

This is the message we heard from Jesus and now declare to you: God is light, and there is no darkness in him at all. So we are lying if we say we have fellowship with God but go on living in spiritual darkness; we are not practicing the truth. But if we are living in the light, as God is in the light, then we have fellowship with each other, and the blood of Jesus, his Son, cleanses us from all sin. If we claim we have no sin, we are only fooling ourselves and not living in the truth. But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness. If we claim we have not sinned, we are calling God a liar and showing that his word has no place in our hearts. 1 John 1:5-10 (NLT)

The Message

You got the message. The message was declared to you. In me there is no darkness at all. I am light. You cannot live in an intimate relationship with me and go on living in spiritual darkness. Following me required you to turn away from darkness and leave your old life of sin far behind you. It would have been a tragic mistake for you to maintain that there was no sin in you. To think or say that would only be foolishness on your part. The only person being fooled would have been yourself. But that was not what you thought or did. You did not deny your own sinfulness. You did not try to hide your own unrighteousness. You did what you needed to do. You acknowledged and confessed your sin to me so you could receive forgiveness of your sin and cleansing of your unrighteousness. Then you have kept on walking in the light with me. Then you have not turned back. You have kept on moving forward with me, living in daily fellowship with me and with your fellow believers. You have been and are now allowing me to change your heart and transform your mind. You are allowing me to do my good work in you. And you are a work in progress. Moment by moment and day by day, I am molding and shaping you. I am removing from you what is not pleasing to me. I am making you to be more like me. My work in you will not end in this life, of that you can be certain. When will I complete my work in you? Only when you see me will you fully become like me, because you will see me as I am. In that moment you will be completely changed. How does all this sound to you? Keep on doing your good work in me. Keep on purifying my heart and mind and life. Keep on making me to be like you. I have heard the message. I will walk in the light with you! **That is very good.**

Lord, I have turned away from darkness and confessed my sin to you. Thank you for forgiving my sins and cleansing my unrighteousness. Help me to walk in the light with you. Help me to live in an intimate relationship with you and fellow believers. Amen

The Sacramental Life

This Is The Message

This is the message we have heard from him and declare to you: God is light; in him there is no darkness at all. If we claim to have fellowship with him yet walk in the darkness, we lie and do not live by the truth. But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all sin. If we claim to be without sin, we deceive ourselves and the truth is not in us. If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. If we claim we have not sinned, we make him out to be a liar and his word has no place in our lives.

NIV

1 John 1:5-10

The Sacramental Life

This Is The Message

This is the message we have heard from him and proclaim to you, that God is light, and in him is no darkness at all. If we say we have fellowship with him while we walk in darkness, we lie and do not practice the truth. But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin. If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. If we say we have not sinned, we make him a liar, and his word is not in us.

ESV

1 John 1:5-10

The Sacramental Life

This Is The Message

This is the message we heard from Jesus and now declare to you: God is light, and there is no darkness in him at all. So we are lying if we say we have fellowship with God but go on living in spiritual darkness; we are not practicing the truth. But if we are living in the light, as God is in the light, then we have fellowship with each other, and the blood of Jesus, his Son, cleanses us from all sin. If we claim we have no sin, we are only fooling ourselves and not living in the truth. But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness. If we claim we have not sinned, we are calling God a liar and showing that his word has no place in our hearts.

NLT

1 John 1:5-10

The Sacramental Life

This Is The Message

This is the message which we have heard from Him and declare to you, that God is light and in Him is no darkness at all. If we say that we have fellowship with Him, and walk in darkness, we lie and do not practice the truth. But if we walk in the light as He is in the light, we have fellowship with one another, and the blood of Jesus Christ His Son cleanses us from all sin. If we say that we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, He is faithful and just to forgive us *our* sins and to cleanse us from all unrighteousness. If we say that we have not sinned, we make Him a liar, and His word is not in us.

