

These things I have spoken to you, that in Me you may have peace. In the world you will have tribulation; but be of good cheer, I have overcome the world." John 16:33 (NKJV)

Tribulation

This is your warning. I don't want you to be taken by surprise. What is my warning? What don't you want to take me by surprise? **You will go through tribulations in life.** No kidding. That will come as no surprise to me. **Why is that?** I have gone through so many tribulations in life already. Sometimes, it seems like, if I'm not in or just leaving some form of tribulation I'm about to enter a new one. **Yes, this life is full of tribulations. This is a sin filled and sin broken world that you live in. I went through tribulations. You will go through tribulations. I was not exempt from tribulations, neither will you be exempt from tribulations. You can count on them coming your way.** Thanks for the warning. **I have much more than a warning to give you.** What else do you want to give me? **I want to give you hope. I want to give you encouragement. I want you to be filled with good cheer.**

How can I be filled with hope, encouragement and good cheer as I go through tribulations? **I overcame the world. You will overcome the world. In every tribulation, you can rely on me. In every tribulation, you can hold on to me. In every tribulation, you can look to me for help. I will be your strength. I will be with you to help you. I will hold on to you as you hold on to me. I will draw near to you as you draw near to me. Tribulations will cause you to rely on me. Tribulations will deepen your relationship with me. Tribulations will focus all your attention on the hope you have in me, both now and forever. Tribulations will remind you that this world is not your home. Tribulations will cause you to remember that you have a future forever in heaven with me. Will you rely on me in every tribulation? Will you look to me for all the help you will need as you go through tribulations? Will you keep your heart and mind and life focused on me as you go through tribulations? Will you consider all the hope you have in me? Will you take courage? Will you be bold and unafraid of whatever tribulation may come your way, because you know that I am with you to help you? Yes Lord, I will. That will be very good.**

Lord, I am not a fan of going through tribulations. Thank you for being with me through every tribulation. You have been my peace. You have been my hope. You have been my joy. My future is secure with you. You have held on to me as I have held on to you. Amen

Be *Take Heart*
"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."
NIV John 16:33

Be *Take Heart*
I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world."
ESV John 16:33

Be *Take Heart*
I have told you all this so that you may have peace in me. Here on earth you will have many trials and sorrows. But take heart, because I have overcome the world."
NLT John 16:33

Be *Of Good Cheer*
These things I have spoken to you, that in Me you may have peace. In the world you will have tribulation; but be of good cheer, I have overcome the world."
NKJV John 16:33

Be *Take Courage*
I have said this to you, so that in me you may have peace. In the world you face persecution. But take courage; I have conquered the world!"
NRSV John 16:33

Be *Take Heart*
I've told you all this so that trusting me, you will be unshakable and assured, deeply at peace. In this godless world you will continue to experience difficulties. But take heart! I've conquered the world."
MSG John 16:33

Be *Of Good Cheer*
I have told you these things, so that in Me you may have [perfect] peace *and* confidence. In the world you have tribulation *and* trials *and* distress *and* frustration; but be of good cheer [take courage; be confident, certain, undaunted]! For I have overcome the world. [I have deprived it of power to harm you and have conquered it for you.]
AMP John 16:33

Be *Cheer Up*
I have told you all this so that you will have peace of heart and mind. Here on earth you will have many trials and sorrows; but cheer up, for I have overcome the world."
TLB John 16:33

Be *Take Courage*
"These things I have spoken to you, so that in Me you may have peace. In the world you have tribulation, but take courage; I have overcome the world."
NASB John 16:33

Be *Brave*
"I told you these things so that you can have peace in me. In this world you will have trouble, but be brave! I have defeated the world."
NCV John 16:33

Of Good Cheer

Year _____ Week _____ Day _____ Date _____

Be – John 16:33

In Context: *Read John 16*

Begin With Prayer:

Here I am Lord. I Am Listening.

Meditating On God’s Word: ***(What is God speaking to your heart?)***

These things I have spoken to you, that in Me you may have peace. In the world you will have tribulation; but be of good cheer, I have overcome the world." John 16:33 (NKJV)

Considering The Words: ***(What words speak to your heart?)***

These things | I have | spoken | to you, | that | in Me | you may | have peace. | In | the world | you will | have tribulation; | but | be | of | good cheer, | I have | overcome | the world." John 16:33 (NKJV)

Praying The Scripture:

(What prayer from your heart will you write?)

Lord, I am not a fan of going through tribulations. Thank you for being with me through every tribulation. You have been my peace. You have been my hope. You have been my joy. My future is secure with you. You have held on to me as I have held on to you. Amen

What It Means: ***(What questions speak to your heart?)*** *(Suggested questions for small group discussion are in bold)*

Why can you be certain that you will go through tribulations in life?

When have you gone through an extremely difficult tribulation?

Why does being a follower of Jesus Christ not exempt you from going through tribulations in life?

When have you drawn near to Christ and relied on Him to help you through a tribulation?

When have you had peace in Jesus Christ even while you were going through trying tribulations?

When have you held on to the promises in God’s word to help you go through tribulations?

What about your future in Christ gives you peace and good cheer even through tribulations in life?

Living It Out:

(What action step is God guiding your heart to take?)

Cheerfully rely on the peace that you have in Jesus Christ to help you go through tribulations in life.

Seeing It Happen:

(What are you trusting God for in your heart?)

Have faith that you can have peace in Jesus Christ and be of good cheer even through tribulations in life.

Get Ready To Share:

(What can you share with others from your heart?)

Share with another person or your small group how Jesus Christ has given you peace and good cheer in tribulations.

Close With Prayer:

Quiet Yourself Before The Lord

Pause And Offer Prayers Of...

With An Attitude Of Faith Listen To What The Lord Wants To Say To You

Adoration... _____

Thanksgiving... _____

Confession... _____

Intercession... _____

Petition... _____

Journal

As You Quiet Yourself Before The Lord

What Do You Want To Say To Me Lord?

What Prayers Are You Praying Today?

Prayer Of Blessing

(What Prayer Of Blessing Can You Pray For Another?)

May you have peace and be of good cheer because Jesus Christ has overcome the world.

Prayer To Carry

(What Prayer Would You Like To Carry Throughout Your Day?)

Lord, thank you that I can have peace and be of good cheer because you have overcome the world.

What Do You Want To Remember About Today?

A Question To Ask God

(What Would You Like To Ask God?)

Lord, how can I have peace in you and be of good cheer today?
