

If we claim to be without sin, we deceive ourselves and the truth is not in us. If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. If we claim we have not sinned, we make him out to be a liar and his word has no place in our lives. 1 John 1:8-10 (NIV)

Claim

It will never be my claim that I am not a sinner. **Why is that?** It is obvious to me and to anyone that knows me that I am a sinner. I don't think that I am unique in this regard. **You are not unique in this regard.** It would be a foolish mistake for me to deny or try to hide my sins from you. **Why is that?** I know that carrying around unconfessed sin will be of no help to me. **How will carrying around unconfessed sin harm you?** If I fail to confess my sins to you I will remain distant from you. I will not feel comfortable drawing near to you. I will not want to meet with you in your word. I will not want to draw near to you in prayer. Unconfessed sin, in my life, will make me want to hide from you. **Yes, it will.** I have no desire to hide from you. I want to know you. I want to live in an intimate relationship with you. **That is very good.**

How will you confess your sins to me? I'm not exactly sure how to answer that question. **Will you vaguely confess that you are a sinner or will you specifically confess your sins to me?** That depends. **What does that depend on?** If I want some vague idea that you have forgiven my sins and cleansed my unrighteousness then I will vaguely confess my sins to you. **Is that what you want?** No, not at all. **Then what will you do when you know that you have sinned?** I will confess my specific sins to you so that I can know that you have forgiven my sins and cleansed my unrighteousness. **That will be very good.**

When will you confess your sins to me? Is any time better than another? **You tell me.** I could confess my sins to you at any time when I become aware of them. **That would be good.** I could also confess my sins to you at the end of each day. I could ask you to show me if there are any sins that I need to become aware of so that I can confess them to you. **That would be every good as well.** With both practices, I would never be carrying around unconfessed sin. **Is that what you want?** Yes, I want to live a life of confessing my sins and receiving your forgiveness and cleansing of my unrighteousness. I don't want anything to hinder my relationship with you. **That will be very good. You have been forgiven, you are forgiven and you will be forgiven of all your sins and cleansed of all your unrighteousness.**

Lord, I will not deny or try to hide my sins from you. What an impossible and worthless effort that would be. No, instead I will come to freely confess all my specific sins to you. Thank you, that you will hear my confession and forgive and cleanse me of all my sins. Amen

Prayer *Confess Our Sins*

If we claim to be without sin, we deceive ourselves and the truth is not in us. If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. If we claim we have not sinned, we make him out to be a liar and his word has no place in our lives.

NIV 1 John 1:8-10

Prayer *Confess Our Sins*

If we claim we have no sin, we are only fooling ourselves and not living in the truth. But if we confess our sins to him, he is faithful and just will forgive us our sins and to cleanse us from all wickedness. If we claim we have not sinned, we are calling God a liar and showing that his word has no place in our hearts.

NLT 1 John 1:8-10

Prayer *Confess Our Sins*

If we say that we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he who is faithful and just will forgive us our sins and cleanse us from all unrighteousness. If we say that we have not sinned, we make him a liar, and his word is not in us.

NRSV 1 John 1:8-10

Prayer *Confess Our Sins*

If we say we have no sin [refusing to admit that we are sinners], we delude and lead ourselves astray, and the Truth [which the Gospel presents] is not in us [does not dwell in our hearts]. If we [freely] admit that we have sinned and confess our sins, He is faithful and just (true to His own nature and promises) and will forgive our sins [dismiss our lawlessness] and [continuously] cleanse us from all unrighteousness [everything not in conformity to His will in purpose, thought, and action]. If we say (claim) we have not sinned, we contradict His Word and make Him out to be false and a liar, and His Word is not in us [the divine message of the Gospel is not in our hearts].

AMP 1 John 1:8-10

Prayer *Confess Our Sins*

If we say that we have no sin, we are deceiving ourselves and the truth is not in us. If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness. If we say that we have not sinned, we make Him a liar and His word is not in us.

NASB 1 John 1:8-10

Prayer *Confess Our Sins*

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. If we say we have not sinned, we make him a liar, and his word is not in us.

ESV 1 John 1:8-10

Prayer *Confess Our Sins*

If we say that we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. If we say that we have not sinned, we make Him a liar, and His word is not in us.

