

O LORD, you have searched me and you know me. You know when I sit and when I rise; you perceive my thoughts from afar. You discern my going out and my lying down; you are familiar with all my ways. Before a word is on my tongue you know it completely, O LORD. You hem me in--behind and before; you have laid your hand upon me. Such knowledge is too wonderful for me, too lofty for me to attain. Psalm 139:1-6 (NIV)

You Know Me

I can hardly believe it. It is so fantastic that it is almost beyond belief. Yet, I know without a doubt that it is true. Nothing could be better news!!! **What can you hardly believe? What is so fantastic? What do you know without a doubt? What news could not be better?** Obviously, you know exactly what I am talking about. **Yes, I do. That does not mean I won't take great delight in hearing the thoughts that are in your heart and on your mind.** Well, if I can bring you delight that is exactly what I would like to do with all that is within me. So, here are the thoughts that are in my heart and on my mind. You know me. You don't know me just a little bit. You know me intimately. You know my thoughts before I think them. You know my words before I speak them. You know my actions before I take them. You know me better than I know myself. Nothing about my thoughts or words or actions is hidden from you. You know everything about my life from before it began and right up until it's final day on this earth. You have been with me on each and every day. You have seen my setbacks and sins. You have seen my discouragement and defeats. You have seen my successes and triumphs. You have been with me through every twist and turn and up and down of my life. You have never left me. You have lifted me up when I have fallen. You have comforted me when I have been broken. You have held on to me as I have held on to you. Most importantly, you have drawn me back whenever I have wandered away from you. You have turned my life around. You have rescued me from a life without you. You have forgiven my sins and cleansed my unrighteousness. Your hand has been on me. You have been guiding and guarding and blessing my life. You have secured a place for me in heaven. One day I will come to live forever with you. You have done all of these things for me in spite of the fact that you know everything about me. I am so unworthy. I am so undeserving. I am so thankful. I am so grateful. You are so good to me. I love you with all my heart and mind and soul and strength! I love you with all that is within me! You are my Savior and Lord! **Yes, I have done all these things for you. Yes, I am your Savior and Lord. Yes, I take great delight in you. You are my child. My hand is on you. My favor rests on you. I know you intimately and I love you deeply.** Thank you, Heavenly Father.

Heavenly Father, you know my thoughts before I think them, words before I speak them and actions before I take them. Thank you for knowing, loving and caring for me. Thank you for guarding, guiding and blessing my life. I am thankful your hand is on me. Amen

Becoming Like Christ *You Know Me*

O LORD, you have searched me and you know me. You know when I sit and when I rise; you perceive my thoughts from afar. You discern my going out and my lying down; you are familiar with all my ways. Before a word is on my tongue you know it completely, O LORD. You hem me in—behind and before; you have laid your hand upon me. Such knowledge is too wonderful for me, too lofty for me to attain.

NIV Psalm 139:1-6

Becoming Like Christ *You Know Me*

O LORD, you have searched me and known me! You know when I sit down and when I rise up; you discern my thoughts from afar. You search out my path and my lying down and are acquainted with all my ways. Even before a word is on my tongue, behold, O LORD, you know it altogether. You hem me in, behind and before, and lay your hand upon me. Such knowledge is too wonderful for me; it is high; I cannot attain it.

ESV Psalm 139:1-6

Becoming Like Christ *You Know Me*

O LORD, you have examined my heart and know everything about me. You know when I sit down or stand up. You know my thoughts even when I'm far away. You see me when I travel and when I rest at home. You know everything I do. You know what I am going to say even before I say it, LORD. You go before me and follow me. You place your hand of blessing on my head. Such knowledge is too wonderful for me, too great for me to understand!

NLT Psalm 139:1-6

Becoming Like Christ *You Know Me*

For the Chief Musician. A Psalm of David. O LORD, You have searched me and known me. You know my sitting down and my rising up; You understand my thought afar off. You comprehend my path and my lying down, And are acquainted with all my ways. For there is not a word on my tongue, But behold, O LORD, You know it altogether. You have hedged me behind and before, And laid Your hand upon me. Such knowledge is too wonderful for me; It is high, I cannot attain it.

NKJV Psalm 139:1-6

Becoming Like Christ *You Know Me*

O LORD, you have searched me and known me. You know when I sit down and when I rise up; you discern my thoughts from far away. You search out my path and my lying down, and are acquainted with all my ways. Even before a word is on my tongue, O LORD, you know it completely. You hem me in, behind and before, and lay your hand upon me. Such knowledge is too wonderful for me; it is so high that I cannot attain it.

NRSV Psalm 139:1-6

Becoming Like Christ *You Know Me*

A David psalm GOD, investigate my life; get all the facts firsthand. I'm an open book to you; even from a distance, you know what I'm thinking. You know when I leave and when I get back; I'm never out of your sight. You know everything I'm going to say before I start the first sentence. I look behind me and you're there, then up ahead and you're there, too— your reassuring presence, coming and going. This is too much, too wonderful—I can't take it all in!

