

He who dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the LORD, "He is my refuge and my fortress, my God, in whom I trust." Surely he will save you from the fowler's snare and from the deadly pestilence. He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart. You will not fear the terror of night, nor the arrow that flies by day, nor the pestilence that stalks in the darkness, nor the plague that destroys at midday.
Psalm 91:1-6 (NIV)

Dwell

That is what I want to do. That is what I will do. **What do you want to do? What will you do?** I will dwell in your presence. **Why will you dwell in my presence?** I will dwell in your presence because you are my Savior and Lord. I will dwell in your presence because I love you with all my heart and mind and soul and strength. I will dwell in your presence because I want to live and walk through life with you. I want to know you intimately. I want to live a life that is good and right and pleasing to you. **That will be very good.**

What will happen to you as you dwell in my presence? As I dwell in your presence, I will know you and have faith to declare that you are my refuge and fortress. You are my hope and deliverer. In you, I can confidently place all my trust. **That conviction is yours because you have come to know me as you have dwelt in my presence.** Yes, that is true without a doubt.

What has dwelling in my presence also done for you? As I have dwelt in your presence you have changed my heart and transformed my mind. I have wanted to know and do your will. As I have dwelt in your presence, you have guided the course of my life. You have led me to where you wanted me to go. You have given me what you wanted me to do. Living the life, you have called me to live has been like a shield all around me. Following you has led me away from dangerous traps and hidden hazards. You have been my place of protection. You have been my shelter in the midst of storms. I have been able to hold on to you. I know that you have been holding on to me. Has the road always been easy? No. Have there been bumps and bruises along the way? Yes. Do I know that no matter what life throws at me, my eternal future, is secure and being kept and guarded by you? Yes, I do. And that has made all the difference. I know that my life now and forever is in your hands. In that, I have all the peace and hope and comfort and joy that I need. **That is very good.** Yes, it is. Thank you, Lord.

Lord, you are my refuge and fortress. You are my hope and deliverer. Thank you that I can dwell in your presence and have peace and rest in even the most troubling of times. You will help me. You will bring me through. I will hold on to you as you hold on to me. Amen

Becoming Like Christ *My Refuge And My Fortress*

He who dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the LORD, "He is my refuge and my fortress, my God, in whom I trust." Surely he will save you from the fowler's snare and from the deadly pestilence. He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart. You will not fear the terror of night, nor the arrow that flies by day, nor the pestilence that stalks in the darkness, nor the plague that destroys at midday.

NIV

Psalm 91:1-6

Becoming Like Christ *My Refuge, My Place Of Safety*

Those who live in the shelter of the Most High will find rest in the shadow of the Almighty. This I declare about the LORD: He alone is my refuge, my place of safety; he is my God, and I trust him. For he will rescue you from every trap and protect you from deadly disease. He will cover you with his feathers. He will shelter you with his wings. His faithful promises are your armor and protection. Do not be afraid of the terrors of the night, nor the arrow that flies in the day. Do not dread the disease that stalks in darkness, nor the disaster that strikes at midday.

NLT

Psalm 91:1-6

Becoming Like Christ *My Refuge And My Fortress*

You who live in the shelter of the Most High, who abide in the shadow of the Almighty, will say to the LORD, "My refuge and my fortress; my God, in whom I trust." For he will deliver you from the snare of the fowler and from the deadly pestilence; he will cover you with his pinions, and under his wings you will find refuge; his faithfulness is a shield and buckler. You will not fear the terror of the night, or the arrow that flies by day, or the pestilence that stalks in darkness, or the destruction that wastes at noonday.

NRSV

Psalm 91:1-6

Becoming Like Christ *My Refuge And My Fortress*

HE WHO dwells in the secret place of the Most High shall remain stable *and* fixed under the shadow of the Almighty [Whose power no foe can withstand]. I will say of the Lord, He is my Refuge and my Fortress, my God; on Him I lean *and* rely, *and* in Him I [confidently] trust! For [then] He will deliver you from the snare of the fowler and from the deadly pestilence. [Then] He will cover you with His pinions, and under His wings shall you trust *and* find refuge; His truth *and* His faithfulness are a shield and a buckler. You shall not be afraid of the terror of the night, nor of the arrow (the evil plots and slanders of the wicked) that flies by day, Nor of the pestilence that stalks in darkness, nor of the destruction *and* sudden death that surprise *and* lay waste at noonday.

AMP

Psalm 91:1-6

Becoming Like Christ *My Refuge And My Fortress*

He who dwells in the shelter of the Most High Will abide in the shadow of the Almighty. I will say to the LORD, "My refuge and my fortress, My God, in whom I trust!" For it is He who delivers you from the snare of the trapper And from the deadly pestilence. He will cover you with His pinions, And under His wings you may seek refuge; His faithfulness is a shield and bulwark. You will not be afraid of the terror by night, Or of the arrow that flies by day; Of the pestilence that stalks in darkness, Or of the destruction that lays waste at noon.

NASB

Psalm 91:1-6

Becoming Like Christ *My Refuge And My Fortress*

He who dwells in the shelter of the Most High will abide in the shadow of the Almighty. I will say to the LORD, "My refuge and my fortress, my God, in whom I trust." For he will deliver you from the snare of the fowler and from the deadly pestilence. He will cover you with his pinions, and under his wings you will find refuge; his faithfulness is a shield and buckler. You will not fear the terror of the night, nor the arrow that flies by day, nor the pestilence that stalks in darkness, nor the destruction that wastes at noonday.