NKJV

1 John 1:5-10

The Sacramental Life

This Is The Message

This is the message we have heard from him and proclaim to you, that God is light and in him there is no darkness at all. If we say that we have fellowship with him while we are walking in darkness, we lie and do not do what is true; but if we walk in the light as he himself is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin. If we say that we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he who is faithful and just will forgive us our sins and cleanse us from all unrighteousness. If we say that we have not sinned, we make him a liar, and his word is not in us.

NRSV

1 John 1:5-10

The Sacramental Life *This, In Essence, Is The Message*

This, in essence, is the message we heard from Christ and are passing on to you: God is light, pure light; there's not a trace of darkness in him. If we claim that we experience a shared life with him and continue to stumble around in the dark, we're obviously lying through our teeth—we're not *living* what we claim. But if we walk in the light, God himself being the light, we also experience a shared life with one another, as the sacrificed blood of Jesus, God's Son, purges all our sin. If we claim that we're free of sin, we're only fooling ourselves. A claim like that is errant nonsense. On the other hand, if we admit our sins—make a clean breast of them—he won't let us down; he'll be true to himself. He'll forgive our sins and purge us of all wrongdoing. If we claim that we've never sinned, we out-and-out contradict God—make a liar out of him. A claim like that only shows off our ignorance of God.

MSG

1 John 1:5-10

The Sacramental Life

This Is The Message

And this is the message [the message of promise] which we have heard from Him and now are reporting to you: God is Light, and there is no darkness in Him at all [no, not in any way]. [So] if we say we are partakers together *and enjoy* fellowship with Him when we live *and move and are* walking about in darkness, we are [both] speaking falsely and do not live *and practice* the Truth [which the Gospel presents]. But if we [really] are living *and walking* in the Light, as He [Himself] is in the Light, we have [true, unbroken] fellowship with one another, and the blood of Jesus *Christ* His Son cleanses (removes) us from all sin *and guilt* [keeps us cleansed from sin in all its forms and manifestations]. If we say we have no sin [refusing to admit that we are sinners], we delude *and lead* ourselves astray, and the Truth [which the Gospel presents] is not in us [does not dwell in our hearts]. If we [freely] admit that we have sinned *and confess* our sins, He is faithful and just [true to His own nature and promises] and will forgive our sins [dismiss our lawlessness] and [continuously] cleanse us from all unrighteousness [everything not in conformity to His will in purpose, thought, and action]. If we say (claim) we have not sinned, we contradict His Word *and* make Him out to be false *and* a liar, and His Word is not in us [the divine message of the Gospel is not in our hearts].

AMP

1 John 1:5-10

The Sacramental Life

This Is The Message

This is the message God has given us to pass on to you: that God is Light and in him is no darkness at all. So if we say we are his friends but go on living in spiritual darkness and sin, we are lying. But if we are living in the light of God's presence, just as Christ does, then we have wonderful fellowship and joy with each other, and the blood of Jesus his Son cleanses us from every sin. If we say that we have no sin, we are only fooling ourselves and refusing to accept the truth. But if we confess our sins to him, he can be depended on to forgive us and to cleanse us from every wrong. [And it is perfectly proper for God to do this for us because Christ died to wash away our sins.] If we claim we have not sinned, we are lying and calling God a liar, *for he says we have sinned.*

TLB

1 John 1:5-10

The Sacramental Life

This Is The Message

This is the message we have heard from Him and announce to you, that God is Light, and in Him there is no darkness at all. If we say that we have fellowship with Him and yet walk in the darkness, we lie and do not practice the truth; but if we walk in the Light as He Himself is in the Light, we have fellowship with one another, and the blood of Jesus His Son cleanses us from all sin. If we say that we have no sin, we are deceiving ourselves and the truth is not in us. If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness. If we say that we have not sinned, we make Him a liar and His word is not in us.

NASB

1 John 1:5-10

The Sacramental Life

Here Is The Message

Here is the message we have heard from Christ and now announce to you: God is light, and in him there is no darkness at all. So if we say we have fellowship with God, but we continue living in darkness, we are liars and do not follow the truth. But if we live in the light, as God is in the light, we can share fellowship with each other. Then the blood of Jesus, God's Son, cleanses us from every sin. If we say we have no sin, we are fooling ourselves, and the truth is not in us. But if we confess our sins, he will forgive our sins, because we can trust God to do what is right. He will cleanse us from all the wrongs we have done. If we say we have not sinned, we make God a liar, and we do not accept God's teaching.

