

*Search me, O God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting. Psalm 139:23-24 (NIV)*

## **Search Me**

I'm not sure if this is the best or worst time to pray this prayer. **Why is that?** I am so frustrated. I am absolutely churning inside. There is no calm within. **Do you mean to say that you are angry?** Yes, I am angry. **Do you have ample reason to be angry?** **Are you justified in being as angry as you are?** Probably not. **Do you think that I am pleased with your anger?** Certainly not. **Have you let a relatively minor situation get the best of you?** Without, a doubt. **Have you lost all your perspective and allowed yourself to overcome with emotion?** There is no doubt about it. **Guess what.** What? **This is a perfect time to draw near to me. This is an ideal time to ask me to search you to remove any offensive way that is within you.** Why is that? **What is at the surface? What has coming bubbling out of you? What is obvious for both of us to see?** I can see that I am unnecessarily angry. I can see that I have foolishly let something upset me. I have let a minor detail in life cause me to lose all perspective. **That is good.** What is good about that? **It is good that you see these things. It is great that you are confessing them to me. You are not trying to hide anything from me.** No, I am not. **That's very good isn't it?** Yes, I can see that now.

**What would you like me to do for you?** I would like you to forgive me. **You are forgiven.** I would also like you to search me. That is never hard for you, but it is especially easy today. **Yes, it is.** Well, I would like you to remove this anger from me. **What anger?** Yes, I get it. You have already removed this anger from me. **Is there something else that you would like me to do for you?** Yes, I would like you to help me to overcome situations that might be frustrating. I would like you to give me victory over anger. **What do I want you to do?** You want me to be quick to listen, slow to speak and be slow to become angry. **Yes, I do.** That's what I want as well. **Good, I will hear and answer your prayer. I will lead you in my everlasting way. You will live the life that I am calling you to live.** Thank you, Lord.

*Lord, I welcome you to search me. I don't confidently say that thinking you will find no offensive way that is within me. Just the opposite is true; I am sure you will find an offensive way in me that certainly needs to be removed. I welcome your work in me. Amen*





**Journal**

*As You Quiet Yourself Before The Lord*

**What Do You Want To Say To Me Lord?**

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**What Prayers Are You Praying Today?**

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**Prayer Of Blessing**

*(What Prayer Of Blessing Can You Pray For Another?)*

*May you allow the Lord to search you and remove any offensive way in you.*

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**Prayer To Carry**

*(What Prayer Would You Like To Carry Throughout Your Day?)*

*Lord, search me and remove any offensive way that is in me.*

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**What Do You Want To Remember About Today?**

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**A Question To Ask God**

*(What Would You Like To Ask God?)*

*Lord, what offensive way do you want to remove from me today?*

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