

He got up, rebuked the wind and said to the waves, "Quiet! Be still!" Then the wind died down and it was completely calm. He said to his disciples, "Why are you so afraid? Do you still have no faith?" They were terrified and asked each other, "Who is this? Even the wind and the waves obey him!" Mark 4:39-41 (NIV)

Be Still

You are not alone. I have not left you to face storms in life all by yourself. I have seen the look of terror in your eyes as you have gone through worrisome storms. I have heard your fearful thoughts of wonder at how you might survive a fiery trial you are facing. You may have thought you were all alone and on your own. That would be a false thought. That would be a lie. The truth is that I am with you to help you through every trial and storm in life. Do you hear and believe what I am saying to you? Yes, Lord, I believe that you are with me to help me through all the trials and storms of life.

Let's talk some more about the trials and storms of life. I'm listening. **I want you to change the way you look at storms. I want you to think differently about the trials.** How so? **What have you focused on during a trial or storm in life?** Every trial and storm I have faced in life has grabbed my full attention. During trials and storms of life I have thought of nothing else other than how I might endure a trail or weather a storm. I have tried to gather all my resources and strengths and abilities to go through trials and navigate storms. **In other words, you have relied almost exclusively on yourself as you have gone through the trials and storms of life.** Yes, I suppose that's true. **You suppose?** No, I'm sure that I have relied on myself as I have gone through trials and storms in life. **That's right. What has happened to you as you have relied on yourself?** My fear and anxiety has grown as I have tried to endure trials and navigate through storms in life. **Why is that?** I have known that I didn't have enough resources, strengths and abilities to endure my trials or weather my storms. I desperately needed help. I needed your help. **Yes, you did. Have I been with you to help you through the trials and storms of life?** Yes, you have been with me to help me. **Have I calmed your storms? Have I helped you through your trials?** Yes, you have been with me to help me through every storm and trial. **That's right. Can you imagine how I want you to think and act differently in your trails and storms of life?** You want me to trust in you. You want me to rely on you. You want me to have faith in you. **Yes, I do.** You will fill me with your peace as I trust you through the trials. You will grow my faith as I rely on you in the storms of life. **Yes, I will.**

Lord, I know that I will go through storms and trials in life. I already have. I know that more will come my way. Help me to grow in faith and receive all the wisdom and strength I will need to weather every storm with you. Amen

Miracles*Who Is This?*

He got up, rebuked the wind and said to the waves, "Quiet! Be still!" Then the wind died down and it was completely calm. He said to his disciples, "Why are you so afraid? Do you still have no faith?" They were terrified and asked each other, "Who is this? Even the wind and the waves obey him!"

NIV

Mark 4:39-41

Miracles*Who Then Is This*

And he awoke and rebuked the wind and said to the sea, "Peace! Be still!" And the wind ceased, and there was a great calm. He said to them, "Why are you so afraid? Have you still no faith?" And they were filled with great fear and said to one another, "Who then is this, that even the wind and the sea obey him?"

ESV

Mark 4:39-41

Miracles*Who Is This Man?*

When Jesus woke up, he rebuked the wind and said to the water, "Silence! Be still!" Suddenly the wind stopped, and there was a great calm. Then he asked them, "Why are you afraid? Do you still have no faith?" The disciples were absolutely terrified. "Who is this man?" they asked each other. "Even the wind and waves obey him!"

NLT

Mark 4:39-41

Miracles*Who Can This Be*

Then He arose and rebuked the wind, and said to the sea, "Peace, be still!" And the wind ceased and there was a great calm. But He said to them, "Why are you so fearful? How is it that you have no faith?" And they feared exceedingly, and said to one another, "Who can this be, that even the wind and the sea obey Him!"

NKJV

Mark 4:39-41

Miracles*Who Then Is This*

He woke up and rebuked the wind, and said to the sea, "Peace! Be still!" Then the wind ceased, and there was a dead calm. He said to them, "Why are you afraid? Have you still no faith?" And they were filled with great awe and said to one another, "Who then is this, that even the wind and the sea obey him?"

NRSV

Mark 4:39-41

Miracles*Who Is This, Anyway?*

Awake now, he told the wind to pipe down and said to the sea, "Quiet! Settle down!" The wind ran out of breath; the sea became smooth as glass. Jesus reprimanded the disciples: "Why are you such cowards? Don't you have any faith at all?" They were in absolute awe, staggered. "Who is this, anyway?" they asked. "Wind and sea at his beck and call!"

