

*For this reason I kneel before the Father, from whom his whole family in heaven and on earth derives its name. I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge--that you may be filled to the measure of all the fullness of God. Ephesians 3:14-19 (NIV)*

## **A Good Reason To Kneel**

**Do you want a good reason to kneel in prayer to me?** Do I need a good reason to kneel in prayer in prayer to you? Don't I already have a multitude of good reasons to kneel in prayer to you? **Yes, you do, you have made a good point. But I have a good reason for you to kneel in prayer to me that has not occurred to you, at least not very often.** Then I want to hear that reason. If I am unaware of any reason to kneel in prayer to you, then I want to know what I am missing. **That's good. I want you to kneel in prayer so that others will know how much I love them. I want others to know how wide, how long, how high, and how deep my love is for them.** You are certainly correct; I have rarely prayed in that way for others. **Will you do so now?** Yes, I will pray for others to come to know how much you love them. **That will be very good.**

**Do you know what will happen to you as you pray for others?** I have an idea, maybe not exactly. Could you tell me? **As you continually pray for others, my spirit will strengthen you in your inner being. I will dwell in your heart by faith. You will be rooted and established in my love. Just as you are praying for others, so you also, will come be able to grasp how wide, how long, how wide, and how deep is my love for you. You will know my love in ways that pass all your understanding and knowledge. You will be filled with the fullness of my presence. You will live in an intimate relationship with me. You will be filled with hope and peace and joy because you will know me, and I will know you.** This is so wonderful. This is beyond my imagination. I love you Lord. Thank you for your kindness and mercy and love toward me. I will pray earnestly for others to come to know your love for them. **That will be very good.**

*Lord, I know that you love me. I love you because you first loved me. I live in your love. I am guided by your love. I am guarded and strengthened by your love. Help me to know your love even more deeply. Help me to pray for others to come to know your love. Amen*

### **Key Question...**

*How has God helped you to know how wide, how long, how high, and how deep God's love is for you?*

### **Living It Out...**

*Pray for others to know how wide, how long, how high, and how deep God's love is for them.*

### **Seeing It Happen...**

*Have faith that God will help you to know how wide, how long, how high, and how deep God's love is for them.*

### **Get Ready To Share...**

*Share with another person or your small group how God has helped you to come to know His love for you.*

### **Prayer To Bless Others...**

*May you understand how wide, how long, how high, and how deep God's love is for you.*

**The Prayer Filled Life** *For This Reason I Kneel*

For this reason I kneel before the Father, from whom his whole family in heaven and on earth derives its name. I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.

NIV Ephesians 3:14-19

**The Prayer Filled Life** *I Fall To My Knees*

When I think of all this, I fall to my knees and pray to the Father, the Creator of everything in heaven and on earth. I pray that from his glorious, unlimited resources he will empower you with inner strength through his Spirit. Then Christ will make his home in your hearts as you trust in him. Your roots will grow down into God's love and keep you strong. And may you have the power to understand, as all God's people should, how wide, how long, how high, and how deep his love is. May you experience the love of Christ, though it is too great to understand fully. Then you will be made complete with all the fullness of life and power that comes from God.

NLT Ephesians 3:14-19

**The Prayer Filled Life** *For This Reason I Bow*

For this reason I bow my knees before the Father, from whom every family in heaven and on earth takes its name. I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God.

NRSV Ephesians 3:14-19

**The Prayer Filled Life** *I Bow My Knees*

For this reason [seeing the greatness of this plan by which you are built together in Christ], I bow my knees before the Father of our Lord Jesus Christ, For Whom every family in heaven and on earth is named [that Father from Whom all fatherhood takes its title and derives its name]. May He grant you out of the rich treasury of His glory to be strengthened and reinforced with mighty power in the inner man by the [Holy] Spirit [Himself indwelling your innermost being and personality]. May Christ through your faith [actually] dwell [settle down, abide, make His permanent home] in your hearts! May you be rooted deep in love and founded securely on love. That you may have the power and be strong to apprehend and grasp with all the saints [God's devoted people, the experience of that love] what is the breadth and length and height and depth [of it]; [That you may really come] to know [practically, through experience for yourselves] the love of Christ, which far surpasses mere knowledge [without experience]; that you may be filled [through all your being] unto all the fullness of God [may have the richest measure of the divine Presence, and become a body wholly filled and flooded with God Himself]

AMP Ephesians 3:14-19

**The Prayer Filled Life** *For This Reason I Bow*

For this reason I bow my knees before the Father, from whom every family in heaven and on earth derives its name, that He would grant you, according to the riches of His glory, to be strengthened with power through His Spirit in the inner man, so that Christ may dwell in your hearts through faith; and that you, being rooted and grounded in love, may be able to comprehend with all the saints what is the breadth and length and height and depth, and to know the love of Christ which surpasses knowledge, that you may be filled up to all the fullness of God.

NASB Ephesians 3:14-19

**The Prayer Filled Life** *For This Reason I Bow*

For this reason I bow my knees before the Father, from whom every family in heaven and on earth is named, that according to the riches of his glory he may grant you to be strengthened with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith—that you, being rooted and grounded in love, may have strength to comprehend with all the saints what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God.

ESV Ephesians 3:14-19

**The Prayer Filled Life** *For This Reason I Bow*

For this reason I bow my knees to the Father of our Lord Jesus Christ, from whom the whole family in heaven and earth is named, that He would grant you, according to the riches of His glory, to be strengthened with might through His Spirit in the inner man, that Christ may dwell in your hearts through faith; that you, being rooted and grounded in love, may be able to comprehend with all the saints what is the width and length and depth and height— to know the love of Christ which passes knowledge; that you may be filled with all the fullness of God.

