heart?)***

Share with another person or your small group how the Lord is helping you to live a life that is worthy of your calling.

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**Close With Prayer:**

***Quiet Yourself Before The Lord***

*Pause And Offer Prayers Of...*

*With An Attitude Of Faith Listen To What The Lord Wants To Say To You*

Adoration... \_\_\_\_\_

Thanksgiving... \_\_\_\_\_

Confession... \_\_\_\_\_

Intercession... \_\_\_\_\_

Petition... \_\_\_\_\_

**Journal**

*As You Quiet Yourself Before The Lord*

**What Do You Want To Say To Me Lord?**

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**What Prayers Are You Praying Today?**

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**Prayer Of Blessing**

*(What Prayer Of Blessing Can You Pray For Another?)*

*May you live a humble and gentle life that is worthy of your calling.*

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**Prayer To Carry**

*(What Prayer Would You Like To Carry Throughout Your Day?)*

*Lord, I will live a humble and gentle life that is worthy of my calling.*

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**What Do You Want To Remember About Today?**

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**A Question To Ask God**

*(What Would You Like To Ask God?)*

*Lord, how can I live a humble and gentle life that is worthy of my calling.*

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