

Your word is a lamp to guide my feet and a light for my path. I've promised it once, and I'll promise it again: I will obey your righteous regulations. I have suffered much, O LORD; restore my life again as you promised. LORD, accept my offering of praise, and teach me your regulations. My life constantly hangs in the balance, but I will not stop obeying your instructions. The wicked have set their traps for me, but I will not turn from your commandments. Your laws are my treasure; they are my heart's delight. I am determined to keep your decrees to the very end. Psalm 119:105-112 (NLT)

Where Are You Going?

Do you know where you are going? Do you know what steps to take and which steps to avoid? Are you sure of what is the right path for you to follow? Do you know how to keep your life on course? What will keep you together when much of life is falling apart all around you? What will you do, how will you respond, when others and every kind of evil tries to throw you off track? What will keep you in the running? What will help you to run strong and finish well? Without, your word I have no idea where I am going. I have tried to go it alone, by following my own counsel and listening to my own advice. That has not worked well for me. I have taken many missteps. I have made many mistakes. I have wandered off course. I have gotten entangled in the evil of this world. I have sinned against you. Forgive me. **You are forgiven. Keep on answering the questions that I have set before you.** Only your word, will keep me on course. Only your word, will keep me together when much of life is falling apart all around me. And these days, that is exactly what is happening. I can't recall more widespread, world-wide crises, happening all at one time. On top of that, intolerance and hate are at almost unprecedented levels, at least in my life. It would be easy to become discouraged and depressed and defeated. But I am holding on to your word. Your word is encouraging and strengthening me. Your word is lifting me up. So, with a heart filled with joy, that I can't really comprehend, I will keep on following and obeying you. I will keep on putting your word into practice. Your word will continue to have first place in my life. I will never stop listening to you. Your word will guard and guide me. Your word will show me the steps I should take. Your word will keep me on the path you have laid out for me. I know that you will help me to run strong and finish well. **Yes, my word will accomplish all these things for you. Keep on listening to me.** Yes Lord, I will. **That will be very good.**

Lord, thank you that your word is a lamp to my feet and light to my path. Your word has prevented me from stumbling in the darkness of this world. Your word has been light to my path to guide me through life. I will keep on following and obeying your word. Amen

Promises*Lamp To My Feet*

Your word is a lamp to my feet and a light for my path. I have taken an oath and confirmed it, that I will follow your righteous laws. I have suffered much; preserve my life, O LORD, according to your word. Accept, O LORD, the willing praise of my mouth, and teach me your laws. Though I constantly take my life in my hands, I will not forget your law. The wicked have set a snare for me, but I have not strayed from your precepts. Your statutes are my heritage forever; they are the joy of my heart. My heart is set on keeping your decrees to the very end.

NIV

Psalm 119:105-112

Promises*Lamp To Guide My Feet*

Your word is a lamp to guide my feet and a light for my path. I've promised it once, and I'll promise it again: I will obey your righteous regulations. I have suffered much, O LORD; restore my life again as you promised. LORD, accept my offering of praise, and teach me your regulations. My life constantly hangs in the balance, but I will not stop obeying your instructions. The wicked have set their traps for me, but I will not turn from your commandments. Your laws are my treasure; they are my heart's delight. I am determined to keep your decrees to the very end.

NLT

Psalm 119:105-112

Promises*Lamp To My Feet*

Your word is a lamp to my feet and a light to my path. I have sworn an oath and confirmed it, to observe your righteous ordinances. I am severely afflicted; give me life, O LORD, according to your word. Accept my offerings of praise, O LORD, and teach me your ordinances. I hold my life in my hand continually, but I do not forget your law. The wicked have laid a snare for me, but I do not stray from your precepts. Your decrees are my heritage forever; they are the joy of my heart. I incline my heart to perform your statutes forever, to the end.

NRSV

Psalm 119:105-112

Promises*Lamp To My Feet*

Your word is a lamp to my feet and a light to my path. I have sworn [an oath] and have confirmed it, that I will keep Your righteous ordinances [hearing, receiving, loving, and obeying them]. I am sorely afflicted; renew and quicken me [give me life], O Lord, according to Your word! Accept, I beseech You, the freewill offerings of my mouth, O Lord, and teach me Your ordinances. My life is continually in my hand, yet I do not forget Your law. The wicked have laid a snare for me, yet I do not stray from Your precepts. Your testimonies have I taken as a heritage forever, for they are the rejoicing of my heart. I have inclined my heart to perform Your statutes forever, even to the end.

AMP

Psalm 119:105-112

Promises*Lamp To My Feet*

Your word is a lamp to my feet And a light to my path. I have sworn and I will confirm it, That I will keep Your righteous ordinances. I am exceedingly afflicted; Revive me, O LORD, according to Your word. O accept the freewill offerings of my mouth, O LORD, And teach me Your ordinances. My life is continually in my hand, Yet I do not forget Your law. The wicked have laid a snare for me, Yet I have not gone astray from Your precepts. I have inherited Your testimonies forever, For they are the joy of my heart. I have inclined my heart to perform Your statutes Forever, *even* to the end.

NASB

Psalm 119:105-112

Promises*Lamp To My Feet*

Your word is a lamp to my feet and a light to my path. I have sworn an oath and confirmed it, to keep your righteous rules. I am severely afflicted; give me life, O LORD, according to your word! Accept my freewill offerings of praise, O LORD, and teach me your rules. I hold my life in my hand continually, but I do not forget your law. The wicked have laid a snare for me, but I do not stray from your precepts. Your testimonies are my heritage forever, for they are the joy of my heart. I incline my heart to perform your statutes forever, to the end.

