

He gives power to the weak, And to those who have no might He increases strength. Even the youths shall faint and be weary, And the young men shall utterly fall, But those who wait on the LORD Shall renew their strength; They shall mount up with wings like eagles, They shall run and not be weary, They shall walk and not faint. Isaiah 40:29-31 (NKJV)

Power

That is what I want. **What do you want?** I want power. I am weary, worn out and tired of operating under my own power. I probably should not use the word power at all when I am referring to myself. **Why is that?** I am weak. I have very little, if any power. **That is good to admit.** Why is that? **You tell me.** You think I can answer that question? **I know that you can answer that question. You have quite a bit of experience with powerlessness.** Yes, I do, I'm sad to say. **There is nothing to be sad about in regard to knowing that you are powerless. So, now tell me why it is a good thing to know and admit that you lack power.** If I think that I am strong, I am only pridefully and foolishly ignoring the obvious. If I think that I am strong, I am operating under a delusion. If I persist in trying to operate under my own power and strength, there are only a few possible results. **Like what?** I will accomplish very little with my own power and strength. I will live a self-reliant, pride-filled unproductive life. **How do you know this to be true?** Your word says that, apart from you I can do nothing. My experience has also confirmed the truth of your word. I think your word and my life experience have abundantly established the fact that apart from you I can do nothing. **That's true. Anything else?** Yes, if I continue to operate in my own strength I will weary and wear myself out in the process of accomplishing nothing. **None of these are good results.** No, they are not.

Why do you want my power? I want to be able to go and do what you ask of me. I want to be able to accomplish your purposes and fulfill your plans. I want to bear fruit for your kingdom and bring glory to your name. **Those are all very good motives.**

What must you do if you want my power? I must come to trust and rely on you. I must wait on you. I must come to rest in your presence. I must live in an intimate relationship with you. I must ask you for your help. **Will I give you my help? Will I answer your prayer?** Yes, certainly. You will renew my strength. You will give me your power. You will make me able to do whatever you ask of me. **Will you trust and rely on me? Will you wait on me? Will you rest in my presence? Will you live in an intimate relationship with me? Will you ask for my help?** Yes, I will. **Then you have all that you need from me.** Thank you, Lord.

Lord, I have pridefully relied on my own strength. I have run myself weary. No more. I will make it my daily practice to wait on you. I will come to rest in your presence. I know you will renew my strength. I know you will give me power to accomplish your will. Amen

Journal

As You Quiet Yourself Before The Lord

What Do You Want To Say To Me Lord?

What Prayers Are You Praying Today?

Prayer Of Blessing

(What Prayer Of Blessing Can You Pray For Another?)

May you wait on the Lord so He can renew your strength.

Prayer To Carry

(What Prayer Would You Like To Carry Throughout Your Day?)

Lord, I will wait on you so you can renew my strength.

What Do You Want To Remember About Today?

A Question To Ask God

(What Would You Like To Ask God?)

Lord, how will you renew my strength as I wait on you today?
