

*Trust in the LORD with all your heart and lean not on your own understanding; in all your ways acknowledge him, and he will make your paths straight. Do not be wise in your own eyes; fear the LORD and shun evil. This will bring health to your body and nourishment to your bones. Proverbs 3:5-8 (NIV)*

## Opinions

Opinions, opinions, opinions! Everyone has a thought. Everyone has an idea. Everyone has some counsel. Some even have a word. Some give guidance. Some suggest a direction. Where should I turn? Who should I trust? Who can I rely on? **Are you asking me?** You have an opinion? **Is that what you think I have to offer you? An opinion? Will you consider my thoughts and ways as equal to others? Will you listen to every thought, opinion, and idea and then consider mine? What will you do if you don't like what you hear? Will choose another's counsel? Will you accept someone else's guidance?** That doesn't sound too good. **No, it's not.**

I've done that, you know. **You've done what?** I listened to every voice but yours. I've sought a wide range of opinions until I liked what I heard. Then I have chosen that thought, opinion or idea. That has set my course. That has become my direction. I suppose that is a crystal-clear example of my trusting in my own understanding. **Why is that?** Obviously, that puts me in charge. My seeking the thoughts, opinions and ideas of others only seems wise. It's not though. **Why is that?** In the end, I have only listened to what I have wanted to hear. I have trusted in myself. I have simply relied on my own understanding. **That's true.**

**Where will you go and what will you do when you rely on your own understanding?** I will go where I want to go. I will do what I want to do. **How has that worked out for you?** Not well. Not well, at all. **How so?** I have made a thousand mistakes. I have taken a million missteps. **That's all?** Probably not. Only you know the true number. But I will tell you one thing. **What's that?** I have walked a crooked path. I have wasted time. I have spent energy. I have gone where I should not have gone. I have done what I should not have done. I have had to turn around and retrace my steps. I have had to start over. **That sounds exhausting.** It is. It is no way to live. **No, it's not.**

**What do you want to do differently?** I want to come to rely on you. I will set aside my own counsel. I will not lean on my own understanding. I will acknowledge that you are the Lord of my life. You have a purpose. You have a plan. You have a direction. You will give me guidance. I can follow your direction. **Yes, I do. Yes, I can. Yes, I will. Follow me. I will make your path straight.** Yes Lord, I will.

*Lord, I'm weary. I'm worn out. I have exhausted myself by listening to every thought, idea and opinion but yours. I have gone where I should not have gone. I have done what I should not have done. I have walked a crooked path. No more! I will follow you. Amen*

**Heart** *Trust In The Lord*

Trust in the LORD with all your heart and lean not on your own understanding; in all your ways acknowledge him, and he will make your paths straight. Do not be wise in your own eyes; fear the LORD and shun evil. This will bring health to your body and nourishment to your bones.

NIV Proverbs 3:5-8

**Heart** *Trust In The Lord*

Trust in the LORD with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths. Be not wise in your own eyes; fear the LORD, and turn away from evil. It will be healing to your flesh and refreshment to your bones.

ESV Proverbs 3:5-8

**Heart** *Trust In The Lord*

Trust in the LORD with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take. Don't be impressed with your own wisdom. Instead, fear the LORD and turn away from evil. Then you will have healing for your body and strength for your bones.

NLT Proverbs 3:5-8

**Heart** *Trust In The Lord*

Trust in the LORD with all your heart, And lean not on your own understanding; In all your ways acknowledge Him, And He shall direct your paths. Do not be wise in your own eyes; Fear the LORD and depart from evil. It will be health to your flesh, And strength to your bones.

NKJV Proverbs 3:5-8

**Heart** *Trust In The Lord*

Trust in the LORD with all your heart, and do not rely on your own insight. In all your ways acknowledge him, and he will make straight your paths. Do not be wise in your own eyes; fear the LORD, and turn away from evil. It will be a healing for your flesh and a refreshment for your body.

NRSV Proverbs 3:5-8

**Heart** *Trust God*

Trust GOD from the bottom of your heart; don't try to figure out everything on your own. Listen for GOD's voice in everything you do, everywhere you go; he's the one who will keep you on track. Don't assume that you know it all. Run to GOD! Run from evil! Your body will glow with health, your very bones will vibrate with life!

MSG Proverbs 3:5-8

**Heart** *Lean On, Trust In, And Be Confident In The Lord*

Lean on, trust in, and be confident in the Lord with all your heart and mind and do not rely on your own insight or understanding. In all your ways know, recognize, and acknowledge Him, and He will direct and make straight and plain your paths. Be not wise in your own eyes; reverently fear and worship the Lord and turn [entirely] away from evil. It shall be health to your nerves and sinews, and marrow and moistening to your bones.

