

*I hate those with divided loyalties, but I love your instructions. You are my refuge and my shield; your word is my source of hope. Get out of my life, you evil-minded people, for I intend to obey the commands of my God. LORD, sustain me as you promised, that I may live! Do not let my hope be crushed. Sustain me, and I will be rescued; then I will meditate continually on your decrees. But you have rejected all who stray from your decrees. They are only fooling themselves. You skim off the wicked of the earth like scum; no wonder I love to obey your laws! I tremble in fear of you; I stand in awe of your regulations. Psalm 119:113-120 (NLT)*

## **Your Hope**

**What is your source of hope? Where will you turn and what will give you hope when you find yourself in what appears to be a hopeless situation? Who will give you counsel? Where will you seek advice? How will you be sustained and strengthened and encouraged when you are in great difficulty? Do you have divided loyalties? Do you have a double mind? Are you trying to live your life with and for me while at the same time you are you following the ways of the world? What forms your thinking? What guides your speech? What directs your activities?** That is a lot of questions. **Take your time. I am anxious to hear your answers.** Let me take one of the last questions first. **Go ahead.** I do not have a double mind. I have no interest in living according to the thoughts and opinions of this world. My thoughts and words and actions are guided by your word. I want to live a life that is good and right and pleasing to you. My only source of hope in this life is you and your word. It is foolish and unwise to turn to any other source of counsel and guidance than you. Yes, I do know that you will bring good and wise and godly people to speak into my life. I will listen to all counsel and instruction and advice that clearly comes from you. But first and foremost, when I am in a seemingly hopeless situation, filled with great difficulty, I will draw near to you. This will be my pattern and practice. I know that I can never go wrong by turning to you, waiting in your presence, meeting with you in your word. You will counsel me. You will watch over me. You will sustain and strengthen. You will fill my life with hope. Of that, I am sure. Of that, I have no doubt. I will hold on to you and your word. **That will be very good. Then you will receive all the hope I want to give to you.** Thank you, Lord.

*Lord, help me to not be double-minded in my thinking, speaking and acting. I know I cannot live for you and the world. Both can never coexist. Give me a single-hearted devotion to you. Use your word to sustain and strengthen me as I love, follow and serve you. Amen*

**Promises***Hope In Your Word*

I hate double-minded men, but I love your law. You are my refuge and my shield; I have put my hope in your word. Away from me, you evildoers, that I may keep the commands of my God! Sustain me according to your promise, and I will live; do not let my hopes be dashed. Uphold me, and I will be delivered; I will always have regard for your decrees. You reject all who stray from your decrees, for their deceitfulness is in vain. All the wicked of the earth you discard like dross; therefore I love your statutes. My flesh trembles in fear of you; I stand in awe of your laws.

NIV

Psalm 119:113-120

**Promises***Source Of Hope*

I hate those with divided loyalties, but I love your instructions. You are my refuge and my shield; your word is my source of hope. Get out of my life, you evil-minded people, for I intend to obey the commands of my God. LORD, sustain me as you promised, that I may live! Do not let my hope be crushed. Sustain me, and I will be rescued; then I will meditate continually on your decrees. But you have rejected all who stray from your decrees. They are only fooling themselves. You skim off the wicked of the earth like scum; no wonder I love to obey your laws! I tremble in fear of you; I stand in awe of your regulations.

NLT

Psalm 119:113-120

**Promises***Hope In Your Word*

I hate the double-minded, but I love your law. You are my hiding place and my shield; I hope in your word. Go away from me, you evildoers, that I may keep the commandments of my God. Uphold me according to your promise, that I may live, and let me not be put to shame in my hope. Hold me up, that I may be safe and have regard for your statutes continually. You spurn all who go astray from your statutes; for their cunning is in vain. All the wicked of the earth you count as dross; therefore I love your decrees. My flesh trembles for fear of you, and I am afraid of your judgments.

