

*I pray with all my heart; answer me, LORD! I will obey your decrees. I cry out to you; rescue me, that I may obey your laws. I rise early, before the sun is up; I cry out for help and put my hope in your words. I stay awake through the night, thinking about your promise. In your faithful love, O LORD, hear my cry; let me be revived by following your regulations. Lawless people are coming to attack me; they live far from your instructions. But you are near, O LORD, and all your commands are true. I have known from my earliest days that your laws will last forever. Psalm 119:145-152 (NLT)*

## **Pray**

**Why is it that you can cry out to me? Why is it that you can lay your prayers before me? Why is it well worth your time and effort to draw near to me? Will I hear you? Will I answer your prayers? Will I help you in your hour of need? Is it my delight for you to choose to live in an intimate relationship with me? Tell me what you think? What is on your heart and in your mind?** You love and care for me. You are not distant. You are not far off. You have not removed yourself from me. I can cry out to you because you delight to hear from me. As a son can come to his father, so also, I can come to you. Yet, you are far better, far wiser, and more loving and caring than any human father. Your eye is always on me. Your hand rests on me. There is nowhere I can go that takes me out of your sight. There is no detail of my life that goes unobserved and unnoticed by you. You know me. You know the thoughts I will think before I think them. You know the words I will speak before I speak them. You know the actions I will take before I take them. One might think that with such knowledge you would turn away from me. **Why is that?** I am a sinner. I have sinned. I will sin. **That is all the more reason for you to come and pray to me. Confess your sin. Receive your cleansing. Be made new. Keep on living the life I have given you to live. Cry out to me. Lay your prayers before. Allow me to hear and answer your prayers. Allow me to guard and guide your life. Allow me to fulfill all my promises to you.** That I will do. **That will be very good.**

*Lord, I will keep on crying out to you. I will keep on laying my prayers before you. I will keep drawing near to you. I will live in an intimate relationship with you. Thank you for loving and caring for me. Fulfill your promises in my life. Amen*

**Promises***Call With All My Heart*

I call with all my heart; answer me, O LORD, and I will obey your decrees. I call out to you; save me and I will keep your statutes. I rise before dawn and cry for help; I have put my hope in your word. My eyes stay open through the watches of the night, that I may meditate on your promises. Hear my voice in accordance with your love; preserve my life, O LORD, according to your laws. Those who devise wicked schemes are near, but they are far from your law. Yet you are near, O LORD, and all your commands are true. Long ago I learned from your statutes that you established them to last forever.

NIV

Psalm 119:145-152

**Promises***Pray With All My Heart*

I pray with all my heart; answer me, LORD! I will obey your decrees. I cry out to you; rescue me, that I may obey your laws. I rise early, before the sun is up; I cry out for help and put my hope in your words. I stay awake through the night, thinking about your promise. In your faithful love, O LORD, hear my cry; let me be revived by following your regulations. Lawless people are coming to attack me; they live far from your instructions. But you are near, O LORD, and all your commands are true. I have known from my earliest days that your laws will last forever.

NLT

Psalm 119:145-152

**Promises***With My Whole Heart I Cry*

With my whole heart I cry; answer me, O LORD. I will keep your statutes. I cry to you; save me, that I may observe your decrees. I rise before dawn and cry for help; I put my hope in your words. My eyes are awake before each watch of the night, that I may meditate on your promise. In your steadfast love hear my voice; O LORD, in your justice preserve my life. Those who persecute me with evil purpose draw near; they are far from your law. Yet you are near, O LORD, and all your commandments are true. Long ago I learned from your decrees that you have established them forever.

