

*No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it. 1 Corinthians 10:13 (NIV)*

## **Take It Now**

**Let's start with the basics on temptation.** I'm listening. **You will be tempted. That should come as no great surprise to you.** It doesn't, I have been tempted in what seems like a thousand different ways. **It's not that many. It should also not greatly surprise you in the ways that you will be tempted. Your temptations have been and will continue to be quite predictable.** **Have you ever noticed the predictability of your temptations?** Yes, I have noticed that my temptations usually center around a few basic themes. **That's right. It's very important for you to recognize when, where, why and how you will most likely be tempted.** Why is that? **My promise to you is that I will provide you a way of escape out of your temptations. The first way of escape of out of your temptations is to not enter into them in the first place.** What do you mean by that? How is that possible? **You have a good idea of when, where, why and how you will be tempted, is that right?** Yes, it is. **Stay away from when, where, why and how you will be tempted. Don't let anything feed the when, where why and how of your temptations. Is that clear enough to you?** Yes, it is. **So, you will remove yourself from potentially tempting circumstances before you are tempted?** Yes, I will. **You will also eliminate from your life anything that feeds tempting desires within you?** Yes, I will. **That will be very good.**

**I have a couple more points to make.** I'm listening. **You will not be tempted in any way that is uncommon to man.** What does that mean? **You will not experience any unique or unusual temptations that others have or will experience.** So, I can't use the uniqueness of one of my temptations as an excuse, if I were to fail victim to it. **That's right. You will also not face temptations that are beyond your ability to bear.** So, I can't tell myself that I have no hope of overcoming my temptations. **That's right.**

**Now, I want to talk about two more ways of escape from your temptations.** You have my full attention. **My word will provide you a way of escape from your temptations.** How so? **Let my word dwell in you richly. Meditate on my word. Memorize my word. Pray my word. Allow my word to change your heart and transform your mind. Let my word guard and guide all that you think, say and do. As you allow my word to dwell in you richly, My Spirit will use my word to fight in you, with you, and for you, against temptations that you will face in life. Will you allow my word to dwell in you richly?** Yes, I will. You mentioned that there was one more way of escape from temptations I will face in life. **Yes, I did.** What is it? **Run from temptation. Don't hang around temptation. Immediately take the way of escape from temptation that I will provide at the moment I provide it. Take it now, don't delay. Will you run from temptation when it approaches?** Yes, I will. **That will be very good.**

*Heavenly Father, I am under no illusions about my ability to withstand temptation. I will need your strength and ability to flee temptation that will come my way. Help me to always take the way out of temptation you provide at the moment you provide it. Amen*

**God The Father** *A Way Out*

No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it.

NIV 1 Corinthians 10:13

**God The Father** *Way Of Escape*

No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.

ESV 1 Corinthians 10:13

**God The Father** *A Way Out*

The temptations in your life are no different from what others experience. And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure.

NLT 1 Corinthians 10:13

**God The Father** *Way Of Escape*

No temptation has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it.

NKJV 1 Corinthians 10:13

**God The Father** *The Way Out*

No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

NRSV 1 Corinthians 10:13

**God The Father** *Be There To Help*

No test or temptation that comes your way is beyond the course of what others have had to face. All you need to remember is that God will never let you down; he'll never let you be pushed past your limit; he'll always be there to help you come through it.

MSG 1 Corinthians 10:13

**God The Father** *The Way Out*

For no temptation (no trial regarded as enticing to sin), [no matter how it comes or where it leads] has overtaken you and laid hold on you that is not common to man [that is, no temptation or trial has come to you that is beyond human resistance and that is not adjusted and adapted and belonging to human experience, and such as man can bear]. But God is faithful [to His Word and to His compassionate nature], and He [can be trusted] not to let you be tempted and tried and assayed beyond your ability and strength of resistance and power to endure, but with the temptation He will [always] also provide the way out (the means of escape to a landing place), that you may be capable and strong and powerful to bear up under it patiently.

AMP 1 Corinthians 10:13

**God The Father** *How To Escape*

But remember this—the wrong desires that come into your life aren't anything new and different. Many others have faced exactly the same problems before you. And no temptation is irresistible. You can trust God to keep the temptation from becoming so strong that you can't stand up against it, for he has promised this and will do what he says. He will show you how to escape temptation's power so that you can bear up patiently against it.

TLB 1 Corinthians 10:13

**God The Father** *The Way Of Escape*

No temptation has overtaken you but such as is common to man; and God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also, so that you will be able to endure it.

NASB 1 Corinthians 10:13

**God The Father** *A Way To Escape*

The only temptation that has come to you is that which everyone has. But you can trust God, who will not permit you to be tempted more than you can stand. But when you are tempted, he will also give you a way to escape so that you will be able to stand it.

NCV 1 Corinthians 10:13



**Journal**

*As You Quiet Yourself Before The Lord*

**What Do You Want To Say To Me Lord?**

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**What Prayers Are You Praying Today?**

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**Prayer Of Blessing**

*(What Prayer Of Blessing Can You Pray For Another?)*

*May you take the way of escape out of temptation that your Heavenly Father will provide to you.*

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**Prayer To Carry**

*(What Prayer Would You Like To Carry Throughout Your Day?)*

*Heavenly Father, I will immediately take the way of escape out of temptation that you will provide to me.*

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**What Do You Want To Remember About Today?**

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**A Question To Ask God**

*(What Would You Like To Ask God?)*

*Heavenly Father, what way of escape out of temptation will I need to take today?*

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