

*The LORD is my shepherd, I shall not be in want. He makes me lie down in green pastures, he leads me beside quiet waters, he restores my soul. He guides me in paths of righteousness for his name's sake. Psalm 23:1-3 (NIV)*

## **Restoration**

**Will you come to rest in my presence? Will you set aside a time and a place to meet with me? Will you leave the noise and busyness of your life to be quiet before me? Will you feast on my word? Will you listen to all that I have to say to you? Will you let my word refresh, revive and restore your soul? Will you taste of my goodness, kindness, mercy and love? Will you drink deeply of the life that I have called you to live? Will you allow me to feed your hunger and satisfy your thirst?** Yes Lord, I will come to you. Yes, I will set aside a time and a place to meet with you. Yes, I will let you refresh, revive and restore my soul. There is no place I would rather be than in your presence. There is nothing I would rather do than to listen to you. I have been running. I have been busy. I am worn out. My soul is in desperate need of restoration. Here I am right now. I'm quiet. Speak to me, Lord, I'm listening.

**I did not make you to run on empty. You are not independent and self-sufficient. You cannot give to others what you do not have for yourself. You need me. I am your Good Shepherd. I have all that you need. You will not want, when you come to rely on me. Come to me, not because you should. Come to me, not because you must. Come to me, because you want and need me. Come to me, because I love you. Come to me because you love me.** Yes Lord, I love you with all my heart and mind and soul and strength. You have let me taste of your kindness, mercy and love. You have allowed me to feast on your word. You have fed my hunger and satisfied my thirst. You have met my needs. You have guided my life. You have directed my course. You are molding and shaping my life. You are changing my heart and transforming my mind. You are helping me to know your will. You are helping me to walk in your ways. You are helping me to bear fruit for your kingdom and bring glory to your name. I will walk with you on this path of life that you have laid out for me. **That will be very good.**

*Lord, I have been weary. I have been worn out. I have been bruised and battered and broken. My soul is in need of restoration. Help me to come to rest in green pastures. Lead me by still waters. Restore my soul as I eat and drink of the life you have for me. Amen*

**Rhythms** *Rest - Restore*

The LORD is my shepherd, I shall not be in want. He makes me lie down in green pastures, he leads me beside quiet waters, he restores my soul. He guides me in paths of righteousness for his name's sake.

NIV Psalm 23:1-3

**Rhythms** *Rest - Restore*

The LORD is my shepherd; I shall not want. He makes me lie down in green pastures. He leads me beside still waters. He restores my soul. He leads me in paths of righteousness for his name's sake.

ESV Psalm 23:1-3

**Rhythms** *Rest - Restore*

The LORD is my shepherd; I have all that I need. He lets me rest in green meadows; he leads me beside peaceful streams. He renews my strength. He guides me along right paths, bringing honor to his name.

NLT Psalm 23:1-3

**Rhythms** *Rest - Restore*

The LORD is my shepherd; I shall not want. He makes me to lie down in green pastures; He leads me beside the still waters. He restores my soul; He leads me in the paths of righteousness For His name's sake.

NKJV Psalm 23:1-3

**Rhythms** *Rest - Restore*

The LORD is my shepherd, I shall not want. He makes me lie down in green pastures; he leads me beside still waters; he restores my soul. He leads me in right paths for his name's sake.

NRSV Psalm 23:1-3

**Rhythms** *Rest - Restore*

A David psalm GOD, my shepherd! I don't need a thing. You have bedded me down in lush meadows, you find me quiet pools to drink from. True to your word, you let me catch my breath and send me in the right direction.

MSG Psalm 23:1-3

**Rhythms** *Rest - Restore*

THE LORD is my Shepherd [to feed, guide, and shield me], I shall not lack. He makes me lie down in [fresh, tender] green pastures; He leads me beside the still and restful waters. He refreshes and restores my life (my self); He leads me in the paths of righteousness [uprightness and right standing with Him—not for my earning it, but] for His name's sake.

AMP Psalm 23:1-3

**Rhythms** *Rest - Restore*

Because the Lord is my Shepherd, I have everything I need! He lets me rest in the meadow grass and leads me beside the quiet streams. He gives me new strength. He helps me do what honors him the most.

TLB Psalm 23:1-3

**Rhythms** *Rest - Restore*

The LORD is my shepherd, I shall not want. He makes me lie down in green pastures; He leads me beside quiet waters. He restores my soul; He guides me in the paths of righteousness For His name's sake.

NASB Psalm 23:1-3

**Rhythms** *Rest - Restore*

A psalm of David. The LORD is my shepherd; I have everything I need. He lets me rest in green pastures. He leads me to calm water. He gives me new strength. He leads me on paths that are right for the good of his name.

NCV Psalm 23:1-3



**Journal**

*As You Quiet Yourself Before The Lord*

**What Do You Want To Say To Me Lord?**

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**What Prayers Are You Praying Today?**

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**Prayer Of Blessing**

*(What Prayer Of Blessing Can You Pray For Another?)*

*May you allow the Lord to restore your soul as you rest in His presence.*

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**Prayer To Carry**

*(What Prayer Would You Like To Carry Throughout Your Day?)*

*Lord, I will allow you to restore my soul as I rest in your presence.*

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**What Do You Want To Remember About Today?**

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**A Question To Ask God**

*(What Would You Like To Ask God?)*

*Lord, how do you want to restore my soul as I rest in your presence today?*

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