ESV

Psalm 119:105-112

Promises*Lamp To My Feet*

Your word *is* a lamp to my feet And a light to my path. I have sworn and confirmed That I will keep Your righteous judgments. I am afflicted very much; Revive me, O LORD, according to Your word. Accept, I pray, the freewill offerings of my mouth, O LORD, And teach me Your judgments. My life *is* continually in my hand, Yet I do not forget Your law. The wicked have laid a snare for me, Yet I have not strayed from Your precepts. Your testimonies I have taken as a heritage forever, For they *are* the rejoicing of my heart. I have inclined my heart to perform Your statutes Forever, to the very end.

NKJV

Psalm 119:105-112

Promises*Throw A Beam Of Light*

By your words I can see where I'm going; they throw a beam of light on my dark path. I've committed myself and I'll never turn back from living by your righteous order. Everything's falling apart on me, GOD; put me together again with your Word. Festoon me with your finest sayings, GOD; teach me your holy rules. My life is as close as my own hands, but I don't forget what you have revealed. The wicked do their best to throw me off track, but I don't swerve an inch from your course. I inherited your book on living; it's mine forever— what a gift! And how happy it makes me! I concentrate on doing exactly what you say— I always have and always will.

MSG

Psalm 119:105-112

Promises*Flashlight To Light The Path*

Your words are a flashlight to light the path ahead of me and keep me from stumbling. I've said it once and I'll say it again and again: I will obey these wonderful laws of yours. I am close to death at the hands of my enemies; oh, give me back my life again, just as you promised me. Accept my grateful thanks and teach me your desires. My life hangs in the balance, but I will not give up obedience to your laws. The wicked have set their traps for me along your path, but I will not turn aside. Your laws are my joyous treasure forever. I am determined to obey you until I die.

TLB

Psalm 119:105-112

Promises*Lamp For My Feet*

Your word is like a lamp for my feet and a light for my path. I will do what I have promised and obey your fair laws. I have suffered for a long time. LORD, give me life by your word. LORD, accept my willing praise and teach me your laws. My life is always in danger, but I haven't forgotten your teachings. Wicked people have set a trap for me, but I haven't strayed from your orders. I will follow your rules forever, because they make me happy. I will try to do what you demand forever, until the end.

NCV

Psalm 119:105-112

Lamp To Guide My Feet

Year _____ Week _____ Day _____ Date _____

Promises – Psalm 119:105-112

In Context: *Read Psalm 119*

Begin With Prayer:

Here I am Lord. I Am Listening.

Meditating On God's Word: ***(What is God speaking to your heart?)***

Your word is a lamp to guide my feet and a light for my path. I've promised it once, and I'll promise it again: I will obey your righteous regulations. I have suffered much, O LORD; restore my life again as you promised. LORD, accept my offering of praise, and teach me your regulations. My life constantly hangs in the balance, but I will not stop obeying your instructions. The wicked have set their traps for me, but I will not turn from your commandments. Your laws are my treasure; they are my heart's delight. I am determined to keep your decrees to the very end. Psalm 119:105-112 (NLT)

Considering The Words: ***(What words speak to your heart?)***

Your word | is a lamp | to guide my feet | and a light | for my path. | I've promised it once, | and I'll promise it again: | I will obey | your righteous regulations. | I have suffered much, | O LORD; | restore my life again | as you promised. | LORD, accept my offering of praise, | and teach me your regulations. | My life constantly hangs | in the balance, | but I will not stop | obeying your instructions. | The wicked have set their traps for me, | but I will not turn | from your commandments. | Your laws | are my treasure; | they are my heart's delight. | I am determined | to keep your decrees | to the very end. Psalm 119:105-112 (NLT)

Praying The Scripture: ***(What prayer from your heart will you write?)***

Lord, thank you that your word is a lamp to my feet and light to my path. Your word has prevented me from stumbling in the darkness of this world. Your word has been light to my path to guide me through life. I will keep on following and obeying your word. Amen

What It Means: ***(What questions speak to your heart?)*** *(Suggested questions for small group discussion are in bold)*

How has God's word prevented you from stumbling around in the darkness of this world?

How have you been allowing God's word to illuminate the path you are walking through life?

How has God's word revived, refreshed and restored your soul as you have gone through great difficulty?

How has God's word become your delight as you have continued to meet with Him in it?

What praise and thanks would you like to offer God for the way His word has strengthened you in life?

How has God's word prevented you from falling into traps that have been set by evil?

Why is it critically important for you to keep on following and obeying God's even to the very end of your life?

Living It Out: ***(What action step is God guiding your heart to take?)***

Allow God's word to be a lamp to your feet and a light to your path.

Seeing It Happen: ***(What are you trusting God for in your heart?)***

Have faith that God's word will be a lamp to your feet and a light to your path.

Get Ready To Share: ***(What can you share with others from your heart?)***

Share with another person or your small group how God's word has been guiding you through life.

Close With Prayer:

Quiet Yourself Before The Lord

Pause And Offer Prayers Of...

With An Attitude Of Faith Listen To What The Lord Wants To Say To You

Adoration... _____

Thanksgiving... _____

Confession... _____

Intercession... _____

Petition... _____

Journal

As You Quiet Yourself Before The Lord

What Do You Want To Say To Me Lord?

What Prayers Are You Praying Today?

Prayer Of Blessing

(What Prayer Of Blessing Can You Pray For Another?)

May God's word be a lamp to guide your feet and a light to your path.

Prayer To Carry

(What Prayer Would You Like To Carry Throughout Your Day?)

Lord, guide my feet and light my path with your word.

What Do You Want To Remember About Today?

A Question To Ask God

(What Would You Like To Ask God?)

Lord, how will you guide my feet and light my path with your word.