NRSV

Psalm 119:145-152

**Promises***Cried With My Whole Heart*

I cried with my whole heart; hear me, O Lord; I will keep Your statutes [I will hear, receive, love, and obey them]. I cried to You; save me, that I may keep Your testimonies [hearing, receiving, loving, and obeying them]. I anticipated the dawning of the morning and cried [in childlike prayer]; I hoped in Your word. My eyes anticipate the night watches *and* I am awake before the cry of the watchman, that I may meditate on Your word. Hear my voice according to Your steadfast love; O Lord, quicken me *and* give me life according to Your [righteous] decrees. They draw near who follow after wrong thinking *and* persecute me with wickedness; they are far from Your law. You are near, O Lord [nearer to me than my foes], and all Your commandments are truth. Of old have I known Your testimonies, *and* for a long time, [therefore it is a thoroughly established conviction] that You have founded them forever.

AMP

Psalm 119:145-152

**Promises***Cried With All My Heart*

I cried with all my heart; answer me, O LORD! I will observe Your statutes. I cried to You; save me And I shall keep Your testimonies. I rise before dawn and cry for help; I wait for Your words. My eyes anticipate the night watches, That I may meditate on Your word. Hear my voice according to Your lovingkindness; Revive me, O LORD, according to Your ordinances. Those who follow after wickedness draw near; They are far from Your law. You are near, O LORD, And all Your commandments are truth. Of old I have known from Your testimonies That You have founded them forever.

NASB

Psalm 119:145-152

**Promises***With My Whole Heart I Cry*

With my whole heart I cry; answer me, O LORD! I will keep your statutes. I call to you; save me, that I may observe your testimonies. I rise before dawn and cry for help; I hope in your words. My eyes are awake before the watches of the night, that I may meditate on your promise. Hear my voice according to your steadfast love; O LORD, according to your justice give me life. They draw near who persecute me with evil purpose; they are far from your law. But you are near, O LORD, and all your commandments are true. Long have I known from your testimonies that you have founded them forever.

ESV

Psalm 119:145-152

**Promises***Cry Out With My Whole Heart*

I cry out with *my* whole heart; Hear me, O LORD! I will keep Your statutes. I cry out to You; Save me, and I will keep Your testimonies. I rise before the dawning of the morning, And cry for help; I hope in Your word. My eyes are awake through the *night* watches, That I may meditate on Your word. Hear my voice according to Your lovingkindness; O LORD, revive me according to Your justice. They draw near who follow after wickedness; They are far from Your law. You *are* near, O LORD, And all Your commandments *are* truth. Concerning Your testimonies, I have known of old that You have founded them forever.

NKJV

Psalm 119:145-152

**Promises***Call Out At The Top Of My Lungs*

I call out at the top of my lungs, "GOD! Answer! I'll do whatever you say." I called to you, "Save me so I can carry out all your instructions." I was up before sunrise, crying for help, hoping for a word from you. I stayed awake all night, prayerfully pondering your promise. In your love, listen to me; in your justice, GOD, keep me alive. As those out to get me come closer and closer, they go farther and farther from the truth you reveal; But you're the closest of all to me, GOD, and all your judgments true. I've known all along from the evidence of your words that you meant them to last forever.

MSG

Psalm 119:145-152

**Promises***Praying With Great Earnestness*

I am praying with great earnestness; answer me, O Lord, and I will obey your laws. "Save me," I cry, "for I am obeying." Early in the morning before the sun is up, I am praying and pointing out how much I trust in you. I stay awake through the night to think about your promises. Because you are so loving and kind, listen to me and make me well again. Here come these lawless men to attack me, but you are near, O Lord; all your commandments are based on truth. I have known from earliest days that your will never changes.

TLB

Psalm 119:145-152

**Promises***Call To You With All My Heart*

LORD, I call to you with all my heart. Answer me, and I will keep your demands. I call to you. Save me so I can obey your rules. I wake up early in the morning and cry out. I hope in your word. I stay awake all night so I can think about your promises. Listen to me because of your love; LORD, give me life by your laws. Those who love evil are near, but they are far from your teachings. But, LORD, you are also near, and all your commands are true. Long ago I learned from your rules that you made them to continue forever.