MSG Psalm 139:1-6

Becoming Like Christ *You Know Me*

O LORD, you have searched me [thoroughly] and have known me. You know my downsit[ing] and my upris[ing]; You understand my thought afar off. You sift and search out my path and my lying down, and You are acquainted with all my ways. For there is not a word in my tongue [still unuttered], but, behold, O Lord, You know it altogether. You have beset me and shut me in— behind and before, and You have laid Your hand upon me. Your [infinite] knowledge is too wonderful for me; it is high above me, I cannot reach it.

AMP Psalm 139:1-6

Becoming Like Christ *You Know Me*

O Lord, you have examined my heart and know everything about me. You know when I sit or stand. When far away you know my every thought. You chart the path ahead of me and tell me where to stop and rest. Every moment you know where I am. You know what I am going to say before I even say it. You both precede and follow me and place your hand of blessing on my head. This is too glorious, too wonderful to believe!

TLB Psalm 139:1-6

Becoming Like Christ *You Know Me*

O LORD, You have searched me and known me. You know when I sit down and when I rise up; You understand my thought from afar. You scrutinize my path and my lying down, And are intimately acquainted with all my ways. Even before there is a word on my tongue, Behold, O LORD, You know it all. You have enclosed me behind and before, And laid Your hand upon me. Such knowledge is too wonderful for me; it is too high, I cannot attain to it.

NASB Psalm 139:1-6

Becoming Like Christ *You Know Me*

For the director of music. A psalm of David. LORD, you have examined me and know all about me. You know when I sit down and when I get up. You know my thoughts before I think them. You know where I go and where I lie down. You know thoroughly everything I do. LORD, even before I say a word, you already know it. You are all around me—in front and in back— and have put your hand on me. Your knowledge is amazing to me; it is more than I can understand.

NCV Psalm 139:1-6

You Know Me

Year _____ Week _____ Day _____ Date _____

Becoming Like Christ – Psalm 139:1-6

In Context: *Read Psalm 139*

Begin With Prayer:

Here I am Lord. I Am Listening.

Meditating On God's Word: ***(What is God speaking to your heart?)***

O LORD, you have searched me and you know me. You know when I sit and when I rise; you perceive my thoughts from afar. You discern my going out and my lying down; you are familiar with all my ways. Before a word is on my tongue you know it completely, O LORD. You hem me in--behind and before; you have laid your hand upon me. Such knowledge is too wonderful for me, too lofty for me to attain. Psalm 139:1-6 (NIV)

Considering The Words: ***(What words speak to your heart?)***

O LORD, | you have searched me | and | you know me. | You know when | I sit | and when | I rise; | you perceive | my thoughts | from afar. | You discern | my going out | and | my lying down; | you are familiar | with all | my ways. | Before a word | is on | my tongue | you know it completely, | O LORD. | You hem me in | --behind and before; | you have | laid your hand | upon me. | Such knowledge | is too wonderful | for me, | too lofty | for me | to attain. Psalm 139:1-6 (NIV)

Praying The Scripture: ***(What prayer from your heart will you write?)***

Heavenly Father, you know my thoughts before I think them, words before I speak them and actions before I take them. Thank you for knowing, loving and caring for me. Thank you for guarding, guiding and blessing my life. I am thankful your hand is on me. Amen

What It Means: ***(What questions speak to your heart?)*** *(Suggested questions for small group discussion are in bold)*

How well and when does your Heavenly Father know the thoughts you think?

How well and when does your Heavenly Father know the words you speak?

How well and when does your Heavenly Father know the actions you take?

What is motivating your Heavenly Father's desire to intimately know everything about you?

How does your Heavenly Father's knowledge of you make Him qualified to love and care for you?

How does your Heavenly Father's knowledge of you make Him qualified to guard, guide and bless your life?

How thankful are that your Heavenly Father intimately knows and loves and cares for you as His child?

Living It Out: ***(What action step is God guiding your heart to take?)***

Allow your Heavenly Father to love and care for you as He guards and guides and blesses your course through life.

Seeing It Happen: ***(What are you trusting God for in your heart?)***

Have faith that your Heavenly Father knows you intimately and loves you deeply.

Get Ready To Share: ***(What can you share with others from your heart?)***

Share with another person or your small group how your Heavenly Father's love for you has blessed your life.

Close With Prayer:

Quiet Yourself Before The Lord

Pause And Offer Prayers Of...

With An Attitude Of Faith Listen To What The Lord Wants To Say To You

Adoration... _____

Thanksgiving... _____

Confession... _____

Intercession... _____

Petition... _____

Journal

As You Quiet Yourself Before The Lord

What Do You Want To Say To Me Lord?

What Prayers Are You Praying Today?

Prayer Of Blessing

(What Prayer Of Blessing Can You Pray For Another?)

May you give thanks to God for His knowing and loving and caring for you.

Prayer To Carry

(What Prayer Would You Like To Carry Throughout Your Day?)

Heavenly Father, thank you for knowing and loving and caring for me.

What Do You Want To Remember About Today?

A Question To Ask God

(What Would You Like To Ask God?)

Heavenly Father, how can I thank and praise you today for the way you know and love and care for me?
