

*I am laid low in the dust; preserve my life according to your word. I recounted my ways and you answered me; teach me your decrees. Let me understand the teaching of your precepts; then I will meditate on your wonders. My soul is weary with sorrow; strengthen me according to your word. Keep me from deceitful ways; be gracious to me through your law. I have chosen the way of truth; I have set my heart on your laws. I hold fast to your statutes, O LORD; do not let me be put to shame. I run in the path of your commands, for you have set my heart free. Psalm 119:25-32 (NIV)*

## **Your Word**

**What do you want my word to do in you?** I want you to use your word to accomplish your purposes and fulfill your plans in my life. I want what you want. **Yes, I know that you want what I want. I am also sure that you want me to accomplish my purposes and plans for your life. But I did ask you what you want my word to do in your life. Try to answer that question.** I want your word to change my heart and transform my mind. I want your word to help me to know and do your will. I want your word to guard my life. I want your word to revive, refresh and restore me. I want your word to lift me up and encourage me. I want your word to guide the entire course of my life. I want your word to fill me with joy. I want your word to overflow my life with thanks and praise to you. I want your word to help me to come to know you. I want your word to help me to think your thoughts, speak your word and do your deeds. I want your word to help me to live and walk in an intimate relationship with you. I want your word to help me to hear your voice speaking to me. I want your word to help me to know that I am living my life with and for you. I want your word to help me to bear fruit for your kingdom and bring glory to your name. Most of all, I want your word to give me the most passionate desire to love, follow and serve you. Then as you are using your word to do all these things in, for and through me, I want you to make me to be like you. I want people to be drawn to you because they see your life being lived out, in and through me. These are the things I want your word to do in me. This is my prayer. This is what I am asking of you. **I will hear and answer your prayer.** Thank you, Lord.

*Lord, your word is sweet to me. You preserve and protect my life with your word. Your word has lifted me out of discouragement, weariness and sorrow. Your word has been guiding the course of my life. Thank you for using your word to set my heart free. Amen*

## Becoming Like Christ *Set My Heart Free*

I am laid low in the dust; preserve my life according to your word. I recounted my ways and you answered me; teach me your decrees. Let me understand the teaching of your precepts; then I will meditate on your wonders. My soul is weary with sorrow; strengthen me according to your word. Keep me from deceitful ways; be gracious to me through your law. I have chosen the way of truth; I have set my heart on your laws. I hold fast to your statutes, O LORD; do not let me be put to shame. I run in the path of your commands, for you have set my heart free.

NIV Psalm 119:25-32

## Becoming Like Christ *Expand My Understanding*

I lie in the dust; revive me by your word. I told you my plans, and you answered. Now teach me your decrees. Help me understand the meaning of your commandments, and I will meditate on your wonderful deeds. I weep with sorrow; encourage me by your word. Keep me from lying to myself; give me the privilege of knowing your instructions. I have chosen to be faithful; I have determined to live by your regulations. I cling to your laws. LORD, don't let me be put to shame! I will pursue your commands, for you expand my understanding.

NLT Psalm 119:25-32

## Becoming Like Christ *Enlarge My Understanding*

My soul clings to the dust; revive me according to your word. When I told of my ways, you answered me; teach me your statutes. Make me understand the way of your precepts, and I will meditate on your wondrous works. My soul melts away for sorrow; strengthen me according to your word. Put false ways far from me; and graciously teach me your law. I have chosen the way of faithfulness; I set your ordinances before me. I cling to your decrees, O LORD; let me not be put to shame. I run the way of your commandments, for you enlarge my understanding.

