

So then let us not sleep, as others do, but let us keep awake and be sober.

1 Thessalonians 5:6 (ESV)

Awake

Be completely awake to me. Listen attentively to my word. Make yourself fully available to me. You are describing the kind of life that I want to live with you. I want to walk with you. I want to hear your voice. I want to recognize and see all that you are doing in the world around me. I want every step of my life to be guided by you. I don't want to hold anything back from you. I want to go where you guide me. I want to do what you ask of me. Yes, I will make myself fully available to you. Yes, I will listen attentively to your word. Yes, I will be completely awake to you. I'm here right now to listen to all that you have to say to me. I will keep coming to you each and every day. I will draw near to you. I know that you will draw near to me. **Yes, I will.**

Can I tell you something? **Yes, go right ahead, I'm listening.** I'm impatient. **Do you think that comes as a surprise to me?** No, I'm just stating the obvious. **Tell me about your impatience.** I know that you have given me an overpowering desire to know and love you. I know that you have given me an insatiable hunger for you. I know that you have set me on fire so that I want to shine brightly as a light in the world for you. You don't have to worry about me spiritually sleep walking through life. **No, I'm sure that I won't have to worry about that. You have fully welcomed me into your heart and mind and life.** Yes, I have. But, I am impatient. **What are you impatient about?** You know. **Yes, I do know.** I want all that you want me to have. I want to be all that you want me to be. I want to do all that you want me to do. **You want all of what I have for you right now at this very moment, is that right? You want to be all that I want you to be right now? You want to do all that I have given you to do right now?** I would have thought so until I just heard you ask me those questions. **Have you changed your mind?** Yes, I have changed my mind. **Why is that?** I know that I need to trust your timing. I know that I should not run ahead of you or lag behind you. You want me to keep in step with all that you want to do in me, with me and for me. **Yes, I do. Will you trust me? Will you rely on me? Will you attentively watch and what for all that I will do in and through you for my kingdom and my glory?** Yes Lord, I will keep in step with you. Yes, I rely on you and your timing. **That will be very good.**

Lord, I want to be awake and alert to all you are doing in the world around me. I will be on guard against anything that might cause me to spiritually sleep walk through life. Help me to passionately love, follow and serve you as I eagerly wait for your return. Amen

Let Us *Be Like Others, Who Are Asleep*

So then, let us not be like others, who are asleep, but let us be alert and self-controlled.

NIV 1 Thessalonians 5:6

Let Us *Not Sleep*

So then let us not sleep, as others do, but let us keep awake and be sober.

ESV 1 Thessalonians 5:6

Let Us *Not Sleep*

So be on your guard, not asleep like the others. Stay alert and be clearheaded.

NLT Thessalonians 5:6

Let Us *Not Sleep*

Therefore let us not sleep, as others do, but let us watch and be sober.

NKJV Thessalonians 5:6

Let Us *Not Fall Sleep*

So then let us not fall asleep as others do, but let us keep awake and be sober;

NRSV Thessalonians 5:6

Let Us *Not Sleepwalk*

So let's not sleepwalk through life like those others. Let's keep our eyes open and be smart.

MSG Thessalonians 5:6

Let Us *Not Sleep*

Accordingly then, let us not sleep, as the rest do, but let us keep wide awake (alert, watchful, cautious, and on our guard) and let us be sober (calm, collected, and circumspect).

AMP Thessalonians 5:6

Let Us *Not Asleep*

So be on your guard, not asleep like the others. Watch for his return and stay sober.

TLB Thessalonians 5:6

Let Us *Not Sleep*

so then let us not sleep as others do, but let us be alert and sober.

NASB Thessalonians 5:6

Let Us *Not Be Like Other People Who Are Sleeping*

So we should not be like other people who are sleeping, but we should be alert and have self-control.

NCV Thessalonians 5:6

Not Sleep

Year _____ Week _____ Day _____ Date _____

Let Us – 1 Thessalonians 5:6

In Context: Read 1 Thessalonians 5

Begin With Prayer:

Here I am Lord. I Am Listening.

Meditating On God’s Word: *(What is God speaking to your heart?)*

So then let us not sleep, as others do, but let us keep awake and be sober. 1 Thessalonians 5:6 (ESV)

Considering The Words: *(What words speak to your heart?)*

So then | let us | not sleep, | as others do, | but | let us | keep awake | and | be sober. 1 Thessalonians 5:6 (ESV)

Praying The Scripture:

(What prayer from your heart will you write?)

Lord, I want to be awake and alert to all you are doing in the world around me. I will be on guard against anything that might cause me to spiritually sleep walk through life. Help me to passionately love, follow and serve you as I eagerly wait for your return. Amen

What It Means:

(What questions speak to your heart?) (Suggested questions for small group discussion are in bold)

How are you staying wide awake to what the Holy Spirit is doing in the world around you?

How has the Holy Spirit kept you alert to what He is doing in the world around you?

How is the world largely asleep to who God is, what He has done and is doing in the world?

How are you on guard against anything that might cause you to spiritually sleep walk through life?

How are you exercising self-control as you live expectantly awaiting Christ’s return?

How are you encouraging and building others up as you wait for the Lord to return?

Why will the Lord’s return not surprise you like a thief in the night?

Living It Out:

(What action step is God guiding your heart to take?)

Make every effort to stay wide awake to all that the Lord is doing in the world around you.

Seeing It Happen:

(What are you trusting God for in your heart?)

Have faith that the Lord will help you to stay awake to what He is doing as you wait for His return.

Get Ready To Share:

(What can you share with others from your heart?)

Share with another person or your small group how you are staying awake to the Lord as you follow and serve Him.

Close With Prayer:

Quiet Yourself Before The Lord

Pause And Offer Prayers Of...

With An Attitude Of Faith Listen To What The Lord Wants To Say To You

Adoration... _____

Thanksgiving... _____

Confession... _____

Intercession... _____

Petition... _____

Journal

As You Quiet Yourself Before The Lord

What Do You Want To Say To Me Lord?

What Prayers Are You Praying Today?

Prayer Of Blessing

(What Prayer Of Blessing Can You Pray For Another?)

May you stay wide awake to the Lord and all that He is doing in, with and for you as you follow and serve Him.

Prayer To Carry

(What Prayer Would You Like To Carry Throughout Your Day?)

Lord, I will stay awake to you and all that you are doing in, with and for me as I follow and serve you.

What Do You Want To Remember About Today?

A Question To Ask God

(What Would You Like To Ask God?)

Lord, how I can I stay fully awake to you and all that you are doing in, with and for me?
