

*"Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth." Psalm 46:10 (NIV)*

## **Invitation**

**You have my invitation. I am calling you to come to me. Rest in my presence. Leave the noise and busyness of your hectic life. Learn from me. Come to know me. Hear my thoughts. Listen to my voice. Let me teach you. Allow me to train you. I will mold and shape your life. I will lead you. I will guard and guide your life. My hand will be on you. You will come to know me. You will walk in my ways. You will accomplish my purposes and fulfill my plans for your life. You will be able to know and do my will.**

There is no place I would rather be than in your presence. There is nothing I would do than to come to listen to you. I will leave the noise and busyness of my hectic life. That is no difficult sacrifice for me to make. Coming to know you is the desire of my heart. Nothing would thrill me more than to be able to know and do your will. Only you can make me able to accomplish your purposes and fulfill your plans. Only you can make me fruitful for your kingdom. Only you can help me to bring glory to your name. So, I will accept your invitation. I will come to sit before you. I will rest in your presence. I will be still before you so that I can come to know that you are God. You are my God. You are my King. You are my Savior and Lord. You are worthy of all my praise and honor and glory. You are worthy of all time. You are worthy of receiving all that I am, have and hope to be. **Yes, I am.** Ask me whatever you will. I will say yes to whatever you ask of me. Here I am now, sitting here in your presence. This is a very good place. It is quiet. It is still. It is calm. I am ready to listen. I am ready to receive all that you have for me. I am ready for you to mold and shape my life. I am ready for you to strengthen and sustain and encourage me through all the ups and downs and twists and turns of life. I will hold on to you as I walk with you through life. Guard and guide my life as I follow you. Direct me to where you want me to go. Give me what you want me to do. Thank you for calling me to come to you. Thank you for your invitation to come to know you.

*Heavenly Father, there is no place I would rather be than in your presence. There is nothing I would rather do than to be still before you.*

*Help me to come to know you as I sit still before you. Strengthen, sustain and encourage me as I rest in your presence. Amen*

**Be** *Still*  
"Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth."  
NIV Psalm 46:10

**Be** *Still*  
"Be still, and know that I am God. I will be exalted among the nations, I will be exalted in the earth!"  
ESV Psalm 46:10

**Be** *Still*  
"Be still, and know that I am God! I will be honored by every nation. I will be honored throughout the world."  
NLT Psalm 46:10

**Be** *Still*  
Be still, and know that I *am* God; I will be exalted among the nations, I will be exalted in the earth!  
NKJV Psalm 46:10

**Be** *Still*  
"Be still, and know that I am God! I am exalted among the nations, I am exalted in the earth."  
NRSV Psalm 46:10

**Be** *Look At Me*  
"Step out of the traffic! Take a long, loving look at me, your High God, above politics, above everything."  
MSG Psalm 46:10

**Be** *Still*  
Let be *and* be still, and know (recognize and understand) that I am God. I will be exalted among the nations! I will be exalted in the earth!  
AMP Psalm 46:10

**Be** *Stand Silent*  
"Stand silent! Know that I am God! I will be honored by every nation in the world!"  
TLB Psalm 46:10

**Be** *Still*  
"Cease *striving* and know that I am God; I will be exalted among the nations, I will be exalted in the earth."  
NASB Psalm 46:10

**Be** *Still*  
God says, "Be quiet and know that I am God. I will be supreme over all the nations; I will be supreme in the earth."  
NCV Psalm 46:10

# Be Still

Year \_\_\_\_\_ Week \_\_\_\_\_ Day \_\_\_\_\_ Date \_\_\_\_\_

**Be** – Psalm 46:10

**In Context:** Read Psalm 46

**Begin With Prayer:**

***Here I am Lord. I Am Listening.***

**Meditating On God's Word:** *(What is God speaking to your heart?)*

"Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth." Psalm 46:10

**Considering The Words:** *(What words speak to your heart?)*

"Be still, | and | know | that | I am God; | I will | be exalted | among | the nations, | I will | be exalted | in | the earth." Psalm 46:10

**Praying The Scripture:**

*(What prayer from your heart will you write?)*

Heavenly Father, there is no place I would rather be than in your presence. There is nothing I would rather do than to be still before you. Help me to come to know you as I sit still before you. Strengthen, sustain and encourage me as I rest in your presence. Amen

**What It Means:**

*(What questions speak to your heart?) (Suggested questions for small group discussion are in bold)*

**How are you making it your daily practice to be still before God?**

**How have you come to know God as you have been still before Him?**

**How has being still before God helped you to recognize His activity in your life?**

How has being still before God helped you to take refuge in Him during the storms of life?

How has being still before God strengthened, sustained and encouraged you through troubles in life?

How has being still before God given you courage in fearful situations in life?

How has being still before God filled you with joy even in difficult circumstances?

**Living It Out:**

*(What action step is God guiding your heart to take?)*

Make it your daily practice to sit still before God.

**Seeing It Happen:**

*(What are you trusting God for in your heart?)*

Have faith that you will come to know God as you sit still before Him.

**Get Ready To Share:**

*(What can you share with others from your heart?)*

Share with another person or your small group how you are being still before God.

**Close With Prayer:**

***Quiet Yourself Before The Lord***

*Pause And Offer Prayers Of...*

*With An Attitude Of Faith Listen To What The Lord Wants To Say To You*

Adoration... \_\_\_\_\_

Thanksgiving... \_\_\_\_\_

Confession... \_\_\_\_\_

Intercession... \_\_\_\_\_

Petition... \_\_\_\_\_

Still

Psalm 46

Year \_\_\_\_ Week \_\_\_\_ Day \_\_\_\_ Date \_\_\_\_

## Journal

*As You Quiet Yourself Before The Lord*

### What Do You Want To Say To Me Lord?

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### What Prayers Are You Praying Today?

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### Prayer Of Blessing

*(What Prayer Of Blessing Can You Pray For Another?)*

*May you be still before God so that you will come to know Him.*

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### Prayer To Carry

*(What Prayer Would You Like To Carry Throughout Your Day?)*

*Father, I will be still before you so that U can come to know you.*

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### What Do You Want To Remember About Today?

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### A Question To Ask God

*(What Would You Like To Ask God?)*

*Father, how can I come to know to know you as I am still before you today?*

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