ESV

Psalm 91:1-6

Becoming Like Christ *My Refuge And My Fortress*

He who dwells in the secret place of the Most High Shall abide under the shadow of the Almighty. I will say of the LORD, "*He is my refuge and my fortress; My God, in Him I will trust.*" Surely He shall deliver you from the snare of the fowler *And* from the perilous pestilence. He shall cover you with His feathers, *And* under His wings you shall take refuge; His truth *shall be your* shield and buckler. You shall not be afraid of the terror by night, *Nor* of the arrow *that* flies by day, *Nor* of the pestilence *that* walks in darkness, *Nor* of the destruction *that* lays waste at noonday.

NKJV

Psalm 91:1-6

Becoming Like Christ *You're My Refuge*

You who sit down in the High God's presence, spend the night in Shaddai's shadow, Say this: "GOD, you're my refuge. I trust in you and I'm safe!" That's right—he rescues you from hidden traps, shields you from deadly hazards. His huge outstretched arms protect you— under them you're perfectly safe; his arms fend off all harm. Fear nothing—not wild wolves in the night, not flying arrows in the day, Not disease that prowls through the darkness, not disaster that erupts at high noon.

MSG

Psalm 91:1-6

Becoming Like Christ *My Refuge, My Place Of Safety*

We live within the shadow of the Almighty, sheltered by the God who is above all gods. This I declare, that he alone is my refuge, my place of safety; he is my God, and I am trusting him. For he rescues you from every trap and protects you from the fatal plague. He will shield you with his wings! They will shelter you. His faithful promises are your armor. Now you don't need to be afraid of the dark any more, nor fear the dangers of the day; nor dread the plagues of darkness, nor disasters in the morning.

TLB

Psalm 91:1-6

Becoming Like Christ *Place Of Safety And Protection*

Those who go to God Most High for safety will be protected by the Almighty. I will say to the LORD, "You are my place of safety and protection. You are my God and I trust you." God will save you from hidden traps and from deadly diseases. He will cover you with his feathers, and under his wings you can hide. His truth will be your shield and protection. You will not fear any danger by night or an arrow during the day. You will not be afraid of diseases that come in the dark or sickness that strikes at noon

NCV

Psalm 91:1-6

My Refuge And My Fortress

Year _____ Week _____ Day _____ Date _____

Becoming Like Christ – Psalm 91:1-6

In Context: *Read Psalm 91*

Begin With Prayer:

Here I am Lord. I Am Listening.

Meditating On God's Word: ***(What is God speaking to your heart?)***

He who dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the LORD, "He is my refuge and my fortress, my God, in whom I trust." Surely he will save you from the fowler's snare and from the deadly pestilence. He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart. You will not fear the terror of night, nor the arrow that flies by day, nor the pestilence that stalks in the darkness, nor the plague that destroys at midday. Psalm 91:1-6 (NIV)

Considering The Words: ***(What words speak to your heart?)***

He who dwells in | the shelter | of the Most High | will rest | in the shadow | of the Almighty. | I will say | of the LORD, | "He is my refuge | and | my fortress, | my God, | in whom I trust." | Surely he will save you | from the fowler's snare | and from | the deadly pestilence. | He will cover you | with his feathers, | and under his wings | you will find refuge; | his faithfulness | will be your shield | and | rampart. | You will not fear | the terror of night, | nor the arrow | that flies by day, | nor the pestilence | that stalks | in the darkness, | nor the plague | that destroys | at midday. Psalm 91:1-6 (NIV)

Praying The Scripture: ***(What prayer from your heart will you write?)***

Lord, you are my refuge and fortress. You are my hope and deliverer. Thank you that I can dwell in your presence and have peace and rest in even the most troubling of times. You will help me. You will bring me through. I will hold on to you as you hold on to me. Amen

What It Means: ***(What questions speak to your heart?)*** *(Suggested questions for small group discussion are in bold)*

When has dwelling in the presence of the Lord given you peace and rest in troubling times?

How are you relying on the Lord to be your refuge and fortress when trouble rages all around you?

How are you declaring that all your faith and hope and trust is in the Lord?

When has the Lord protected you from hidden traps and deadly hazards?

When has the Lord brought you through rather around great difficulty?

When have troubling times caused you to hold on to the Lord even more tightly?

Why do you have no reason to fear no matter what happens to you in this life?

Living It Out: ***(What action step is God guiding your heart to take?)***

Dwell in the presence of the Lord so you can receive His peace and calm and rest in the storms of life.

Seeing It Happen: ***(What are you trusting God for in your heart?)***

Have faith that the Lord will be your refuge and fortress through all the storms of life.

Get Ready To Share: ***(What can you share with others from your heart?)***

Share with another person or your small group how the Lord has been your refuge and fortress in the storms of life.

Close With Prayer:

Pause And Offer Prayers Of...

Quiet Yourself Before The Lord

With An Attitude Of Faith Listen To What The Lord Wants To Say To You

Adoration... _____

Thanksgiving... _____

Confession... _____

Intercession... _____

Petition... _____

Journal

As You Quiet Yourself Before The Lord

What Do You Want To Say To Me Lord?

What Prayers Are You Praying Today?

Prayer Of Blessing

(What Prayer Of Blessing Can You Pray For Another?)

May you dwell in the presence of the Lord so you can receive His peace in the midst of storms.

Prayer To Carry

(What Prayer Would You Like To Carry Throughout Your Day?)

Lord, I will dwell in your presence so I can receive your peace in the midst of storms.

What Do You Want To Remember About Today?

A Question To Ask God

(What Would You Like To Ask God?)

Lord, how will you bring me through this storm that is raging all around me?
