

If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you, O you of little faith? Matthew 6:30 (NIV)

Trusting Me

Why do you worry? Why do I worry about what? **You name it, you worry about everything. You worry about the past, you can't change. You worry about the present, you can't control. You worry about the future, you can't predict. You worry about your safety and security. You worry about your duties and responsibilities. You worry about fulfilling my purposes and accomplishing my plans. You worry that you might be overwhelmed. You worry that you might be inadequate. You worry that you might lose control. You worry that you might miss out. Do you want me to go on?** No, I think you could continue all day listing all my worries. **That's right. You even worry that you are worrying too much.** Yes, I do. **Yes, you do what?** Yes, I worry about my worry. Yes, I worry too much. **That's true.**

How can I stop worrying? **Now, that is a good question. There is one thing for certain.** What's that? **You can't stop worrying by deciding to stop worrying.** I know that's true. **Why is that?** I've tried that method many times before, it does not work. What does work? **Do you really want to stop worrying? You need to be certain that you want to stop worrying.** Who doesn't want to stop worrying? **You would be surprised. Many people do not want to stop worrying.** Why is that? **Believe it or not, some people think that they are more in control of a situation if they can worry about it.** They must think that all their worrying will solve whatever is the subject of their worries. **That sounds like the voice of experience.** Unfortunately, it is. But, I am certain that I would like to stop worrying. **Good, that is a great place to start.** How can I move on from that desire to starting to stop worrying? **You must begin to start trusting me. When you are worrying, who are you trusting?** When I am worrying, I am trusting myself. **That's right. As long as you are placing your trust in yourself you will never be able to stop worrying. Do you know why that is?** Trusting myself, means I think that I am in control. **Are you in control?** No, I am not in control. You are in control. **What do I control? What is outside of my control? What can I not accomplish? What can I not do?** Everything is under your control. There is nothing you cannot accomplish. There is nothing you cannot do. **Am I trustworthy? Am I ready and willing and able to help you? Will I hear and answer your prayers? Will I come to your aid? Will I be with you to help you with what you need?** Yes, you are trustworthy. Yes, you are ready, willing and able to hear and answer my prayers. You will come to my aid and help me with what I need. **Will you stop trusting yourself and start trusting me?** Yes Lord, I will. **That will be very good.**

Lord, I have been a constant worrier. I have thought by working harder and worrying more I could meet all my own needs. Forgive me. I know it is your delight to hear my prayers and meet my needs. I will bring them all to you. Amen

Faith *God Clothes*

If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you, O you of little faith?

NIV Matthew 6:30

Faith *God So Clothes*

But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith?

ESV Matthew 6:30

Faith *God Cares So Wonderfully*

And if God cares so wonderfully for wildflowers that are here today and thrown into the fire tomorrow, he will certainly care for you. Why do you have so little faith?

NLT Matthew 6:30

Faith *God So Clothes*

Now if God so clothes the grass of the field, which today is, and tomorrow is thrown into the oven, will He not much more clothe you, O you of little faith?

NKJV Matthew 6:30

Faith *God So Clothes*

But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you—you of little faith?

NRSV Matthew 6:30

Faith *God Gives Such Attention*

"If God gives such attention to the appearance of wildflowers—most of which are never even seen—don't you think he'll attend to you, take pride in you, do his best for you?"

MSG Matthew 6:30

Faith *God So Clothes*

But if God so clothes the grass of the field, which today is alive and green and tomorrow is tossed into the furnace, will He not much more surely clothe you, O you of little faith?

AMP Matthew 6:30

Faith *God Cares So Wonderfully*

And if God cares so wonderfully for flowers that are here today and gone tomorrow, won't he more surely care for you, O men of little faith?

TLB Matthew 6:30

Faith *God So Clothes*

"But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the furnace, will He not much more clothe you? You of little faith!"

NASB Matthew 6:30

Faith *God Clothes*

God clothes the grass in the field, which is alive today but tomorrow is thrown into the fire. So you can be even more sure that God will clothe you. Don't have so little faith!

NCV Matthew 6:30

God Clothes

Year _____ Week _____ Day _____ Date _____

Faith – Matthew 6:30

In Context: Read Matthew 6

Begin With Prayer:

Here I am Lord. I Am Listening.

Meditating On God’s Word: ***(What is God speaking to your heart?)***

If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you, O you of little faith? Matthew 6:30

Considering The Words: ***(What words speak to your heart?)***

If that | is how | God clothes | the grass | of the field, | which is | here today | and tomorrow | is thrown | into the fire, | will he | not | much more | clothe you, | O you | of little | faith? Matthew 6:30

Praying The Scripture:

(What prayer from your heart will you write?)

Lord, I have been a constant worrier. I have thought by working harder and worrying more I could meet all my own needs. Forgive me. I know it is your delight to hear my prayers and meet my needs. I will bring them all to you. Amen

What It Means:

(What questions speak to your heart?) *(Suggested questions for small group discussion are in bold)*

What do you do when you have a need that must be met?

What needs have caused you to work harder and worry more?

What needs do you have that you cannot possibly meet without help from someone else?

When have you been reluctant to ask for help when you have had a need?

How often do you bring your needs to God to ask Him for His help?

When has bringing your need to God and having faith in Him helped release you from worry?

What would you rather do; work harder, worry more or have faith that God will meet your needs?

Living It Out:

(What action step is God guiding your heart to take?)

Instead of foolishly trusting in yourself, wisely start placing all your trust in God.

Seeing It Happen:

(What are you trusting God for in your heart?)

Have faith that the Lord will help you to stop trusting in yourself and start trusting in Him.

Get Ready To Share:

(What can you share with others from your heart?)

Share with another person or your small group a need that you are placing your trust in God.

Close With Prayer:

Quiet Yourself Before The Lord

Pause And Offer Prayers Of...

With An Attitude Of Faith Listen To What The Lord Wants To Say To You

Adoration... _____

Thanksgiving... _____

Confession... _____

Intercession... _____

Petition... _____

Journal

As You Quiet Yourself Before The Lord

What Do You Want To Say To Me Lord?

What Prayers Are You Praying Today?

Prayer Of Blessing

(What Prayer Of Blessing Can You Pray For Another?)

May you stop trusting in yourself and start trusting in God.

Prayer To Carry

(What Prayer Would You Like To Carry Throughout Your Day?)

Lord, I will stop trusting in myself and start trusting in you.

What Do You Want To Remember About Today?

A Question To Ask God

(What Would You Like To Ask God?)

Lord, how can I stop trusting in myself and start trusting in you today?