NRSV Psalm 119:25-32

## Becoming Like Christ *Give Me A Heart That Is Willing*

My earthly life cleaves to the dust; revive *and* stimulate me according to Your word! I have declared my ways *and* opened my griefs to You, and You listened to me; teach me Your statutes. Make me understand the way of Your precepts; so shall I meditate on *and* talk of Your wondrous works. My life dissolves *and* weeps itself away for heaviness; raise me up *and* strengthen me according to [the promises of] Your word. Remove from me the way of falsehood *and* unfaithfulness [to You], and graciously impart Your law to me. I have chosen the way of truth *and* faithfulness; Your ordinances have I set before me. I cleave to Your testimonies; O Lord, put me not to shame! I will [not merely walk, but] run the way of Your commandments, when You give me a heart that is willing.

AMP Psalm 119:25-32

## Becoming Like Christ *Enlarge My Heart*

My soul cleaves to the dust; Revive me according to Your word. I have told of my ways, and You have answered me; Teach me Your statutes. Make me understand the way of Your precepts, So I will meditate on Your wonders. My soul weeps because of grief; Strengthen me according to Your word. Remove the false way from me, And graciously grant me Your law. I have chosen the faithful way; I have placed Your ordinances *before me*. I cling to Your testimonies; O LORD, do not put me to shame! I shall run the way of Your commandments, For You will enlarge my heart.

NASB Psalm 119:25-32

## Becoming Like Christ *Enlarge My Heart*

My soul clings to the dust; give me life according to your word! When I told of my ways, you answered me; teach me your statutes! Make me understand the way of your precepts, and I will meditate on your wondrous works. My soul melts away for sorrow; strengthen me according to your word! Put false ways far from me and graciously teach me your law! I have chosen the way of faithfulness; I set your rules before me. I cling to your testimonies, O LORD; let me not be put to shame! I will run in the way of your commandments when you enlarge my heart!

ESV Psalm 119:25-32

## Becoming Like Christ *Enlarge My Heart*

My soul clings to the dust; Revive me according to Your word. I have declared my ways, and You answered me; Teach me Your statutes. Make me understand the way of Your precepts; So shall I meditate on Your wondrous works. My soul melts from heaviness; Strengthen me according to Your word. Remove from me the way of lying, And grant me Your law graciously. I have chosen the way of truth; Your judgments I have laid *before me*. I cling to Your testimonies; O LORD, do not put me to shame! I will run the course of Your commandments, For You shall enlarge my heart.

NKJV Psalm 119:25-32

## Becoming Like Christ *Just Show Me How*

I'm feeling terrible—I couldn't feel worse! Get me on my feet again. You promised, remember? When I told my story, you responded; train me well in your deep wisdom. Help me understand these things inside and out so I can ponder your miracle-wonders. My sad life's dilapidated, a falling-down barn; build me up again by your Word. Barricade the road that goes Nowhere; grace me with your clear revelation. I choose the true road to Somewhere, I post your road signs at every curve and corner. I grasp and cling to whatever you tell me; GOD, don't let me down! I'll run the course you lay out for me if you'll just show me how.

MSG Psalm 119:25-32

## Becoming Like Christ *Help Me To Want Your Will*

I am completely discouraged—I lie in the dust. Revive me by your Word. I told you my plans and you replied. Now give me your instructions. Make me understand what you want; for then I shall see your miracles. I weep with grief; my heart is heavy with sorrow; encourage and cheer me with your words. Keep me far from every wrong; help me, undeserving as I am, to obey your laws, for I have chosen to do right. I cling to your commands and follow them as closely as I can. Lord, don't let me make a mess of things. If you will only help me to want your will, then I will follow your laws even more closely.

TLB Psalm 119:25-32

## Becoming Like Christ *You Have Made Me Happy*

I am about to die. Give me life, as you have promised. I told you about my life, and you answered me. Teach me your demands. Help me understand your orders. Then I will think about your miracles. I am sad and tired. Make me strong again as you have promised. Don't let me be dishonest; have mercy on me by helping me obey your teachings. I have chosen the way of truth; I have obeyed your laws. I hold on to your rules. LORD, do not let me be disgraced. I will quickly obey your commands, because you have made me happy.