NRSV

Psalm 119:113-120

**Promises***Hope In Your Word*

I hate the thoughts of undecided [in religion], double-minded people, but Your law do I love. You are my hiding place and my shield; I hope in Your word. Depart from me, you evildoers, that I may keep the commandments of my God [hearing, receiving, loving, and obeying them]. Uphold me according to Your promise, that I may live, and let me not be put to shame in my hope! Hold me up, that I may be safe and have regard for Your statutes continually! You spurn *and* set at naught all those who stray from Your statutes, for their own lying deceives them *and* their tricks are in vain. You put away *and* count as dross all the wicked of the earth [for there is no true metal in them]; therefore I love Your testimonies. My flesh trembles *and* shudders for fear *and* reverential, worshipful awe of You, and I am afraid *and* in dread of Your judgments.

AMP

Psalm 119:113-120

**Promises***Wait For Your Word*

I hate those who are double-minded, But I love Your law. You are my hiding place and my shield; I wait for Your word. Depart from me, you evildoers, That I may observe the commandments of my God. Sustain me according to Your word, that I may live; And do not let me be ashamed of my hope. Uphold me that I may be safe, That I may have regard for Your statutes continually. You have rejected all those who wander from Your statutes, For their deceitfulness is useless. You have removed all the wicked of the earth *like* dross; Therefore I love Your testimonies. My flesh trembles for fear of You, And I am afraid of Your judgments.

NASB

Psalm 119:113-120

**Promises***Hope In Your Word*

I hate the double-minded, but I love your law. You are my hiding place and my shield; I hope in your word. Depart from me, you evildoers, that I may keep the commandments of my God. Uphold me according to your promise, that I may live, and let me not be put to shame in my hope! Hold me up, that I may be safe and have regard for your statutes continually! You spurn all who go astray from your statutes, for their cunning is in vain. All the wicked of the earth you discard like dross, therefore I love your testimonies. My flesh trembles for fear of you, and I am afraid of your judgments.

ESV

Psalm 119:113-120

**Promises***Hope In Your Word*

I hate the double-minded, But I love Your law. You *are* my hiding place and my shield; I hope in Your word. Depart from me, you evildoers, For I will keep the commandments of my God! Uphold me according to Your word, that I may live; And do not let me be ashamed of my hope. Hold me up, and I shall be safe, And I shall observe Your statutes continually. You reject all those who stray from Your statutes, For their deceit *is* falsehood. You put away all the wicked of the earth *like* dross; Therefore I love Your testimonies. My flesh trembles for fear of You, And I am afraid of Your judgments.

NKJV

Psalm 119:113-120

**Promises***Wait For Your Word*

I hate the two-faced, but I love your clear-cut revelation. You're my place of quiet retreat; I wait for your Word to renew me. Get out of my life, evildoers, so I can keep my God's commands. Take my side as you promised; I'll live then for sure. Don't disappoint all my grand hopes. Stick with me and I'll be all right; I'll give total allegiance to your definitions of life. Expose all who drift away from your sayings; their casual idolatry is lethal. You reject earth's wicked as so much rubbish; therefore I lovingly embrace everything you say. I shiver in awe before you; your decisions leave me speechless with reverence.

MSG

Psalm 119:113-120

**Promises***Source Of Hope*

I hate those who are undecided whether or not to obey you; but my choice is clear—I love your law. You are my refuge and my shield, and your promises are my only source of hope. Begone, you evil-minded men! Don't try to stop me from obeying God's commands. Lord, you promised to let me live! Never let it be said that God failed me. Hold me safe above the heads of all my enemies; then I can continue to obey your laws. But you have rejected all who reject your laws. They are only fooling themselves. The wicked are the scum you skim off and throw away; no wonder I love to obey your laws! I tremble in fear of you; I fear your punishments.

TLB

Psalm 119:113-120

**Promises***Hope In Your Word*

I hate disloyal people, but I love your teachings. You are my hiding place and my shield; I hope in your word. Get away from me, you who do evil, so I can keep my God's commands. Support me as you promised so I can live. Don't let me be embarrassed because of my hopes. Help me, and I will be saved. I will always respect your demands. You reject those who ignore your demands, because their lies mislead them. You throw away the wicked of the world like trash. So I will love your rules. I shake in fear of you; I respect your laws.

