

"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."

Matthew 11:28-30 (NIV)

Easy Yoke, Light Burden

Here I am. I have withdrawn from the busyness of life. Yes, I am weary and worn out. I need the rest that only you can give. I need you to revive, refresh and restore my life. But I need and want far more from you. **What do you want from me?** I will simply say that I want all that you have in mind to give me. I want to receive all that you have for me. **Would you like to be more specific?** Yes, I would. I want you to mold and shape my life. I want you to change my heart and transform my mind. I want you to guide my life. I want to live the kind of life you lived. I want to follow in your steps. I want to go where you went. I want to do what you did. **It sounds to me like you want me to make you to be exactly like me. Is that true?** Yes, that is the utmost desire of my heart. That is the goal of my life. That is the pursuit of all my endeavors. I want to become like you. I want to think your thoughts. I want to speak your words. I want to take your actions. **You are making a very good request from me.**

What must you do if you want to become like me? I must come to you. I must rest and remain in your presence. I must make myself fully available to you. I must seek you with all my heart and mind and soul and strength. Then I will come to know and love you. Then you will make me to be like you. I will be changed as I remain in your presence. **Yes, you will. What else will you be able to do as you remain in my presence and I make you to be like me?** I will be able to carry your easy yoke and light burden **Yes, you will. Why will you be able to carry my light yoke and easy burden?** I will be able to carry your light yoke and easy burden because doing so will be the desire of my heart. I will do what I want to do because I will have come to love you with all my heart and mind and soul and strength. I will be living the life I have always wanted to live. **Which is?** To do what is good and right and pleasing in your eyes. **That is very good.**

Lord, I know that your yoke is not easy, and burden is not light if I try to carry it with my own strength. But you will make me more like you as I come daily to rest in your presence. Then you will make your yoke easy and your burden light for me to carry. Amen

Becoming Like Christ *Come To Me*

"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."

NIV Matthew 11:28-30

Becoming Like Christ *Come To Me*

Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

ESV Matthew 11:28-30

Becoming Like Christ *Come To Me*

Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. For my yoke is easy to bear, and the burden I give you is light."

NLT Matthew 11:28-30

Becoming Like Christ *Come To Me*

Come to Me, all you who labor and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy and My burden is light."

NKJV Matthew 11:28-30

Becoming Like Christ *Come To Me*

"Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

NRSV Matthew 11:28-30

Becoming Like Christ *Come To Me*

"Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly."

MSG Matthew 11:28-30

Becoming Like Christ *Come To Me*

Come to Me, all you who labor and are heavy-laden and overburdened, and I will cause you to rest. [I will ease and relieve and refresh your souls.] Take My yoke upon you and learn of Me, for I am gentle (meek) and humble (lowly) in heart, and you will find rest (relief and ease and refreshment and recreation and blessed quiet) for your souls. For My yoke is wholesome (useful, good—not harsh, hard, sharp, or pressing, but comfortable, gracious, and pleasant), and My burden is light and easy to be borne.

AMP Matthew 11:28-30

Becoming Like Christ *Come To Me*

Come to me and I will give you rest—all of you who work so hard beneath a heavy yoke. Wear my yoke—for it fits perfectly—and let me teach you; for I am gentle and humble, and you shall find rest for your souls; "for I give you only light burdens."

TLB Matthew 11:28-30

Becoming Like Christ *Come To Me*

"Come to Me, all who are weary and heavy-laden, and I will give you rest. "Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and YOU WILL FIND REST FOR YOUR SOULS. "For My yoke is easy and My burden is light."

NASB Matthew 11:28-30

Becoming Like Christ *Come To Me*

"Come to me, all of you who are tired and have heavy loads, and I will give you rest. Accept my teachings and learn from me, because I am gentle and humble in spirit, and you will find rest for your lives. The teaching that I ask you to accept is easy; the load I give you to carry is light."

NCV Matthew 11:28-30

Come To Me

Year _____ Week _____ Day _____ Date _____

Becoming Like Christ – Matthew 11:28-30

In Context: *Read Matthew 11*

Begin With Prayer:

Here I am Lord. I Am Listening.

Meditating On God’s Word: ***(What is God speaking to your heart?)***

"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light." Matthew 11:28-30 (NIV)

Considering The Words: ***(What words speak to your heart?)***

"Come to me, | all you | who are weary | and | burdened, | and | I will | give you rest. | Take my yoke | upon you | and | learn from me, | for | I am gentle | and | humble in heart, | and | you will find | rest for | your souls. | For my yoke | is easy | and | my burden | is light." Matthew 11:28-30 (NIV)

Praying The Scripture:

(What prayer from your heart will you write?)

Lord, I know that your yoke is not easy, and burden is not light if I try to carry it with my own strength. But you will make me more like you as I come daily to rest in your presence. Then you will make your yoke easy and your burden light for me to carry. Amen

What It Means:

(What questions speak to your heart?) *(Suggested questions for small group discussion are in bold)*

When have your burdens and weariness caused you to withdraw from the world to rest in Christ’s presence?

How has Christ revived, refreshed and restored your life as you have remained in His presence?

How are you making it your daily pattern to come to Christ to rest in His presence?

What has the Lord been teaching you have you have sat quietly to listen to Him?

How has Christ been daily making you more like Him as you have remained in His presence?

Why will Christ’s yoke not be easy, and burden not be light if you try to carry it with your own power?

How has Christ daily making you more like Him made His yoke easy and His burden light to carry?

Living It Out:

(What action step is God guiding your heart to take?)

Come to Christ and remain in His presence so that He can make you more like Him; able to carry His yoke and burden.

Seeing It Happen:

(What are you trusting God for in your heart?)

Have faith that as you rest in Christ’s presence, He will make you to be more like Him; able to carry His yoke and burden.

Get Ready To Share:

(What can you share with others from your heart?)

Share with another person or your small group how you are daily allowing Christ to make you to be more like Him.

Close With Prayer:

Quiet Yourself Before The Lord

Pause And Offer Prayers Of...

With An Attitude Of Faith Listen To What The Lord Wants To Say To You

Adoration... _____

Thanksgiving... _____

Confession... _____

Intercession... _____

Petition... _____

Journal

As You Quiet Yourself Before The Lord

What Do You Want To Say To Me Lord?

What Prayers Are You Praying Today?

Prayer Of Blessing

(What Prayer Of Blessing Can You Pray For Another?)

May you come to Christ and rest in His presence so He can make you to be like Him; able to carry His burden.

Prayer To Carry

(What Prayer Would You Like To Carry Throughout Your Day?)

Lord, I will come to rest in your presence and allow you can to make me like you; able to carry your burden.

What Do You Want To Remember About Today?

A Question To Ask God

(What Would You Like To Ask God?)

Lord, how will you make me like you today so I will be able to carry your easy yoke and light burden?
