

For I am the LORD, your God, who takes hold of your right hand and says to you, Do not fear; I will help you. Isaiah 41:13 (NIV)

Hold On

Hold on to me. I am holding on to you. Yes, you will go through twists and turns and ups and downs in life. You live in a sin broken world. I went through pain and suffering and difficulty. You will go through pain and suffering and difficulty. I will be with you to help you. You can rely on me. For that I am thankful beyond measure. **That is very good.**

It is important that you know one thing and do one thing. Can you guess what that would be? Yes, I don't need to guess. **Why is that?** You have already told me. **What have I told you?** You have told me that you are with me. You will help me. You will hold on to me. I must never forget that. **That's right. What must you do?** I must hold on to you. I must draw near to you. I must come to rely on you. I must place all my faith and hope and trust in you. You will hold on to me. You will bring me through every difficulty. **Yes, I will. You can count on me.**

There is something that I have learned as I have looked back over my life. **What's that?** I have more clearly seen how you have been with me to help me. I have been able to recognize how you have held on to me. I have come to understand how you have brought me through all the twists and turns and ups and downs of life. **That is very good.**

There is something else I have learned as you have brought me through difficulties in life. **What's that?** Our relationship has grown more intimate as you have held on to me and I have held on to you. **That's true.** I know without a doubt and without hesitation that I wouldn't trade a pain free, smooth sailing life for the intimacy that we have between us because I have learned to hold on to you as you have held on to me. I have come to know you more intimately as I have cried out to you for help. I have come to walk more closely with you as you have helped me through every difficulty in life. **Yes, you have. That is very good.** Yes, it is and for that I am also thankful beyond measure. I will trust you. I will rely on you. I will place all my faith in you. You will be with me to help me. **Yes, I will.** Thank you. Lord.

Lord, I have gone through many twists and turns and ups and downs in life. I have been in fearful situations. You have never left me alone. You have been with me to help. Thank you for taking me by the right hand and leading me through every difficulty in life. Amen

Becoming Like Christ *Do Not Fear*

For I am the LORD, your God, who takes hold of your right hand and says to you, Do not fear; I will help you.

NIV Isaiah 41:13

Becoming Like Christ *Fear Not*

For I, the LORD your God, hold your right hand; it is I who say to you, "Fear not, I am the one who helps you."

ESV Isaiah 41:13

Becoming Like Christ *Don't Be Afraid*

For I hold you by your right hand—I, the LORD your God. And I say to you, 'Don't be afraid. I am here to help you.'

NLT Isaiah 41:13

Becoming Like Christ *Fear Not*

For I, the LORD your God, will hold your right hand, Saying to you, 'Fear not, I will help you.'

NKJV Isaiah 41:13

Becoming Like Christ *Do Not Fear*

For I, the LORD your God, hold your right hand; it is I who say to you, "Do not fear, I will help you."

NRSV Isaiah 41:13

Becoming Like Christ *Don't Panic*

That's right. Because I, your GOD, have a firm grip on you and I'm not letting go. I'm telling you, 'Don't panic. I'm right here to help you.'

MSG Isaiah 41:13

Becoming Like Christ *Fear Not*

For I the Lord your God hold your right hand; I am the Lord, Who says to you, Fear not; I will help you!

AMP Isaiah 41:13

Becoming Like Christ *Don't Be Afraid*

I am holding you by your right hand—I, the Lord your God—and I say to you, Don't be afraid; I am here to help you.

TLB Isaiah 41:13

Becoming Like Christ *Do Not Fear*

"For I am the LORD your God, who upholds your right hand, Who says to you, 'Do not fear, I will help you.'

NASB Isaiah 41:13

Becoming Like Christ *Don't Be Afraid*

I am the LORD your God, who holds your right hand, and I tell you, 'Don't be afraid. I will help you.'

NCV Isaiah 41:13

Do Not Fear

Year _____ Week _____ Day _____ Date _____

Becoming Like Christ – Isaiah 41:13

In Context: *Read Isaiah 41*

Begin With Prayer:

Here I am Lord. I Am Listening.

Meditating On God's Word: ***(What is God speaking to your heart?)***

For I am the LORD, your God, who takes hold of your right hand and says to you, Do not fear; I will help you. Isaiah 41:13 (NIV)

Considering The Words: ***(What words speak to your heart?)***

For I am | the LORD, | your God, | who takes hold | of your right hand | and says | to you, | Do not fear; | I will | help you. Isaiah 41:13 (NIV)

Praying The Scripture:

(What prayer from your heart will you write?)

Lord, I have gone through many twists and turns and ups and downs in life. I have been in fearful situations. You have never left me alone. You have been with me to help. Thank you for taking me by the right hand and leading me through every difficulty in life. Amen

What It Means:

(What questions speak to your heart?) *(Suggested questions for small group discussion are in bold)*

Why should you not be surprised that you will go through fearful situations in life?

When have you known without a doubt that the Lord was holding on to you as you went through fearful situations?

How has knowing that the Lord is holding on to you helped you to overcome fear?

When have you drawn near to the Lord and asked for His help as you have gone through fearful situations?

How has the Lord come to your aid and helped you go through something fearful?

How has looking back over your life helped you to more clearly see how the Lord has helped you?

How has your relationship with the Lord grown intimate as you have walked through difficulties with Him?

Living It Out:

(What action step is God guiding your heart to take?)

Hold on to the Lord as He holds on to you through all the twists and turns and ups and downs of life.

Seeing It Happen:

(What are you trusting God for in your heart?)

Have faith that the Lord will take you by the hand and hold on to you.

Get Ready To Share:

(What can you share with others from your heart?)

Share with another person or your small group how the Lord has held on to you throughout life.

Close With Prayer:

Quiet Yourself Before The Lord

Pause And Offer Prayers Of...

With An Attitude Of Faith Listen To What The Lord Wants To Say To You

Adoration... _____

Thanksgiving... _____

Confession... _____

Intercession... _____

Petition... _____

Journal

As You Quiet Yourself Before The Lord

What Do You Want To Say To Me Lord?

What Prayers Are You Praying Today?

Prayer Of Blessing

(What Prayer Of Blessing Can You Pray For Another?)

May you hold on to the Lord as He holds on to you.

Prayer To Carry

(What Prayer Would You Like To Carry Throughout Your Day?)

Lord, I will hold on to you as you hold on to me.

What Do You Want To Remember About Today?

A Question To Ask God

(What Would You Like To Ask God?)

Lord, how can I hold on to you as you hold on to me today?
