

Blessed is the man who does not walk in the counsel of the wicked or stand in the way of sinners or sit in the seat of mockers. But his delight is in the law of the LORD, and on his law he meditates day and night. He is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither. Whatever he does prospers. Psalm 1:1-3 (NIV)

Instead

Do you want to live a blessed and happy life? Yes, of course, who wouldn't want that kind of life? **There really isn't some big hidden secret about how you can have a blessed and happy life.** I would like to know more. How can I live a blessed and happy life? **What does my word tell you?** I think your word really says don't do one thing but do something else instead. **What's that?** Your word basically says don't hang out with evil. Don't walk with evil. Don't stand with evil. Don't take a seat with evil. **Yes it says all of that. What does not walking, standing or sitting with evil man to you?** I need to be on guard against evil. I can't allow myself to become comfortable around evil. I must separate myself from evil. **How will you do that?** I know evil situations, circumstances and influences when I see them. It doesn't take a rocket scientist to figure out what doesn't please you and isn't helpful to me. I need to remove me from everything that might try to steal, kill and destroy the life you have given me to live. Life stealers can be situations, circumstance and influences from ungodly and wicked people that will try to lead me on a path away from you. I need to run away from all of these. **Why is that?** Evil can be very tempting and alluring. It's better to quickly run away than to hang around and succumb to evil. **Yes it is.**

A happy and blessed life doesn't just include running away from evil. No, it does not. That's why I said you want me to run from evil and then do something else instead. **Tell me about what I want you to do instead.** You want me to meditate on your word day and night. **Yes, I do. What will happen to you as you meditate on my word day and night?** Meditating on your word day and night will change my heart and transform my mind. **Yes, it will.** Your word will help me to think your thoughts and do your will. Your word will strengthen me against evil and it's temptations. **Yes, it will.** Your word will help me to run from evil even more quickly. **Why is that?** Your word will help me to more clearly recognize evil in all its many forms. Your word will increase my desire to live my life for you. **Yes, it will.** In desiring to live my life for you I will not hang around evil to let it entice me. **No, you will not.**

A happy and blessed life doesn't just include running from evil and meditating on my word. No, it does not. Your word feeds and sustains me. Your word refreshes my life and makes me alive in you. Your word helps me to bear fruit for your kingdom and glory. **Yes, it does.** All three of these; running from evil, meditating on your word, and bearing fruit for your kingdom and your glory are what constitute a happy and blessed life. I can think of no greater joy than being changed and transformed by your word and bearing fruit for your kingdom and your glory. That exactly what I want. That is my prayer to you. This is the desire of my heart. **This is what I will give to you.**

Lord, I will not walk in the counsel of the wicked. I will not stand around with sinners. I will not sit down with mockers. I will meditate on your word day and night. Feed, sustain and refresh my life by your word so that I can bear and abundance of fruit for you. Amen

Life *Meditates Day And Night*

Blessed is the man who does not walk in the counsel of the wicked or stand in the way of sinners or sit in the seat of mockers. But his delight is in the law of the LORD, and on his law he meditates day and night. He is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither. Whatever he does prospers.

NIV Psalm 1:1-3

Life *Meditates Day And Night*

Oh, the joys of those who do not follow the advice of the wicked, or stand around with sinners, or join in with mockers. But they delight in the law of the LORD, meditating on it day and night. They are like trees planted along the riverbank, bearing fruit each season. Their leaves never wither, and they prosper in all they do.

NLT Psalm 1:1-3

Life *Meditate Day And Night*

Happy are those who do not follow the advice of the wicked, or take the path that sinners tread, or sit in the seat of scoffers; but their delight is in the law of the LORD, and on his law they meditate day and night. They are like trees planted by streams of water, which yield their fruit in its season, and their leaves do not wither. In all that they do, they prosper.

NRSV Psalm 1:1-3

Life *Meditates Day And Night*

BLESSED (HAPPY, fortunate, prosperous, and enviable) is the man who walks and lives not in the counsel of the ungodly [following their advice, their plans and purposes], nor stands [submissive and inactive] in the path where sinners walk, nor sits down [to relax and rest] where the scornful [and the mockers] gather. But his delight and desire are in the law of the Lord, and on His law (the precepts, the instructions, the teachings of God) he habitually meditates (ponders and studies) by day and by night. And he shall be like a tree firmly planted [and tended] by the streams of water, ready to bring forth its fruit in its season; its leaf also shall not fade or wither; and everything he does shall prosper [and come to maturity].

Psalm 1:1-3 (AMP)

AMP Psalm 1:1-3

Life *Meditates Day And Night*

How blessed is the man who does not walk in the counsel of the wicked, Nor stand in the path of sinners, Nor sit in the seat of scoffers! But his delight is in the law of the LORD, And in His law he meditates day and night. He will be like a tree firmly planted by streams of water, Which yields its fruit in its season And its leaf does not wither; And in whatever he does, he prospers.

