

Trust in the LORD with all your heart and lean not on your own understanding; in all your ways acknowledge him, and he will make your paths straight. Do not be wise in your own eyes; fear the LORD and shun evil. This will bring health to your body and nourishment to your bones. Proverbs 3:5-8 (NIV)

Trust Me

What would my life look like if I was not leaning on my own understanding? What would I be doing differently if I trusted you with all my heart? **How do you know when you are leaning on your own understanding?** When I try to figure everything out by myself that is a clear indication that I am leaning on my own understanding. **What would you do if you decided that you were not going to try to figure everything out by yourself?** I would ask you for help. I would ask for your wisdom. I would rely on your guidance. I would meet with you in prayer and listen more attentively to your voice. **How would it help you to rely on my insight and guidance?** I would not take so many missteps. I would not make so many mistakes. I would not so often go where I should not go or do what I should not do. I would better know your will. I would better walk in your ways. My life would have greater focus and a clearer direction. I would not bounce from one thing to another. I would be more able to bear fruit for your kingdom and bring glory to your name. **Is that what you want?** Yes, in every way I want to live the life that you are calling me to live. **That is very good.**

So, will you meet with me in prayer? Will you ask for my help? Will you ask for my wisdom? Will you seek my guidance? Before you answer my questions, I want you to consider what answering them affirmatively will require of you. I know the answer to that question. **Let me hear your answer.** If I am to rely on you and ask for your help, then I will need to let go of my pride. I must not be wise in my own eyes. I must not think that I have the answer to every question. I must not think that I can solve every problem. I must learn to come to rely on you. I must give myself entirely to listening to you. I must learn to trust in you with all my heart. No longer will I rely on myself. **That will be very good.**

What will happen to you when you trust me with all your heart? I will no longer be in charge. I will allow you to lead my life. I will hear from you as I ask for your help. You will guide me. You will guard me. You will direct me on the path as I follow you. Following you will lead me away from evil. Following you will bring your health and healing and wholeness into my life. No longer, will I live under the anxiety and stress and pressure of trying to rely on myself. I will be able to recognize and acknowledge and give thanks for your activity in my life. **Yes, you will. That will be very good.**

Lord, often I have tried to figure things out on my own. I have relied on my own understanding. I would like all that to change. Instead, I will prayerfully trust in you with all my heart. Help me to recognize and acknowledge your activity in my life so I can follow you. Amen

Prayer*Trust In The Lord*

Trust in the LORD with all your heart and lean not on your own understanding; in all your ways acknowledge him, and he will make your paths straight. Do not be wise in your own eyes; fear the LORD and shun evil. This will bring health to your body and nourishment to your bones.

NIV

Proverbs 3:5-8

Prayer*Trust In The Lord*

Trust in the LORD with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths. Be not wise in your own eyes; fear the LORD, and turn away from evil. It will be healing to your flesh and refreshment to your bones.

ESV

Proverbs 3:5-8

Prayer*Trust In The Lord*

Trust in the LORD with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take. Don't be impressed with your own wisdom. Instead, fear the LORD and turn away from evil. Then you will have healing for your body and strength for your bones.

NLT

Proverbs 3:5-8

Prayer*Trust In The Lord*

Trust in the LORD with all your heart, And lean not on your own understanding; In all your ways acknowledge Him, And He shall direct your paths. Do not be wise in your own eyes; Fear the LORD and depart from evil. It will be health to your flesh, And strength to your bones.

NKJV

Proverbs 3:5-8

Prayer*Trust In The Lord*

Trust in the LORD with all your heart, and do not rely on your own insight. In all your ways acknowledge him, and he will make straight your paths. Do not be wise in your own eyes; fear the LORD, and turn away from evil. It will be a healing for your flesh and a refreshment for your body.

NRSV

Proverbs 3:5-8

Prayer*Trust God*

Trust GOD from the bottom of your heart; don't try to figure out everything on your own. Listen for GOD's voice in everything you do, everywhere you go; he's the one who will keep you on track. Don't assume that you know it all. Run to GOD! Run from evil! Your body will glow with health, your very bones will vibrate with life!

MSG

Proverbs 3:5-8

Prayer*Lean On, Trust In, And Be Confident In The Lord*

Lean on, trust in, and be confident in the Lord with all your heart and mind and do not rely on your own insight or understanding. In all your ways know, recognize, and acknowledge Him, and He will direct and make straight and plain your paths. Be not wise in your own eyes; reverently fear and worship the Lord and turn [entirely] away from evil. It shall be health to your nerves and sinews, and marrow and moistening to your bones.