NCV

1 John 1:5-10

This Is The Message

Year _____ Week _____ Day _____ Date _____

The Sacramental Life – 1 John 1:5-10

In Context: *Read 1 John 1*

Begin With Prayer:

Here I am Lord. I Am Listening.

Meditating On God's Word: ***(What is God speaking to your heart?)***

This is the message we heard from Jesus and now declare to you: God is light, and there is no darkness in him at all. So we are lying if we say we have fellowship with God but go on living in spiritual darkness; we are not practicing the truth. But if we are living in the light, as God is in the light, then we have fellowship with each other, and the blood of Jesus, his Son, cleanses us from all sin. If we claim we have no sin, we are only fooling ourselves and not living in the truth. But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness. If we claim we have not sinned, we are calling God a liar and showing that his word has no place in our hearts. 1 John 1:5-10 (NLT)

Considering The Words: ***(What words speak to your heart?)***

This is the message | we heard from Jesus | and now declare to you: | God is light, | and there is no darkness in him at all. | So we are lying | if we say we have fellowship with God | but go on living | in spiritual darkness; | we are not practicing the truth. | But if we are living in the light, | as God is in the light, | then we have fellowship | with each other, | and the blood of Jesus, | his Son, | cleanses us | from all sin. | If we claim we have no sin, | we are only fooling ourselves | and not living | in the truth. | But if we confess our sins to him, | he is faithful | and just | to forgive us our sins | and to | cleanse us from all wickedness. | If we claim | we have not sinned, | we are calling God | a liar and showing that | his word | has no place | in our hearts. 1 John 1:5-10 (NLT)

Praying The Scripture:

(What prayer from your heart will you write?)

Lord, I have turned away from darkness and confessed my sin to you. Thank you for forgiving my sins and cleansing my unrighteousness. Help me to walk in the light with you. Help me to live in an intimate relationship with you and fellow believers. Amen

What It Means:

(What questions speak to your heart?) *(Suggested questions for small group discussion are in bold)*

How did you come to hear the message about forgiveness of sin and receiving a new life in the Lord?

When did you first decide to turn away from darkness so you could walk in the light with the Lord?

How are you making it your decision to turn away from darkness to walk in the light with the Lord?

How has walking in the light with the Lord made fellowship with Him and fellow believers possible?

Why would it be a foolish and tragic mistake to claim that you have no sin within you?

How are you making it your regular practice to confess your sins and receive forgiveness from the Lord?

What thanksgiving is yours because you have been forgiven of your sins and cleansed of your unrighteousness?

Living It Out:

(What action step is God guiding your heart to take?)

Confess your sins to the Lord so you can be forgiven and cleansed of your sins as you walk in the light with Him.

Seeing It Happen:

(What are you trusting God for in your heart?)

Have faith that the Lord will forgive and cleanse your sins as you confess them, as you walk in the light with Him.

Get Ready To Share:

(What can you share with others from your heart?)

Share with another person or your small group how you are confessing your sins, as you walk in the light with the Lord.

Close With Prayer:

Quiet Yourself Before The Lord

Pause And Offer Prayers Of...

With An Attitude Of Faith Listen To What The Lord Wants To Say To You

Adoration... _____

Thanksgiving... _____

Confession... _____

Intercession... _____

Petition... _____

Journal

As You Quiet Yourself Before The Lord

What Do You Want To Say To Me Lord?

What Prayers Are You Praying Today?

Prayer Of Blessing

(What Prayer Of Blessing Can You Pray For Another?)

May you live in the light as God is in the light.

Prayer To Carry

(What Prayer Would You Like To Carry Throughout Your Day?)

Lord, help me to live in the light as you are in the light.

What Do You Want To Remember About Today?

A Question To Ask God

(What Would You Like To Ask God?)

Lord, how can I live in the light with you today?