NASB Psalm 1:1-3

Life *Meditates Day And Night*

Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; but his delight is in the law of the LORD, and on his law he meditates day and night. He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers.

ESV Psalm 1:1-3

Life *Meditates Day And Night*

Blessed is the man Who walks not in the counsel of the ungodly, Nor stands in the path of sinners, Nor sits in the seat of the scornful; But his delight is in the law of the LORD, And in His law he meditates day and night. He shall be like a tree Planted by the rivers of water, That brings forth its fruit in its season, Whose leaf also shall not wither; And whatever he does shall prosper.

NKJV Psalm 1:1-3

Life *Chew On Scripture Day And Night*

How well God must like you— you don't hang out at Sin Saloon, you don't slink along Dead-End Road, you don't go to Smart-Mouth College. Instead you thrill to GOD's Word, you chew on Scripture day and night. You're a tree replanted in Eden, bearing fresh fruit every month, Never dropping a leaf, always in blossom.

MSG Psalm 1:1-3

Life *Day And Night Are Always Meditating*

Oh, the joys of those who do not follow evil men's advice, who do not hang around with sinners, scoffing at the things of God. But they delight in doing everything God wants them to, and day and night are always meditating on his laws and thinking about ways to follow him more closely. They are like trees along a riverbank bearing luscious fruit each season without fail. Their leaves shall never wither, and all they do shall prosper.

TLB Psalm 1:1-3

Life *Think About Those Teachings Day And Night*

Happy are those who don't listen to the wicked, who don't go where sinners go, who don't do what evil people do. They love the LORD'S teachings, and they think about those teachings day and night. They are strong, like a tree planted by a river. The tree produces fruit in season, and its leaves don't die. Everything they do will succeed.

NCV Psalm 1:1-3

Meditates Day And Night

Year _____ Week _____ Day _____ Date _____

Life – Psalm 1:1-3

In Context: Read Psalm 1

Begin With Prayer:

Here I am Lord. I Am Listening.

Meditating On God’s Word: *(What is God speaking to your heart?)*

Blessed is the man who does not walk in the counsel of the wicked or stand in the way of sinners or sit in the seat of mockers. But his delight is in the law of the LORD, and on his law he meditates day and night. He is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither. Whatever he does prospers. Psalm 1:1-3

Considering The Words: *(What words speak to your heart?)*

Blessed | is the man | who | does not | walk in | the counsel | of the | wicked | or stand | in the way | of sinners | or sit | in the seat | of mockers. | But | his delight | is in | the law | of the LORD, | and on | his law | he meditates | day and night. | He is like | a tree | planted by | streams of water, | which yields | its fruit | in season | and | whose leaf | does not | wither. | Whatever | he does | prospers. Psalm 1:1-3

Praying The Scripture: *(What prayer from your heart will you write?)*

Lord, I will not walk in the counsel of the wicked. I will not stand around with sinners. I will not sit down with mockers. I will meditate on your word day and night. Feed, sustain and refresh my life by your word so that I can bear and abundance of fruit for you. Amen

What It Means: *(What questions speak to your heart?)* (Suggested questions for small group discussion are in bold)

How are you making sure that you are not walking in the counsel of wicked people?
How are you making sure that you are not standing with sinners doing what they like to do?
How are you making sure that you are not sitting around with those who seem to enjoy mocking God?

When do you really chew on God’s word so that you can digest all that He wants to say to you?

How has your delight in God’s word grown as you have meditated on it day and night?

How has God’s word fed, sustained and refreshed your life as you have meditated on it?

How has meditating on God’s word helped your life to bear fruit for God’s kingdom and His glory?

Living It Out: *(What action step is God guiding your heart to take?)*

Separate yourself from evil and meditate on God’s word so that He can refresh your life and make you fruitful for Him.

Seeing It Happen: *(What are you trusting God for in your heart?)*

Have faith that God will change your heart, transform your mind and refresh your life as you meditate on His word.

Get Ready To Share: *(What can you share with others from your heart?)*

Share with another person or your small group how meditating on God’s word has helped you to bear fruit for Him?

Close With Prayer:

Quiet Yourself Before The Lord

Pause And Offer Prayers Of...

With An Attitude Of Faith Listen To What The Lord Wants To Say To You

Adoration... _____

Thanksgiving... _____

Confession... _____

Intercession... _____

Petition... _____

Journal

As You Quiet Yourself Before The Lord

What Do You Want To Say To Me Lord?

What Prayers Are You Praying Today?

Prayer Of Blessing

(What Prayer Of Blessing Can You Pray For Another?)

May you separate yourself from evil and meditate on God's word so He can feed, refresh and sustain your life.

Prayer To Carry

(What Prayer Would You Like To Carry Throughout Your Day?)

Lord, I will separate myself from evil and meditate on your word so I can bear fruit for your kingdom and glory.

What Do You Want To Remember About Today?

A Question To Ask God

(What Would You Like To Ask God?)

Lord, how can I bear fruit for your kingdom and your glory today?