AMP

Proverbs 3:5-8

Prayer*Trust The Lord*

Trust the Lord completely; don't ever trust yourself. In everything you do, put God first, and he will direct you and crown your efforts with success. Don't be conceited, sure of your own wisdom. Instead, trust and reverence the Lord, and turn your back on evil; when you do that, then you will be given renewed health and vitality.

TLB

Proverbs 3:5-8

Heart*Trust In The Lord*

Trust in the LORD with all your heart And do not lean on your own understanding. In all your ways acknowledge Him, And He will make your paths straight. Do not be wise in your own eyes; Fear the LORD and turn away from evil. It will be healing to your body And refreshment to your bones.

NASB

Proverbs 3:5-8

Heart*Trust The Lord*

Trust the LORD with all your heart, and don't depend on your own understanding. Remember the LORD in all you do, and he will give you success. Don't depend on your own wisdom. Respect the LORD and refuse to do wrong. Then your body will be healthy, and your bones will be strong.

NCV

Proverbs 3:5-8

Trust In The Lord

Day _____ Date _____

Prayer – Proverbs 3:5-8

In Context: *Read Proverbs 3*

Begin With Prayer:

Here I am Lord. I Am Listening.

Meditating On God's Word: ***(What is God speaking to your heart?)***

Trust in the LORD with all your heart and lean not on your own understanding; in all your ways acknowledge him, and he will make your paths straight. Do not be wise in your own eyes; fear the LORD and shun evil. This will bring health to your body and nourishment to your bones. Proverbs 3:5-8 (NIV)

Considering The Words: ***(What words speak to your heart?)***

Trust in | the LORD | with all | your heart | and | lean not | on | your own | understanding; | in all | your ways | acknowledge him, | and | he will | make | your paths | straight. | Do not | be wise | in your | own eyes; | fear the LORD | and | shun evil. | This will | bring health | to your | body | and | nourishment | to your | bones. Proverbs 3:5-8 (NIV)

Praying The Scripture: ***(What prayer from your heart will you write?)***

Lord, often I have tried to figure things out on my own. I have relied on my own understanding. I would like all that to change. Instead, I will prayerfully trust in you with all my heart. Help me to recognize and acknowledge your activity in my life so I can follow you. Amen

What It Means: ***(What questions speak to your heart?)*** *(Suggested questions for small group discussion are in bold)*

When have you tried to figure things out on your own without prayerfully trusting in God?

When has relying on your own understanding led to wrong turns and disappointing mistakes?

How are you recognizing and acknowledging God's activity in your daily life?

How does your prayer life demonstrate that you really are trusting in God with all your heart?

How are you listening attentively for God's voice to guide you through life?

Where has the Lord led you and what has He given you to do as you have prayerfully trusted in Him?

How has prayerfully trusting in God brought His health and healing into your life?

Living It Out: ***(What action step is God guiding your heart to take?)***

Prayerfully trust in the Lord with all your heart so that He can guide the course of your life.

Seeing It Happen: ***(What are you trusting God for in your heart?)***

Have faith that God will guide the course of your life as you prayerfully trust in Him with all your heart.

Get Ready To Share: ***(What can you share with others from your heart?)***

Share with another person or your small group how you are prayerfully trusting in God with all your heart.

Close With Prayer:

Pause And Offer Prayers Of...

Quiet Yourself Before The Lord

With An Attitude Of Faith Listen To What The Lord Wants To Say To You

Adoration... _____

Thanksgiving... _____

Confession... _____

Intercession... _____

Petition... _____

Journal

As You Quiet Yourself Before The Lord

What Do You Want To Say To Me Lord?

What Prayers Are You Praying Today?

Prayer Of Blessing

(What Prayer Of Blessing Can You Pray For Another?)

May you prayerfully trust in the Lord with all your heart so he can guide your life.

Prayer To Carry

(What Prayer Would You Like To Carry Throughout Your Day?)

Lord, I will trust in your with all my heart so you can guide the course of my life.

What Do You Want To Remember About Today?

A Question To Ask God

(What Would You Like To Ask God?)

Lord, how do you want to guide the course of my life as I come to you in prayer?
