

You, however, did not come to know Christ that way. Surely you heard of him and were taught in him in accordance with the truth that is in Jesus. You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness. Ephesians 4:20-24 (NIV)

Been Taught

What have you been taught about your old life and your old self? My old life and old self are dead and gone. They no longer live. **As of when, did your old life and old self die?** On the day, I received a new life in you. **Tell me more. What have I done for you?** You broke the power of sin over my life. You made it so I can be forgiven of my sin and cleansed of my unrighteousness. My old sinful life, and my old selfish self, died on the cross with you. That is where, when, and how the power of sin was broken over my life. **That is true. So, you have completely left your old life and old self behind when you received my salvation and allowed me to be your Savior and Lord? You are dead to sin and alive to me?** Yes, that is true. **So, you no longer have any difficulty with sinful thoughts, sinful words or sinful actions, is that correct?** I would not say that. **What would you say?** I would say that my old life and old self try to live again. **I'm glad that you know that to be true. But you have put off your old life and old self?** Yes, that is true. **What will help you to keep on continually putting off your old life and old self? What have I provided for you?** You have given me your word. **How will my word make you able to put off your old life and old self?** Your word will change my heart. Your word will transform my mind. Your word will make me able to think your thoughts, speak your words, and do your deeds. Your word, and the power of your Holy Spirit, will fight in me, with me, for me and through me. Your word will guard and guide my life. Your word will make me able to resist temptation and fight against evil. **Yes, my word and the power of my Holy Spirit will do all those things in, with, for and through you. What must you do with my word?** If I want a changed heart and renewed mind, I must allow your word to dwell in me richly. **That's true. So, you have put off your old self, and are being renewed in your mind, what else must you do if you want to live a holy and righteous life in me?** I must put on the new life I have in you. **What does that mean?** I must go where you guide me. I must do what you ask of me. I must live my life in an intimate relationship with you. Then I will be able to live the life that you have called me to live. **That is true. Will you keep on putting off your old life and old self? Will you be renewed in your mind? Will you put on your new life in me?** Yes Lord, I will. **That will be very good.**

Lord, thank you for drawing me to you. You are now my Savior and Lord. I am dead to my old life. I have put off my old life and old self. Renew my mind with your word and the power of your Holy Spirit so I can live the new and righteous and holy life I have in you. Amen

Promises*Were Taught In Him*

You, however, did not come to know Christ that way. Surely you heard of him and were taught in him in accordance with the truth that is in Jesus. You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness.

NIV

Ephesians 4:20-24

Promises*Have Learned The Truth*

But that isn't what you learned about Christ. Since you have heard about Jesus and have learned the truth that comes from him, throw off your old sinful nature and your former way of life, which is corrupted by lust and deception. Instead, let the Spirit renew your thoughts and attitudes. Put on your new nature, created to be like God—truly righteous and holy.

NLT

Ephesians 4:20-24

Promises*Were Taught In Him*

That is not the way you learned Christ! For surely you have heard about him and were taught in him, as truth is in Jesus. You were taught to put away your former way of life, your old self, corrupt and deluded by its lusts, and to be renewed in the spirit of your minds, and to clothe yourselves with the new self, created according to the likeness of God in true righteousness and holiness.

NRSV

Ephesians 4:20-24

Promises*Been Taught By Him*

But you did not so learn Christ! Assuming that you have really heard Him and been taught by Him, as [all] Truth is in Jesus [embodied and personified in Him], Strip yourselves of your former nature [put off and discard your old unrenewed self] which characterized your previous manner of life and becomes corrupt through lusts and desires that spring from delusion; And be constantly renewed in the spirit of your mind [having a fresh mental and spiritual attitude]. And put on the new nature (the regenerate self) created in God's image, [Godlike] in true righteousness and holiness.

AMP

Ephesians 4:20-24

Promises*Been Taught In Him*

But you did not learn Christ in this way, if indeed you have heard Him and have been taught in Him, just as truth is in Jesus, that, in reference to your former manner of life, you lay aside the old self, which is being corrupted in accordance with the lusts of deceit, and that you be renewed in the spirit of your mind, and put on the new self, which in the likeness of God has been created in righteousness and holiness of the truth.

NASB

Ephesians 4:20-24

Promises*Were Taught In Him*

But that is not the way you learned Christ!— assuming that you have heard about him and were taught in him, as the truth is in Jesus, to put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires, and to be renewed in the spirit of your minds, and to put on the new self, created after the likeness of God in true righteousness and holiness.