NKJV Ephesians 3:14-19

**The Prayer Filled Life** *Get Down On My Knees*

My response is to get down on my knees before the Father, this magnificent Father who parcels out all heaven and earth. I ask him to strengthen you by his Spirit—not a brute strength but a glorious inner strength— that Christ will live in you as you open the door and invite him in. And I ask him that with both feet planted firmly on love, you'll be able to take in with all Christians the extravagant dimensions of Christ's love. Reach out and experience the breadth! Test its length! Plumb the depths! Rise to the heights! Live full lives, full in the fullness of God. Ephesians 3:14-19 (MSG)

MSG Ephesians 3:14-19

**The Prayer Filled Life** *I Fall Down On My Knees*

When I think of the wisdom and scope of his plan, I fall down on my knees and pray to the Father of all the great family of God—some of them already in heaven and some down here on earth— that out of his glorious, unlimited resources he will give you the mighty inner strengthening of his Holy Spirit. And I pray that Christ will be more and more at home in your hearts, living within you as you trust in him. May your roots go down deep into the soil of God's marvelous love; and may you be able to feel and understand, as all God's children should, how long, how wide, how deep, and how high his love really is; and to experience this love for yourselves, though it is so great that you will never see the end of it or fully know or understand it. And so at last you will be filled up with God himself.

TLB Ephesians 3:14-19

**The Prayer Filled Life** *So I Bow In Prayer*

So I bow in prayer before the Father from whom every family in heaven and on earth gets its true name. I ask the Father in his great glory to give you the power to be strong inwardly through his Spirit. I pray that Christ will live in your hearts by faith and that your life will be strong in love and be built on love. And I pray that you and all God's holy people will have the power to understand the greatness of Christ's love—how wide and how long and how high and how deep that love is. Christ's love is greater than anyone can ever know, but I pray that you will be able to know that love. Then you can be filled with the fullness of God. Ephesians 3:14-19 (NCV)

NCV Ephesians 3:14-19

# For This Reason I Kneel

Year \_\_\_\_\_ Week \_\_\_\_\_ Day \_\_\_\_\_ Date \_\_\_\_\_

**The Prayer Filled Life** – Ephesians 3:14-19

**In Context:** *Read Ephesians 3*

**Begin With Prayer:**

***Here I am Lord. I Am Listening.***

**Meditating On God's Word:** ***(What is God speaking to your heart?)***

For this reason I kneel before the Father, from whom his whole family in heaven and on earth derives its name. I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge--that you may be filled to the measure of all the fullness of God. Ephesians 3:14-19 (NIV)

**Considering The Words:** ***(What words speak to your heart?)***

For this reason I kneel | before the Father, | from whom his whole family | in heaven and on earth | derives its name. | I pray that | out of his glorious riches | he may strengthen you | with power through his Spirit | in your inner being, | so that Christ | may dwell in your hearts through faith. | And I pray that you, | being rooted and established in love, | may have power, together with all the saints, | to grasp how wide | and long | and high | and deep | is the love of Christ, | and to know this love | that surpasses knowledge--| that you | may be filled | to the measure of all | the fullness of God. Ephesians 3:14-19 (NIV)

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**Praying The Scripture:** ***(What prayer from your heart will you write?)***

Lord, I know that you love me. I love you because you first loved me. I live in your love. I am guided by your love. I am guarded and strengthened by your love. Help me to know your love even more deeply. Help me to pray for others to come to know your love. Amen

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**What It Means:** ***(What questions speak to your heart?)*** *(Suggested questions for small group discussion are in bold)*

When can you take time to consider how much God has shown His love to you throughout your life?

**How has God helped you to know how wide, how long, how high, and how deep God's love is for you?**

How has praying for others to know God's love also helped you to better know God's love for you?

How has coming to know God's love for you changed the entire course of your life?

How different are your thoughts and words and actions because you know God's love for you?

**How has knowing God's love for you strengthened you through all the twists, turns, ups and downs of life?**

**Who are you praying for, that they will come to know the love of God for them?**

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**Living It Out:** ***(What action step is God guiding your heart to take?)***

Pray for others to know how wide, how long, how high, and how deep God's love is for them.

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**Seeing It Happen:** ***(What are you trusting God for in your heart?)***

Have faith that God will help you to know how wide, how long, how high, and how deep God's love is for them.

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**Get Ready To Share:** ***(What can you share with others from your heart?)***

Share with another person or your small group how God has helped you to come to know His love for you.

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**Close With Prayer:**

***Quiet Yourself Before The Lord***

*Pause And Offer Prayers Of...*

*With An Attitude Of Faith Listen To What The Lord Wants To Say To You*

Adoration... \_\_\_\_\_

Thanksgiving... \_\_\_\_\_

Confession... \_\_\_\_\_

Intercession... \_\_\_\_\_

Petition... \_\_\_\_\_

**Journal**

*As You Quiet Yourself Before The Lord*

**What Do You Want To Say To Me Lord?**

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**What Prayers Are You Praying Today?**

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**Prayer Of Blessing**

*(What Prayer Of Blessing Can You Pray For Another?)*

*May you understand how wide, how long, how high, and how deep God's love is for you.*

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**Prayer To Carry**

*(What Prayer Would You Like To Carry Throughout Your Day?)*

*Lord, help me to understand how wide, how long, how high, and how deep your love is for me.*

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**What Do You Want To Remember About Today?**

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**A Question To Ask God**

*(What Would You Like To Ask God?)*

*Lord, how can I pray for others to know how wide, long, high and deep is your love for them?*

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