AMP Proverbs 3:5-8

**Heart** *Trust The Lord*

Trust the Lord completely; don't ever trust yourself. In everything you do, put God first, and he will direct you and crown your efforts with success. Don't be conceited, sure of your own wisdom. Instead, trust and reverence the Lord, and turn your back on evil; when you do that, then you will be given renewed health and vitality.

TLB Proverbs 3:5-8

**Heart** *Trust In The Lord*

Trust in the LORD with all your heart And do not lean on your own understanding. In all your ways acknowledge Him, And He will make your paths straight. Do not be wise in your own eyes; Fear the LORD and turn away from evil. It will be healing to your body And refreshment to your bones.

NASB Proverbs 3:5-8

**Heart** *Trust The Lord*

Trust the LORD with all your heart, and don't depend on your own understanding. Remember the LORD in all you do, and he will give you success. Don't depend on your own wisdom. Respect the LORD and refuse to do wrong. Then your body will be healthy, and your bones will be strong.

NCV Proverbs 3:5-8

# Trust In The Lord

Year \_\_\_\_\_ Week \_\_\_\_\_ Day \_\_\_\_\_ Date \_\_\_\_\_

**Heart** – Proverbs 3:5-8

**In Context:** *Read Proverbs 3*

**Begin With Prayer:**

***Here I am Lord. I Am Listening.***

**Meditating On God's Word:** ***(What is God speaking to your heart?)***

Trust in the LORD with all your heart and lean not on your own understanding; in all your ways acknowledge him, and he will make your paths straight. Do not be wise in your own eyes; fear the LORD and shun evil. This will bring health to your body and nourishment to your bones. Proverbs 3:5-8 (NIV)

**Considering The Words:** ***(What words speak to your heart?)***

Trust in | the LORD | with all | your heart | and | lean not | on | your own | understanding; | in all | your ways | acknowledge him, | and | he will | make | your paths | straight. | Do not | be wise | in your | own eyes; | fear the LORD | and | shun evil. | This will | bring health | to your | body | and | nourishment | to your | bones. Proverbs 3:5-8 (NIV)

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**Praying The Scripture:** ***(What prayer from your heart will you write?)***

Lord, I'm weary. I'm worn out. I have exhausted myself by listening to every thought, idea and opinion but yours. I have gone where I should not have gone. I have done what I should not have done. I have walked a crooked path. No more! I will follow you. Amen

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**What It Means:** ***(What questions speak to your heart?)*** *(Suggested questions for small group discussion are in bold)*

How do you rely on the Lord and trust in Him when you are making decisions in life?

When has the Lord guided you to make a decision that you wouldn't have made on your own?

When have you made the mistake of relying on your own wisdom and understanding rather than on the Lord?

**How do you acknowledge the Lord's leadership over your life by trusting and relying on Him?**

**When has relying on your own understanding led you down a path that was anything but straight?**

How has relying on the Lord and trusting in Him led you along a very good path in life?

**How has relying on the Lord and trusting in Him brought health and nourishment to you?**

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**Living It Out:** ***(What action step is God guiding your heart to take?)***

Trust in the Lord and rely on Him with all your heart so that He can guide and bless your life.

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**Seeing It Happen:** ***(What are you trusting God for in your heart?)***

Have faith that the Lord will lead you along a good path as you trust and rely on Him with all your heart.

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**Get Ready To Share:** ***(What can you share with others from your heart?)***

Share with another person or your small group how you trust and rely on the Lord with all your heart on a daily basis.

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**Close With Prayer:**

*Pause And Offer Prayers Of...*

***Quiet Yourself Before The Lord***

*With An Attitude Of Faith Listen To What The Lord Wants To Say To You*

Adoration... \_\_\_\_\_

Thanksgiving... \_\_\_\_\_

Confession... \_\_\_\_\_

Intercession... \_\_\_\_\_

Petition... \_\_\_\_\_

**Journal**

*As You Quiet Yourself Before The Lord*

**What Do You Want To Say To Me Lord?**

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**What Prayers Are You Praying Today?**

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**Prayer Of Blessing**

*(What Prayer Of Blessing Can You Pray For Another?)*

*May you trust in the Lord and rely on Him with all your heart so that He can guide and bless your life.*

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**Prayer To Carry**

*(What Prayer Would You Like To Carry Throughout Your Day?)*

*Lord, guide my life as I trust in and rely on you with all my heart rather than leaning on my own understanding.*

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**What Do You Want To Remember About Today?**

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**A Question To Ask God**

*(What Would You Like To Ask God?)*

*Lord, how can I rely on you today rather than on my own understanding?*

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