NCV

Psalm 119:113-120

# Source Of Hope

Year \_\_\_\_\_ Week \_\_\_\_\_ Day \_\_\_\_\_ Date \_\_\_\_\_

**Promises** – Psalm 119:113-120

**In Context:** *Read Psalm 119*

**Begin With Prayer:**

***Here I am Lord. I Am Listening.***

**Meditating On God's Word:** ***(What is God speaking to your heart?)***

I hate those with divided loyalties, but I love your instructions. You are my refuge and my shield; your word is my source of hope. Get out of my life, you evil-minded people, for I intend to obey the commands of my God. LORD, sustain me as you promised, that I may live! Do not let my hope be crushed. Sustain me, and I will be rescued; then I will meditate continually on your decrees. But you have rejected all who stray from your decrees. They are only fooling themselves. You skim off the wicked of the earth like scum; no wonder I love to obey your laws! I tremble in fear of you; I stand in awe of your regulations. Psalm 119:113-120 (NLT)

**Considering The Words:** ***(What words speak to your heart?)***

I hate those with divided loyalties, | but I love your instructions. | You are my refuge and my shield; | your word is my source of hope. | Get out of my life, | you evil-minded people, | for I intend to obey the commands | of my God. | LORD, sustain me as you promised, | that I may live! | Do not let my hope | be crushed. | Sustain me, | and I will be rescued; | then I will meditate continually | on your decrees. | But you have rejected | all who stray from your decrees. | They are only fooling themselves. | You skim off the wicked | of the earth like scum; | no wonder | I love to obey | your laws! | I tremble in fear | of you; | I stand in awe | of your regulations. Psalm 119:113-120 (NLT)

**Praying The Scripture:** ***(What prayer from your heart will you write?)***

Lord, help me to not be double minded in my thinking, speaking and acting. I know I cannot live for you and the world. Both can never coexist. Give me a single-hearted devotion to you. Use your word to sustain and strengthen me as I love, follow and serve you. Amen

**What It Means:** ***(What questions speak to your heart?)*** *(Suggested questions for small group discussion are in bold)*

When have you been tempted be to double minded in the way you think, speak and act?

What has helped or hindered you in putting God's word into practice in your daily life?

**How has God's word helped you to have single hearted devotion in loving, following and serving Him?**

**How are you relying on God's word to give you hope even when situations appear to be hopeless?**

**How has God's word sustained, strengthened, and encouraged you throughout your life?**

How is fully embracing God's word helping you to know what is true and what is false in the world?

Why will you never regret living your life according to the promises of God's word?

**Living It Out:** ***(What action step is God guiding your heart to take?)***

Allow the promises of God's word to fill your life with hope.

**Seeing It Happen:** ***(What are you trusting God for in your heart?)***

Have faith that the promises of God's word will fill your life with hope.

**Get Ready To Share:** ***(What can you share with others from your heart?)***

Share with another person or your small group how the promises of God's word have filled your life with hope.

**Close With Prayer:**

***Quiet Yourself Before The Lord***

*Pause And Offer Prayers Of...*

*With An Attitude Of Faith Listen To What The Lord Wants To Say To You*

Adoration... \_\_\_\_\_

Thanksgiving... \_\_\_\_\_

Confession... \_\_\_\_\_

Intercession... \_\_\_\_\_

Petition... \_\_\_\_\_

**Journal**

*As You Quiet Yourself Before The Lord*

**What Do You Want To Say To Me Lord?**

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**What Prayers Are You Praying Today?**

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**Prayer Of Blessing**

*(What Prayer Of Blessing Can You Pray For Another?)*

*May you have hope in all the promises of God.*

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**Prayer To Carry**

*(What Prayer Would You Like To Carry Throughout Your Day?)*

*Lord, thank you that your promises fill my life with hope.*

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**What Do You Want To Remember About Today?**

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**A Question To Ask God**

*(What Would You Like To Ask God?)*

*Lord, how will your promises fill me with hope today?*

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