MSG

Mark 4:39-41

Miracles*Who Then Is This?*

And He arose and rebuked the wind and said to the sea, Hush now! Be still (muzzled)! And the wind ceased (sank to rest as if exhausted by its beating) and there was [immediately] a great calm (a perfect peacefulness). He said to them, Why are you so timid and fearful? How is it that you have no faith (no firmly relying trust)? And they were filled with great awe and feared exceedingly and said one to another, Who then is this, that even wind and sea obey Him?

AMP

Mark 4:39-41

Miracles*Who Is This Man*

Then he rebuked the wind and said to the sea, "Quiet down!" And the wind fell, and there was a great calm! And he asked them, "Why were you so fearful? Don't you even yet have confidence in me?" And they were filled with awe and said among themselves, "Who is this man, that even the winds and seas obey him?"

TLB

Mark 4:39-41

Miracles*Who Then Is This?*

And He got up and rebuked the wind and said to the sea, "Hush, be still." And the wind died down and it became perfectly calm. And He said to them, "Why are you afraid? Do you still have no faith?" They became very much afraid and said to one another, "Who then is this, that even the wind and the sea obey Him?"

NASB

Mark 4:39-41

Miracles*Who Is This?*

Jesus stood up and commanded the wind and said to the waves, "Quiet! Be still!" Then the wind stopped, and it became completely calm. Jesus said to his followers, "Why are you afraid? Do you still have no faith?" The followers were very afraid and asked each other, "Who is this? Even the wind and the waves obey him!"

NCV

Mark 4:39-41

Who Is This?

Year _____ Week _____ Day _____ Date _____

Miracles – Mark 4:39-41

In Context: *Read Mark 4*

Begin With Prayer:

Here I am Lord. I Am Listening.

Meditating On God's Word: ***(What is God speaking to your heart?)***

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Considering The Words: ***(What words speak to your heart?)***

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Praying The Scripture:

(What prayer from your heart will you write?)

Lord, I know that I will go through storms and trials in life. I already have. I know that more will come my way. Help me to grow in faith and receive all the wisdom and strength I will need to weather every storm with you. Amen

What It Means:

(What questions speak to your heart?) *(Suggested questions for small group discussion are in bold)*

When have you been in a raging storm or trial in life in which you thought you might drown?

When has your own independence and self-reliance from the Lord brought about storms in your life?

When have you cried out to the Lord to ask Him to help you to weather a storm in life?

How has a storm in life been like a gift that brought you back to relying on the Lord for His help?

When has the Lord strengthened your faith as He has brought you through a storm in life?

What wisdom have you received from the Lord when you have gone through storms and trials in life?

Why will all the storms and trials of life never be able to separate you from the Lord's love for you?

Living It Out:

(What action step is God guiding your heart to take?)

Ask the Lord to strengthen your faith and give you wisdom as you go through storms and trials in life.

Seeing It Happen:

(What are you trusting God for in your heart?)

Have faith that the Lord is with you to help you through all the storms and trials in life.

Get Ready To Share:

(What can you share with others from your heart?)

Share with another person or your small group how your faith in the Lord has grown through storms and trials in life.

Close With Prayer:

Quiet Yourself Before The Lord

Pause And Offer Prayers Of...

With An Attitude Of Faith Listen To What The Lord Wants To Say To You

Adoration... _____

Thanksgiving... _____

Confession... _____

Intercession... _____

Petition... _____

Who Is This?

Mark 4

Year ____ Week ____ Day ____ Date ____

Journal

As You Quiet Yourself Before The Lord

What Do You Want To Say To Me Lord?

What Prayers Are You Praying Today?

Prayer Of Blessing

(What Prayer Of Blessing Can You Pray For Another?)

May your faith in the Lord grow as you rely on Him to help you to weather all the storms and trials of life?

Prayer To Carry

(What Prayer Would You Like To Carry Throughout Your Day?)

Lord, help my faith to grow as I rely on you to help me through all the storms and trials in life.

What Do You Want To Remember About Today?

A Question To Ask God

(What Would You Like To Ask God?)

Lord, how can I grow in faith as I rely on you in the storms and trials of life?