ESV

Ephesians 4:20-24

Promises*Have Been Taught By Him*

But you have not so learned Christ, if indeed you have heard Him and have been taught by Him, as the truth is in Jesus: that you put off, concerning your former conduct, the old man which grows corrupt according to the deceitful lusts, and be renewed in the spirit of your mind, and that you put on the new man which was created according to God, in true righteousness and holiness.

NKJV

Ephesians 4:20-24

Promises*Been Well Instructed In The Truth*

But that's no life for you. You learned Christ! My assumption is that you have paid careful attention to him, been well instructed in the truth precisely as we have it in Jesus. Since, then, we do not have the excuse of ignorance, everything—and I do mean everything—connected with that old way of life has to go. It's rotten through and through. Get rid of it! And then take on an entirely new way of life—a God-fashioned life, a life renewed from the inside and working itself into your conduct as God accurately reproduces his character in you.

MSG

Ephesians 4:20-24

Promises*Learned From Him*

But that isn't the way Christ taught you! If you have really heard his voice and learned from him the truths concerning himself, then throw off your old evil nature—the old you that was a partner in your evil ways—rotten through and through, full of lust and sham. Now your attitudes and thoughts must all be constantly changing for the better. Yes, you must be a new and different person, holy and good. Clothe yourself with this new nature.

TLB

Ephesians 4:20-24

Promises*Were Taught The Truth*

But what you learned in Christ was not like this. I know that you heard about him, and you are in him, so you were taught the truth that is in Jesus. You were taught to leave your old self—to stop living the evil way you lived before. That old self becomes worse, because people are fooled by the evil things they want to do. But you were taught to be made new in your hearts, to become a new person. That new person is made to be like God—made to be truly good and holy.

NCV

Ephesians 4:20-24

Were Taught In Him

Year _____ Week _____ Day _____ Date _____

Promises – Ephesians 4:20-24

In Context: *Read Ephesians 4*

Begin With Prayer:

Here I am Lord. I Am Listening.

Meditating On God’s Word: ***(What is God speaking to your heart?)***

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Considering The Words: ***(What words speak to your heart?)***

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Praying The Scripture: ***(What prayer from your heart will you write?)***

Lord, thank you for drawing me to you. You are now my Savior and Lord. I am dead to my old life. I have put off my old life and old self. Renew my mind with your word and the power of your Holy Spirit so I can live the new and righteous and holy life I have in you. Amen

What It Means: ***(What questions speak to your heart?)*** *(Suggested questions for small group discussion are in bold)*

How filled with deceitful and ungodly desires was your former life and old self?
Why will it be impossible to live a life of righteousness and holiness while hanging on to elements of your old life?
How are you continually putting off your old life and old self whenever it attempts to live again in you?

How are you allowing God’s word and the power of the Holy Spirit to renew your mind?

How has the renewal of your mind by God’s word helped you to put off your old life and old self?

How are you allowing God’s word and the power of the Holy Spirit to help you put on your new life in Christ?

What are some specific activities or elements that are now a regular part of your new life in Christ?

Living It Out: ***(What action step is God guiding your heart to take?)***

Put off your old self and life, be renewed in your mind, and put on your new life in Christ.

Seeing It Happen: ***(What are you trusting God for in your heart?)***

Have faith that God will help you to put off your old life, be renewed in your mind and put on your new life in Christ.

Get Ready To Share: ***(What can you share with others from your heart?)***

Share with another person or your small group how you are now living your new life in Christ.

Close With Prayer:

Quiet Yourself Before The Lord

Pause And Offer Prayers Of...

With An Attitude Of Faith Listen To What The Lord Wants To Say To You

Adoration... _____

Thanksgiving... _____

Confession... _____

Intercession... _____

Petition... _____

Journal

As You Quiet Yourself Before The Lord

What Do You Want To Say To Me Lord?

What Prayers Are You Praying Today?

Prayer Of Blessing

(What Prayer Of Blessing Can You Pray For Another?)

May you put off your old life, be renewed in your mind, and put on your new life in Christ.

Prayer To Carry

(What Prayer Would You Like To Carry Throughout Your Day?)

Lord, I will put off my old life, be renewed in my mind, and put on my new life in you.

What Do You Want To Remember About Today?

A Question To Ask God

(What Would You Like To Ask God?)

Lord, how can I put off my old life, be renewed in my mind, and put on the new life I have in you?