NCV

Psalm 119:145-152

# Pray With All My Heart

Year \_\_\_\_\_ Week \_\_\_\_\_ Day \_\_\_\_\_ Date \_\_\_\_\_

**Promises** – Psalm 119:145-152

**In Context:** *Read Psalm 119*

**Begin With Prayer:**

***Here I am Lord. I Am Listening.***

**Meditating On God's Word:** ***(What is God speaking to your heart?)***

I pray with all my heart; answer me, LORD! I will obey your decrees. I cry out to you; rescue me, that I may obey your laws. I rise early, before the sun is up; I cry out for help and put my hope in your words. I stay awake through the night, thinking about your promise. In your faithful love, O LORD, hear my cry; let me be revived by following your regulations. Lawless people are coming to attack me; they live far from your instructions. But you are near, O LORD, and all your commands are true. I have known from my earliest days that your laws will last forever. Psalm 119:145-152 (NLT)

**Considering The Words:** ***(What words speak to your heart?)***

I pray with all my heart; | answer me, LORD! | I will obey your decrees. | I cry out to you; | rescue me, | that I may | obey your laws. | I rise early, | before the sun is up; | I cry out for help | and put | my hope | in your words. | I stay awake | through the night, | thinking about | your promise. | In your faithful love, | O LORD, | hear my cry; | let me be revived | by following | your regulations. | Lawless people | are coming to | attack me; | they live | far from | your instructions. | But you are near, | O LORD, | and all | your commands | are true. | I have known | from my earliest days | that your laws | will last forever. Psalm 119:145-152 (NLT)

**Praying The Scripture:** ***(What prayer from your heart will you write?)***

Lord, I will keep on crying out to you. I will keep on laying my prayers before you. I will keep drawing near to you. I will live in an intimate relationship with you. Thank you for loving and caring for me. Fulfill your promises in my life. Amen

**What It Means:** ***(What questions speak to your heart?)*** *(Suggested questions for small group discussion are in bold)*

**How near is God to you that you can call out to Him in prayer?**

How is God's word guiding the prayers that you are praying to Him?

How has God's word caused your prayers to be filled with passion and persistence?

When have the promises of God's word kept you awake at night with expectant hope and joy?

When have you gotten up before the sun is up to pray according to God's word?

**When has taking God's word into your heart and mind revived your soul?**

**How reliable are God's promises that you can place all your hope and trust in Him?**

**Living It Out:** ***(What action step is God guiding your heart to take?)***

Place all your hope and trust in God and His word because He will hear and answer your prayers.

**Seeing It Happen:** ***(What are you trusting God for in your heart?)***

Have faith that God's word will guide the prayers of your heart so you can pray prayers He will hear and answer.

**Get Ready To Share:** ***(What can you share with others from your heart?)***

Share with another person or your small group how God's word is guiding the prayers of your heart.

**Close With Prayer:**

*Pause And Offer Prayers Of...*

***Quiet Yourself Before The Lord***

*With An Attitude Of Faith Listen To What The Lord Wants To Say To You*

Adoration... \_\_\_\_\_

Thanksgiving... \_\_\_\_\_

Confession... \_\_\_\_\_

Intercession... \_\_\_\_\_

Petition... \_\_\_\_\_

**Journal**

*As You Quiet Yourself Before The Lord*

**What Do You Want To Say To Me Lord?**

---

---

---

---

---

---

---

---

**What Prayers Are You Praying Today?**

---

---

---

---

---

---

---

---

**Prayer Of Blessing**

*(What Prayer Of Blessing Can You Pray For Another?)*

*May God's word guide the prayers of your heart.*

---

---

---

**Prayer To Carry**

*(What Prayer Would You Like To Carry Throughout Your Day?)*

*Lord, I will allow your word to guide the prayers of my heart.*

---

---

---

**What Do You Want To Remember About Today?**

---

---

---

---

---

**A Question To Ask God**

*(What Would You Like To Ask God?)*

*Lord, how will your word guide the prayers of my heart today?*

---

---

---