NCV Psalm 119:25-32

# Set My Heart Free

Year \_\_\_\_\_ Week \_\_\_\_\_ Day \_\_\_\_\_ Date \_\_\_\_\_

**Becoming Like Christ** – Psalm 119:25-32

**In Context:** *Read Psalm 119*

**Begin With Prayer:**

***Here I am Lord. I Am Listening.***

**Meditating On God's Word:** ***(What is God speaking to your heart?)***

I am laid low in the dust; preserve my life according to your word. I recounted my ways and you answered me; teach me your decrees. Let me understand the teaching of your precepts; then I will meditate on your wonders. My soul is weary with sorrow; strengthen me according to your word. Keep me from deceitful ways; be gracious to me through your law. I have chosen the way of truth; I have set my heart on your laws. I hold fast to your statutes, O LORD; do not let me be put to shame. I run in the path of your commands, for you have set my heart free. Psalm 119:25-32 (NIV)

**Considering The Words:** ***(What words speak to your heart?)***

I am | laid low | in the dust; | preserve my life | according to | your word. | I recounted | my ways | and you | answered me; | teach me | your decrees. | Let me | understand the teaching | of | your precepts; | then | I will meditate | on your wonders. | My soul | is weary | with sorrow; | strengthen me | according to | your word. | Keep me | from deceitful ways; | be gracious | to me | through your law. | I have chosen | the way | of truth; | I have set | my heart | on | your laws. | I hold fast | to your | statutes, | O LORD; | do not | let me be | put to shame. | I run | in the path | of your commands, | for you have | set my heart free. Psalm 119:25-32 (NIV)

**Praying The Scripture:** ***(What prayer from your heart will you write?)***

Lord, your word is sweet to me. You preserve and protect my life with your word. Your word has lifted me out of discouragement, weariness and sorrow. Your word has been guiding the course of my life. Thank you for using your word to set my heart free. Amen

**What It Means:** ***(What questions speak to your heart?)*** *(Suggested questions for small group discussion are in bold)*

When has God's word lifted you up from the dust of discouragement?

How has God used His word to preserve and protect your life?

**How are you making yourself available to be taught by God's word?**

When has God's word delivered you from weariness and sorrow?

**How has God's word helped you to hear and know and live out the truth?**

**How has following God's word guided the entire course of your life?**

How has God's word set your heart free to joyously praise Him?

**Living It Out:** ***(What action step is God guiding your heart to take?)***

Make yourself available to hear and know and live out the truth of God's word.

**Seeing It Happen:** ***(What are you trusting God for in your heart?)***

Have faith that God will powerfully use His word to supply you with what you need from Him.

**Get Ready To Share:** ***(What can you share with others from your heart?)***

Share with another person or your small group how God's word has richly supplied you with what you need.

**Close With Prayer:**

***Quiet Yourself Before The Lord***

*Pause And Offer Prayers Of...*

*With An Attitude Of Faith Listen To What The Lord Wants To Say To You*

Adoration... \_\_\_\_\_

Thanksgiving... \_\_\_\_\_

Confession... \_\_\_\_\_

Intercession... \_\_\_\_\_

Petition... \_\_\_\_\_

**Journal**

*As You Quiet Yourself Before The Lord*

**What Do You Want To Say To Me Lord?**

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**What Prayers Are You Praying Today?**

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**Prayer Of Blessing**

*(What Prayer Of Blessing Can You Pray For Another?)*

*May you allow God's word to set your heart free to love, follow and serve Him.*

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**Prayer To Carry**

*(What Prayer Would You Like To Carry Throughout Your Day?)*

*Lord, use your word to set my heart free to love, follow and serve you.*

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**What Do You Want To Remember About Today?**

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**A Question To Ask God**

*(What Would You Like To Ask God?)*

*Lord, how will you use your word to set my heart free to love, follow and serve you?*

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