NKJV 1 John 1:8-10

Prayer *Admit Our Sins*

If we claim that we're free of sin, we're only fooling ourselves. A claim like that is errant nonsense. On the other hand, if we admit our sins—make a clean breast of them—he won't let us down; he'll be true to himself. He'll forgive our sins and purge us of all wrongdoing. If we claim that we've never sinned, we out-and-out contradict God—make a liar out of him. A claim like that only shows off our ignorance of God.

MSG 1 John 1:8-10

Prayer *Confess Our Sins*

If we say that we have no sin, we are only fooling ourselves and refusing to accept the truth. But if we confess our sins to him, he can be depended on to forgive us and to cleanse us from every wrong. [And it is perfectly proper for God to do this for us because Christ died to wash away our sins.] If we claim we have not sinned, we are lying and calling God a liar, for he says we have sinned.

TLB 1 John 1:8-10

Prayer *Confess Our Sins*

If we say we have no sin, we are fooling ourselves, and the truth is not in us. But if we confess our sins, he will forgive our sins, because we can trust God to do what is right. He will cleanse us from all the wrongs we have done. If we say we have not sinned, we make God a liar, and we do not accept God's teaching.

NCV 1 John 1:8-10

Confess Our Sins

Day _____ Date _____

Prayer – 1 John 1:8-10

In Context: *Read 1 John 1*

Begin With Prayer:

Here I am Lord. I Am Listening.

Meditating On God's Word: ***(What is God speaking to your heart?)***

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Considering The Words: ***(What words speak to your heart?)***

If | we claim | to be | without sin, | we deceive ourselves | and | the truth | is not | in us. | If | we confess | our sins, | he is | faithful | and | just | and | will forgive us | our sins | and | purify us | from | all unrighteousness. | If | we claim | we have | not sinned, | we make him out | to be | a liar | and | his word | has | no place | in | our lives. 1 John 1:8-10 (NIV)

Praying The Scripture:

(What prayer from your heart will you write?)

Lord, I will not deny or try to hide my sins from you. What an impossible and worthless effort that would be. No, instead I will come to freely confess all my specific sins to you. Thank you, that you will hear my confession and forgive and cleanse me of all my sins. Amen

What It Means: ***(What questions speak to your heart?)*** *(Suggested questions for small group discussion are in bold)*

When have you tried to deny or hide that you had committed a sin?

When has unconfessed sin hampered the closeness of your walk with the Lord?

When has unconfessed sin hindered your desire and ability to pray to the Lord?

How are you making it your regular practice to confess your sins to the Lord?

Why is it better to be specific rather than vague in the sins you confess to the Lord?

Why can you be absolutely certain that the Lord will forgive you of your sins as you confess them to Him?

What freedom have you felt as you have confessed your sins and received His forgiveness and cleansing?

Living It Out:

(What action step is God guiding your heart to take?)

Freely confess your sins and receive forgiveness for them from the Lord.

Seeing It Happen:

(What are you trusting God for in your heart?)

Have faith that you will be forgiven of your sins as you confess them to the Lord.

Get Ready To Share:

(What can you share with others from your heart?)

Share with another person or your small group how you are regularly confessing your sins to the Lord.

Close With Prayer:

Quiet Yourself Before The Lord

Pause And Offer Prayers Of...

With An Attitude Of Faith Listen To What The Lord Wants To Say To You

Adoration... _____

Thanksgiving... _____

Confession... _____

Intercession... _____

Petition... _____

Journal

As You Quiet Yourself Before The Lord

What Do You Want To Say To Me Lord?

What Prayers Are You Praying Today?

Prayer Of Blessing

(What Prayer Of Blessing Can You Pray For Another?)

May you confess all your sins to the Lord so you can receive forgiveness and cleansing from them.

Prayer To Carry

(What Prayer Would You Like To Carry Throughout Your Day?)

Lord, I will confess all my sins to you so I can receive forgiveness and cleansing from them.

What Do You Want To Remember About Today?

A Question To Ask God

(What Would You Like To Ask God?)

Lord, what sins do I need to confess to you so I can receive your forgiveness and cleansing?
