

Whoever of you loves life and desires to see many good days, keep your tongue from evil and your lips from speaking lies. Turn from evil and do good; seek peace and pursue it. Psalm 34:12-14 (NIV)

Many Good Days

Do you love life? Do you want to see many good days? That seems like a question that does not need to be asked. Who does not love life? Who does not want to see many good days? **Yes, it does seem like a question that does not need to be asked. Yet, you would never guess that some people love life or want to see many good days.** Why is that? How could that be? **Have you seen anyone whose thoughts and words are continually evil and untruthful? Have you seen anyone whose actions are more often evil than they are good? Have you seen anyone who has conflict swirling around them no matter where they go and or what they do?** Yes, seeing such things in people is not a rare occurrence. **Would you guess that such people love life and want to see many good days?** No, that thought would not occur to me. **Then you have answered your own questions.**

No let's come back to you. You have said that you love life and want to see many good days. Yes, that is my desire. **How often do you allow your thoughts or words, or actions hinder you from loving life and seeing good days? When have you thought or said or did something that ruined a day? How carefully are you guarding all your thoughts and words and actions? Do you realize that the quality of your days and the length of your life will be determined by how you think and speak and act?** How so? **If you live an angry life, filled with stress you will not enjoy life and your days will be much shorter. This kind of life will wear you out. This kind of life is unhealthy. This kind of life will take a toll on your heart and mind and life. If you live this kind of life it will be cut short.** I understand. **That's good.**

So, what will you do differently? I will guard my thoughts, words, and actions. I will live a life of doing good. I will go wherever you guide me. I will do whatever you ask of me. I will live the life that you have called me to live. I will take joy in loving and following and serving you. I will seek and pursue peace in all my relationships. I will be your witness in the world. I will allow you to work in and through me. I will bear fruit for your kingdom. I will bring glory to your name. **That will be very good. Then you will truly love life and see many good days.** Thank you, Lord.

Lord, I love life and I want to see many good days. I don't want any of my thoughts or words or actions to ruin my days or shorten my life. Help me to turn away from evil completely. Help me to do good. Help me to continually seek and pursue peace. Amen

Promises *See Many Good Days*

Whoever of you loves life and desires to see many good days, keep your tongue from evil and your lips from speaking lies. Turn from evil and do good; seek peace and pursue it.

NIV Psalm 34:12-14

Promises *Long And Prosperous*

Does anyone want to live a life that is long and prosperous? Then keep your tongue from speaking evil and your lips from telling lies! Turn away from evil and do good. Search for peace, and work to maintain it.

NLT Psalm 34:12-14

Promises *Covets Many Days*

Which of you desires life, and covets many days to enjoy good? Keep your tongue from evil, and your lips from speaking deceit. Depart from evil, and do good; seek peace, and pursue it.

NRSV Psalm 34:12-14

Promises *Longs For Many Days*

What man is he who desires life and longs for many days, that he may see good? Keep your tongue from evil and your lips from speaking deceit. Depart from evil and do good; seek, inquire for, and crave peace and pursue (go after) it!

AMP Psalm 34:12-14

Promises *Loves Length Of Days*

Who is the man who desires life And loves length of days that he may see good? Keep your tongue from evil And your lips from speaking deceit. Depart from evil and do good; Seek peace and pursue it.

NASB Psalm 34:12-14

Promises *Loves Many Days*

What man is there who desires life and loves many days, that he may see good? Keep your tongue from evil and your lips from speaking deceit. Turn away from evil and do good; seek peace and pursue it.

ESV Psalm 34:12-14

Promises *Loves Many Days*

Who is the man who desires life, And loves many days, that he may see good? Keep your tongue from evil, And your lips from speaking deceit. Depart from evil and do good; Seek peace and pursue it.

NKJV Psalm 34:12-14

Promises *Lust For Life*

Who out there has a lust for life? Can't wait each day to come upon beauty? Guard your tongue from profanity, and no more lying through your teeth. Turn your back on sin; do something good. Embrace peace—don't let it get away!

MSG Psalm 34:12-14

Promises *Long, Good Life*

Do you want a long, good life? Then watch your tongue! Keep your lips from lying. Turn from all known sin and spend your time in doing good. Try to live in peace with everyone; work hard at it.

TLB Psalm 34:12-14

Promises *Have Many Happy Days*

You must do these things to enjoy life and have many happy days. You must not say evil things, and you must not tell lies. Stop doing evil and do good. Look for peace and work for it.

NCV Psalm 34:12-14

See Many Good Days

Year _____ Week _____ Day _____ Date _____

Promises – Psalm 34:12-14

In Context: Read Psalm 34

Begin With Prayer:

Here I am Lord. I Am Listening.

Meditating On God's Word: ***(What is God speaking to your heart?)***

Whoever of you loves life and desires to see many good days, keep your tongue from evil and your lips from speaking lies. Turn from evil and do good; seek peace and pursue it. Psalm 34:12-14 (NIV)

Considering The Words: ***(What words speak to your heart?)***

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Praying The Scripture: ***(What prayer from your heart will you write?)***

Lord, I love life and I want to see many good days. I don't want any of my thoughts or words or actions to ruin my days or shorten my life. Help me to turn away from evil completely. Help me to do good. Help me to continually seek and pursue peace. Amen

What It Means: ***(What questions speak to your heart?)*** *(Suggested questions for small group discussion are in bold)*

How strongly do you love life and desire to see many good days?

Why will your own thoughts, words, and actions often determine the quality of the life you live?

How are you carefully guarding every word that comes out of your mouth?

When have you allowed words to come out of your mouth that ruined your day?

Where does the problem lie if you continually find yourself continually engaged in conflict with others?

When have you come to realize that not every one of your thoughts, words, or actions were completely true?

How do your thoughts, words, and actions demonstrate that you are seeking and pursuing peace in your relationships?

Living It Out: ***(What action step is God guiding your heart to take?)***

Ask the Lord to help you to think and speak and act in ways that will help you to pursue peace in all your relationships.

Seeing It Happen: ***(What are you trusting God for in your heart?)***

Have faith that the Lord will help you to seek and pursue peace in all your relationships,

Get Ready To Share: ***(What can you share with others from your heart?)***

Share with another person or your small group how you are seeking and pursuing peace in all your relationships.

Close With Prayer:

Quiet Yourself Before The Lord

Pause And Offer Prayers Of...

With An Attitude Of Faith Listen To What The Lord Wants To Say To You

Adoration... _____

Thanksgiving... _____

Confession... _____

Intercession... _____

Petition... _____

Journal

As You Quiet Yourself Before The Lord

What Do You Want To Say To Me Lord?

What Prayers Are You Praying Today?

Prayer Of Blessing

(What Prayer Of Blessing Can You Pray For Another?)

May you seek and pursue peace so you can see many good days.

Prayer To Carry

(What Prayer Would You Like To Carry Throughout Your Day?)

Lord, I will seek and pursue peace so I can see many good days.

What Do You Want To Remember About Today?

A Question To Ask God

(What Would You Like To Ask God?)

Lord, how can I seek and pursue peace in all my relationships today?
